

**Southern at the SEC**  
**May 26-28, 2021**  
**Sheraton Birmingham**  
**Birmingham, AL**

**Thursday, May 26**

7:00 – 7:05 am                      Welcome and Announcements  
*Scott D. Mair, MD, Program Chair*

**Session 1 – Medical**

**Moderator:** Robert G. Hosey, MD, University of Kentucky

7:05 – 7:20 am                      Evaluation and Management of Heat Illness  
*Kimberly A. Kaiser, MD, University of Kentucky*

7:20 – 7:35 am                      Pulmonary Embolism and Anticoagulation in Athletes  
*Chris A. Klenck, MD, University of Tennessee*

7:35 – 7:50 am                      Eye Injuries and Emergencies  
*M. Kyle Smoot, MD, University of Kentucky*

7:50 – 8:00 am                      Discussion

**Session 2 – Rehab and Return to Play**

**Moderator:** M. Kyle Smoot, MD, University of Kentucky

8:00 – 8:15 am                      The Use of Technology and a Movement Hierarchy in ACL Rehab  
*Sheri Walters, PT, PhD, ATC, Texas A & M University*

8:15 – 8:30 am                      A Field Expedient Arm Care Screening Test Can Identify  
Musculoskeletal Risk Factors in Baseball Players  
*Timothy J. Uhl, ATC, PT, PhD, University of Kentucky*

8:30 – 8:45 am                      Decision Making for Return to Play  
*Norman E. Waldrop III, MD, Andrews Sports Medicine &  
Orthopaedic Center*

8:45 – 8:55 am                      Discussion

8:55 – 9:00 am                      **Presentation of SEC 2021 Team Physician of the Year Award**

9:00 – 9:30 am                      **BREAK WITH EXHIBITORS**

**Session 3 – Special Presentation by the Commissioner**

**Moderator:** Jeffrey A. Guy, MD, University of South Carolina

9:30 – 9:50 am                      SEC COMMISSIONER’S ADDRESS  
Greg Sankey, Southeastern Conference

9:50 – 10:20 Questions

**Session 4 – Shoulder**

**Moderator:** Chaitu Malempati, DO, Western Kentucky University

10:20 – 10:35 am In Season Management of Shoulder Injuries in Football  
*Kevin W. Farmer, MD, University of Florida*

10:35 – 10:50 am Outcomes of SLAP Repair and Biceps Tenodesis in Softball  
Players  
*E. Lyle Cain, MD, Andrews Sports Medicine & Orthopaedic  
Center*

10:50 – 11:00 am Discussion

11:00 – 11:15 am BREAK WITH EXHIBITORS

**Session 5 – Keynote Address**

**Moderator:** Scott D. Mair, MD, University of Kentucky

11:15 – 11:35 am Team Approach to Team Coverage  
*Claude T. Moorman, Atrium Health, Charlotte, North Carolina*

11:35 – 11:45 am Discussion

**Session 6 – Case Presentations and Discussion**

**Moderator:** Scott D. Mair, MD, University of Kentucky

11:45 am – 12:30 pm Shoulder Cases

**Panel:** *E. Lyle Cain, MD, Andrews Sports Medicine &  
Orthopaedic Center  
Kevin W. Farmer, MD, University of Florida  
Chaitu Malempati, DO, Western Kentucky University  
Claude T. Moorman, Atrium Health, Charlotte, North  
Carolina*

## **Friday, May 27**

7:00 – 7:05 am                      Welcome and Announcements  
*Robert G. Hosey, MD, University of Kentucky*

### **Session 7 – Shoulder and Upper Extremity**

**Moderator:** Steven F. DeFroda, University of Missouri

7:05 – 7:20 am                      GPS Navigation for Total Shoulder Arthroplasty  
*Michael J. O'Brien, MD, Tulane University*

7:20 – 7:35 am                      Augmentation in Rotator Cuff Repair  
*Chaitu S. Malempati, DO, Western Kentucky University*

7:35 – 7:50 am                      Upper Extremity Stress Fractures  
*Robert G. Hosey, MD, University of Kentucky*

7:50 – 8:05 am                      Discussion

### **Session 8 – Pelvis and Hip**

**Moderator:** J. Benjamin Jackson III, MD, University of South Carolina

8:05 – 8:20 am                      Evaluation of the Sacroiliac Joint in Athletes  
*R. Carter Cassidy, MD, University of Kentucky*

8:20 – 8:35 am                      Management of Core Injuries  
*Benton A. Emblom, MD, Andrews Sports Medicine & Orthopaedic Center*

8:35 – 8:50 am                      Presentation and Diagnosis of Femoroacetabular Impingement  
*Steven F. DeFroda, MD, University of Missouri*

8:50 – 9:05 am                      Discussion

9:05 – 9:35 am                      BREAK WITH EXHIBITORS

### **Session 9 – Foot and Ankle**

**Moderator:** R. Carter Cassidy, MD, University of Kentucky

9:35 – 9:50 am                      Lis Franc Injuries in Athletes  
*J. Benjamin Jackson III, MD, University of South Carolina*

9:50 – 10:05 am                      Minimally Invasive Foot and Ankle Surgery  
*Tyler A. Gonzalez, MD, MBA, University of South Carolina*

10:05 – 10:15 Discussion

**Session 10 – Elbow**

**Moderator:** Christopher G. Mazoue, MD, University of South Carolina

10:15- 10:30 am Osteochondritis Dissecans of the Elbow  
*J. P. Bramhall, MD, Central Texas Sports Medicine & Orthopaedics*

10:30 – 10:45 am Cartilage Implantation for the Capitellum  
*Deryk G. Jones, MD, Oschner Sports Medicine Institute*

10:45 – 11:00 am Decision Making in UCL Surgery – Repair vs. Reconstruction  
*Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center*

11:00 – 11:15 am Discussion

11:15 – 11:30 am BREAK WITH EXHIBITORS

**Session 11 – Case Presentations and Discussion**

**Moderator:** Christopher G. Mazoue, MD, *University of South Carolina*

11:30 – 12:15 pm Elbow Cases

Panel: *J.P. Bramhall, MD, Central Texas Sports Medicine & Orthopaedics*  
*Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center*  
*Deryk G. Jones, MD, Oschner Sports Medicine Institute*

## **Saturday, May 28**

7:00 – 7:05 am                      Welcome and Announcements  
*Jeffrey A. Guy, MD, University of South Carolina*

### **Session 12 – Knee**

**Moderator:** Jeremy R. Bruce, MD, *University of Tennessee - Chattanooga*

7:05 – 7:20 am                      Management of Patellar Dislocation  
*Austin V. Stone, MD, University of Kentucky*

7:20 – 7:35 am                      Cartilage Restoration  
*Amit M. Momaya, MD, University of Alabama-Birmingham*

7:35 – 7:45 am                      Discussion

### **Session 13 – Knee: Ligament**

**Moderator:** Russell A. Betcher, MD, *Knoxville Orthopaedic Clinic*

7:45 – 8:00 am                      Quadriceps Tendon as an ACL Graft  
*Clayton W. Nuelle, MD, University of Missouri*

8:00 – 8:15 am                      Pearls for Revision ACL Reconstruction  
*Darren L. Johnson, MD, University of Kentucky*

8:15 – 8:30 am                      Posterior Cruciate Ligament – When and How to Treat  
*Matthew J. Matava, MD, Washington University-St. Louis*

8:30 – 8:45 am                      Discussion

8:45 – 9:15 am                      BREAK WITH EXHIBITORS

### **Session 14 – Hot Topics**

**Moderator:** Austin V. Stone, MD, PhD, *University of Kentucky*

9:15 – 9:30 am                      The History of Health Insurance  
*Christopher G. Mazoue, MD, University of South Carolina*

9:30 – 9:45 am                      Stem Cells – Current Concepts  
*Russell A. Betcher, MD, Knoxville Orthopaedic Clinic*

9:45 – 9:55 am                      Discussion

9:55 – 10:10 am                      Opportunities in Patient Reported Outcomes Research  
*Brian R. Waterman, MD, Wake Forest University*

10:10 – 10:20 am Discussion of a Research Consortium for PRO's

**Session 15 – Knee: Meniscus**

**Moderator:** Darren L. Johnson, MD, University of Kentucky

10:20 – 10:35 am Meniscal Tears – Anatomy and Rationale for Decision Making  
*James P. Stannard, MD, University of Missouri*

10:35 – 10:50 am Importance of Posterior Lateral Meniscal Tears in ACL Injury  
*Patrick A. Smith, MD, Columbia Orthopaedic Group*

10:50 – 11:05 am ACL Rehab – The Effect of Meniscus/Cartilage Work  
*Jeremy R. Bruce, MD, University of Tennessee - Chattanooga*

11:05 – 11:20 am Discussion

11:20 – 11:35 am BREAK WITH EXHIBITORS

**Session 16 – Case Presentations and Discussion**

**Moderator:** Jeffrey A. Guy, MD, *University of South Carolina*

11:35 – 12:20 pm Knee Cases

**Panel:** *Darren L. Johnson, MD, University of Kentucky*  
*Matthew J. Matava, MD, Washington University-St. Louis*  
*Clayton W. Nuelle, MD, University of Missouri*  
*James P. Stannard, MD, University of Missouri*