SOUTHERN AT THE SEC

Sports Injury Update & Case Based Discussion 2022



May 25-28, 2022
Sheraton Birmingham Hotel
Birmingham, AL

Preliminary Program

12.75 AMA PRA Category 1 Credits™

12.75 Category A hours/CEUs



Keynote Speaker
Claude T. Moorman III, MD
Atrium Health
Charlotte, NC



Guest Speaker
Greg Sankey
SEC Commissioner
Birmingham, AL



Sheraton Birmingham Hotel
Birmingham, AL

Accreditation Information

MISSION
The Southern Orthopaedic Association (SOA) was founded in 1983 solely to develop and foster scientific medicine in the specialty of orthopaedic surgery. Meetings of the Association are dedicated to disseminating current clinical, research, and practice innovations in orthopaedic medicine.

TARGET AUDIENCE
This program is designed to meet the needs of physicians in orthopaedic surgery and sports medicine. Information presented may also be of interest to allied healthcare professionals (athletic trainers, physical therapists, chiropractors) working in an orthopaedic or sports medicine setting or caring for the athletically active individual with acute or chronic musculoskeletal ailments.

CME CREDIT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEC CREDIT
Physician's Assistants can receive up to 12.75 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

BOC CEUs
The Southern Orthopaedic Association (BOC AP# P3339) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 12.75 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

PT CEU
Please check with your state licensure Board to see if the SEC 2022 Sports Injury Update qualifies for continuing education credit.

PURPOSE
In the treatment of musculoskeletal injuries in the athletically active, treatment alternatives are constantly changing. Advances in therapeutic treatment options provide up to date state of the art techniques which allow for the quickest return to athletic participation. These continuous advances make it crucial for physicians to be current on such information to provide the pa-

2022 SEC Athletic Orthopaedic Teams of the Year

We are pleased to announce Dr. Robert Hosey and Dr. Chris Klenck as the recipients of the 2022 SEC Athletic Orthopaedic Team of the Year Award.

Robert G. Hosey, MD
University of Kentucky



Dr. Hosey serves as the head team physician for the University of Kentucky and as professor in the UK Department of Family and Community Medicine. He has a joint appointment in the UK Department of Orthopaedics and Sports Medicine.

Dr. Hosey earned his medical degree from the SUNY Health Science Center in Syracuse, New York, before doing his internship and residency at the Medical University of South Carolina in Charleston. He also was a clinical instructor and sports medicine fellow at the UCLA Medical Center.

In addition, he has certifications from the American Board of Family Medicine and CAQ Sports Medicine.

Chris A. Klenck, MD
University of Tennessee



Dr. Chris Klenck is now in his 16th season as the head team physician on the Tennessee Sports Medicine staff.

An Evansville, IN native, Klenck earned his doctor of pharmacy degree from Purdue before completing his doctor of medicine degree at Indiana University School of Medicine.

Dr. Klenck came to Knoxville in November 2006 following a primary care sports medicine fellowship at Indiana University Medical Center.

He is a member of the American Academy of Pediatrics, American College of Physicians, American Medical Society for Sports Medicine and American College of Sports Medicine.

Congratulations to Robert Hosey, MD, and Chris Klenck, MD, who will receive the 2021-2022 award at the meeting. In addition, the University of Kentucky and the University of Tennessee Athletic Training Staffs will each receive a check for $1,000 to be used for student athletic trainer education.

Keynote Speaker

Claude T. Moorman III, MD
Atrium Health Musculoskeletal Institute



Claude "T." Moorman, III, MD, is the president of Atrium Health's Musculoskeletal Institute and The Edward N. Hanley, Jr. Endowed Chair of the Department of Orthopaedic Surgery.

Throughout his career, Dr. Moorman has married his deep-rooted passion for sports with his medical expertise. After more than two decades with over a dozen teams, he has considerable experience providing medical care to NFL, collegiate and high school athletic teams.

Dr. Moorman is a leader in advancing treatments for shoulder and knee reconstructions with a special interest in multiple ligament knee injury and regenerative medicine. He has authored more than 150 publications and his research has been recognized with numerous honors, including the Neer Award and the Excellence in Research Award for innovations in shoulder reconstruction.

Guest Speaker

Greg Sankey
SEC Commisioner



Greg Sankey became the eighth Commissioner of the Southeastern Conference on June 1, 2015, and quickly engaged in building upon the SEC's strong foundations and rich traditions. He is a modern-day administrator whose focus on innovation, communication, integrity and responsibility establishes a model for leadership in college sports today. Always with an eye on the future,

Mr. Sankey is also keenly aware of the competitive and institutional traditions that make the SEC uniquely successful. He brings a big-picture approach by introducing a vision that positions the SEC to leverage its success and popularity in athletics for a greater overall cultural and economic impact on the region, the nation and the world.

We are pleased to welcome him to the SOA SEC Sports Injury Update & Case Based Discussion 2022.

Program Committee

The Southern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contributions to the development of the scientific program.

Scott D. Mair, MD
Program Chair
University of Kentucky

Jeffrey A. Guy, MD
Program, Vice Chair
University of South Carolina

E. Lyle Cain, MD
Andrews Sports Medicine & Orthopaedic Center

Robert G. Hosey, MD
University of Kentucky

Faculty

Russell A. Betcher, MD
Knoxville Orthopaedic Clinic

J. P. Bramhall, MD
Central Texas Sports Medicine & Orthopaedics

Jeremy R. Bruce, MD
University of Tennessee, COM, Chattanooga

R. Carter Cassidy, MD
University of Kentucky

Steven F. DeFroda, MD
University of Missouri

Jeffrey R. Dugas, MD
Andrews Sports Medicine & Orthopaedic Center

Benton A. Emblom, MD
Andrews Sports Medicine & Orthopaedic Center

Kevin W. Farmer, MD
University of Florida

Tyler A. Gonzalez, MD, MBA
University of South Carolina

J. Benjamin Jackson III, MD
Palmetto Health - USC Orthopedic Center

Darren L. Johnson, MD
University of Kentucky

Deryk G. Jones, MD
Ochsner Sports Medicine Institute

Kimberly A. Kaiser, MD
University of Kentucky

Christopher A. Klenck, MD
University of Tennessee

Chaitu S. Malempati, DO
Western Kentucky University

Matthew J. Matava, MD
Washington University, St. Louis

Christopher G. Mazoue, MD
Palmetto Health - USC Orthopedic Center

Amit Momaya, MD
University of Alabama-Birmingham

Alex Medina, MS, ATC
University of Tennessee

Claude T. Moorman III, MD
Atrium Health Musculoskeletal Institute

Clayton W. Nuelle, MD
University of Missouri

Michael J. O'Brien, MD
Tulane University

Patrick A. Smith, MD
Columbia Orthopaedic Group

M. Kyle Smoot, MD
University of Kentucky

James P. Stannard, MD
University of Missouri

Austin V. Stone, MD, PhD
University of Kentucky

Timothy J. Uhl, ATC, PT, PhD
University of Kentucky

Norman E. Waldrop III, MD
Andrews Sports Medicine & Orthopaedic Center

Sheri Walters, ATC, PT, PhD
Texas A&M University

Brian R. Waterman, MD
Wake Forest University

Accreditation Information

tient with optimal timely care. This course is designed to provide an update on the latest treatment techniques and therapeutic rehabilitation strategies in the evaluation and treatment of the most common musculoskeletal disorders in the athletically active patient.

OBJECTIVES
Through a combination of lectures, panel discussions, and audience participation, participants will have the opportunity to exchange information relative to current and emerging clinical concerns about the musculoskeletal problems seen in the upper and lower extremity. At the conclusion of the meeting, participants should be able to:

EXPLAIN current controversies in treatment of shoulder, elbow, knee, hip, and spine disorders commonly seen in the athletically active.

EVALUATE injury patterns and prevention strategies of upper and lower extremity problems in the athletic population.

ANALYZE challenges encountered with rehabilitation of the shoulder, elbow, and knee in the athlete, as well as the older athletically active weekend warrior.

SELECT appropriate management options for the most commonly seen sports specific injuries; shoulder instability, rotator cuff tears, elbow ligament injuries; as well as knee injuries (ligament, menisci, articular cartilage).

DIAGNOSE and manage shoulder impingement, labral tears, rotator cuff tears, elbow instability as well as knee instability with associated meniscal and articular cartilage pathology.

DISCLAIMER
The products, procedures, and opinions presented at this meeting reflect the viewpoint or approach of the presenter only, and are not to be attributed to the Southern Orthopaedic Association. The Southern Orthopaedic Association presents such material for informational purposes only, and does not endorse any such product or the content of any such presentation.

FORMAT
The educational sessions will be held Thursday, Friday and Saturday, May 26-28, from approximately 7:00 am – 12:30 pm at the Sheraton Birmingham Hotel in Birmingham, Alabama, allowing free time in the afternoons.

REGISTRATION FEE
Registration fee covers the Scientific Program Sessions, Syllabus, Scientific Program Expenses, General Meeting Expenses and Daily Continental Breakfasts and Breaks.

Sports Injury Update & Ca

Scientific Program an

May 26-

Events, dates and times are subject to change. C

THURSDAY, MAY 26

7:00 – 7:05 am **Welcome and Announcements**
Scott D. Mair, MD, Program Chair

Session 1 – Medical
Moderator: Robert G. Hosey, MD, University of Kentucky

7:05 – 7:20 am **Evaluation and Management of Heat Illness**
Kimberly A. Kaiser, MD, University of Kentucky

7:20 – 7:35 am **Pulmonary Embolism and Anticoagulation in Athletes**
Chris A. Klenck, MD, University of Tennessee

7:35 – 7:50 am **Eye Injuries and Emergencies**
M. Kyle Smoot, MD, University of Kentucky

7:50 – 8:05 am **Management of Core Injuries**
Benton A. Emblom, MD, Andrews Sports Medicine & Orthopaedic Center

8:05 – 8:15 am **Discussion**

Session 2 – Rehab and Return to Play
Moderator: M. Kyle Smoot, MD, University of Kentucky

8:15 – 8:30 am **The Use of Technology and a Movement Hierarchy in ACL Rehab**
Sheri Walters, ATC, PT, PhD, Texas A&M University

8:30 – 8:45 am **A Field Expedient Arm Care Screening Test Can Identify Musculoskeletal Risk Factors in Baseball Players**
Timothy J. Uhl, ATC, PT, PhD, University of Kentucky

8:45 – 9:00 am **Decision-Making for Return to Play**
Norman E. Waldrop III, MD, Andrews Sports Medicine & Orthopaedic Center

9:00 – 9:10 am **Discussion**

9:10 – 9:15 am **Presentation of SEC 2022 Team Physician of the Year Award**

9:15 – 9:45 am ***BREAK WITH EXHIBITORS***

Session 3 – Special Presentation by the Commissioner
Moderator: Jeffrey A. Guy, MD, University of South Carolina

9:45 – 10:05 am **SEC COMMISSIONER'S ADDRESS**
Greg Sankey, Southeastern Conference

10:05 – 10:35 am Questions

Session 4 – Shoulder
Moderator: Chaitu Malempati, DO, Western Kentucky University

10:35 – 10:50 am **In-Season Management of Shoulder Injuries in Football**
Kevin W. Farmer, MD, University of Florida

10:50 – 11:05 am **Outcomes of SLAP Repair and Biceps Tenodesis in Softball Players**
E. Lyle Cain, MD, Andrews Sports Medicine & Orthopaedic Center

11:05 – 11:15 am **Discussion**

11:15 – 11:30 am ***BREAK WITH EXHIBITORS***

Session 5 – Keynote Address
Moderator: Scott D. Mair, MD, University of Kentucky

11:30 – 11:50 am **Team Approach to Team Coverage**
Claude T. Moorman III, MD, Atrium Health

11:50 – 12:00 pm Discussion

Session 6 – Case Presentations and Discussion
Moderator: Scott D. Mair, MD, University of Kentucky

11:45 am – 12:30 pm **Shoulder Cases**

Panel: Alex Medina, MS, ATC, University of Tennessee
E. Lyle Cain, MD, Andrews Sports Medicine & Orthopaedic Center
Kevin W. Farmer, MD, University of Florida
Chaitu Malempati, DO, Western Kentucky University
Claude T. Moorman III, MD, Atrium Health

FRIDAY, MAY 27

7:00 – 7:05 am **Welcome and Announcements**
Robert G. Hosey, MD, University of Kentucky

Session 7 – Shoulder and Upper Extremity
Moderator: Steven F. DeFroda, MD, University of Missouri

7:05 – 7:20 am **GPS Navigation for Total Shoulder Arthroplasty**
Michael J. O'Brien, MD, Tulane University

7:20 – 7:35 am **Augmentation in Rotator Cuff Repair**
Chaitu S. Malempati, DO, Western Kentucky University

7:35 – 7:50 am **Upper Extremity Stress Fractures**
Robert G. Hosey, MD, University of Kentucky

7:50 – 8:05 am **Discussion**

Session 8 – Pelvis and Hip
Moderator: J. Benjamin Jackson III, MD, University of South Carolina

8:05 – 8:20 am **Evaluation of the Sacroiliac Joint in Athletes**
R. Carter Cassidy, MD, University of Kentucky

8:20 – 8:35 am **Presentation and Diagnosis of Femoroacetabular Impingement**
Steven F. DeFroda, MD, University of Missouri

8:35 – 8:45 am Discussion

8:45 – 9:15 am ***BREAK WITH EXHIBITORS***

se Based Discussion 2022
nd Schedule of Events
28, 2022
Check the final program for complete information.

Session 9 – Foot and Ankle
Moderator: R. Carter Cassidy, MD, University of Kentucky

9:15 – 9:30 am	**Lis Franc Injuries in Athletes** J. Benjamin Jackson III, MD, University of South Carolina
9:30 – 9:45 am	**Minimally-Invasive Foot and Ankle Surgery** Tyler A. Gonzalez, MD, MBA, University of South Carolina
9:45 – 10:00 am	Discussion

Session 10 – Elbow
Moderator: Christopher G. Mazoue, MD, University of South Carolina

10:00 – 10:15 am	**Osteochondritis Dissecans of the Elbow** J. P. Bramhall, MD, Central Texas Sports Medicine & Orthopaedics
10:15 – 10:30 am	**Cartilage Implantation for the Capitellum** Deryk G. Jones, MD, Oschner Sports Medicine Institute
10:30 – 10:45 am	**Decision-Making in UCL Surgery – Repair vs. Reconstruction** Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center
10:45 – 11:00 am	Discussion
11:00 – 11:15 am	***BREAK WITH EXHIBITORS***

Session 11 – Case Presentations and Discussion
Moderator: Christopher G. Mazoue, MD, University of South Carolina

11:15 – 12:00 pm **Elbow Cases**

Panel: J.P. Bramhall, MD, Central Texas Sports Medicine & Orthopaedics
Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center
Deryk G. Jones, MD, Oschner Sports Medicine Institute

SATURDAY, MAY 28

7:00 – 7:05 am	**Welcome and Announcements** Jeffrey A. Guy, MD, University of South Carolina

Session 12 – Knee
Moderator: Jeremy R. Bruce, MD, University of Tennessee - Chattanooga

7:05 – 7:20 am	**Management of Patellar Dislocation** Austin V. Stone, MD, University of Kentucky
7:20 – 7:35 am	**Cartilage Restoration** Amit M. Momaya, MD, University of Alabama - Birmingham
7:35 – 7:45 am	**Discussion**

Session 13 – Knee: Ligament
Moderator: Russell A. Betcher, MD, Knoxville Orthopaedic Clinic

7:45 – 8:00 am	**Quadriceps Tendon as an ACL Graft** Clayton W. Nuelle, MD, University of Missouri
8:00 – 8:15 am	**Pearls for Revision ACL Reconstruction** Darren L. Johnson, MD, University of Kentucky
8:15 – 8:30 am	**Posterior Cruciate Ligament – When and How to Treat** Matthew J. Matava, MD, Washington University-St. Louis
8:30 – 8:45 am	**Discussion**
8:45 – 9:15 am	***BREAK WITH EXHIBITORS***

Session 14 – Hot Topics
Moderator: Austin V. Stone, MD, PhD, University of Kentucky

9:15 – 9:30 am	**The History of Health Insurance** Christopher G. Mazoue, MD, University of South Carolina
9:30 – 9:45 am	**Stem Cells – Current Concepts** Russell A. Betcher, MD, Knoxville Orthopaedic Clinic
9:45 – 9:55 am	**Discussion**
9:55 – 10:10 am	**Implementing Patient-Reported Outcomes for Clinical Research: A Call to Arms!** Brian R. Waterman, MD, Wake Forest University
10:10 – 10:25 am	**Creation of a Research Consortium with Uniform PRO collection**

Session 15 – Knee: Meniscus
Moderator: Darren L. Johnson, MD, University of Kentucky

10:25 – 10:40 am	**Meniscal Tears – Anatomy and Rationale for Decision-Making** James P. Stannard, MD, University of Missouri
10:40 – 10:55 am	**Importance of Posterior Lateral Meniscal Tears in ACL Injury** Patrick A. Smith, MD, Columbia Orthopaedic Group
10:55 – 11:10 am	**ACL Rehab – The Effect of Meniscus/Cartilage Work** Jeremy R. Bruce, MD, University of Tennessee - Chattanooga
11:10 – 11:25 am	**Discussion**
11:25 – 11:40 am	***BREAK WITH EXHIBITORS***

Session 16 – Case Presentations and Discussion
Moderator: Jeffrey A. Guy, MD, University of South Carolina

11:40 – 12:25 pm **Knee Cases**

Panel: Darren L. Johnson, MD, University of Kentucky
Matthew J. Matava, MD, Washington University - St. Louis
Clayton W. Nuelle, MD, University of Missouri
James P. Stannard, MD, University of Missouri

Travel Information



Hotel Room Reservations and Rates

Sheraton Birmingham Hotel



A block of sleeping rooms has been reserved for your convenience while attending the *Southern at the SEC* meeting at the Sheraton Birmingham Hotel in Birmingham.

Discover spacious accommodations, thoughtful amenities and modern convenience at Sheraton Birmingham Hotel. Stretch out in hotel rooms and suites offering ample natural light, high-speed Wi-Fi and the Sheraton Signature Sleep Experience. Atrium Café serves modern American cuisine in a stunning garden setting, while our signature sports bar features the latest games on the big screen and a wide selection of beers on draft. An elevated experience awaits you at Sheraton Birmingham Hotel.

Hotel reservations can be made by calling **205-324-5000** or online at **www.soaassn.org/sec-meeting**.
Space is limited, so make your reservations now!

Sheraton Birmingham Hotel
2101 Richard Arrington Jr. Boulevard North
Birmingham, AL 35203

$144 single/double occupancy per room per night

Hotel reservation deadline – April 29, 2022

Transportation Information

Birmingham-Shuttlesworth International Airport

The Birmingham International Airport (BHM) is only 10 minutes from the hotel.

Taxis: A cab ride costs approximately $25 from the airport to the hotel. Pick-up is on the Lower Level outside the baggage claim area.



2022 Southern at the SEC Registration Form

May 25-28, 2022 • Sheraton Birmingham Hotel • Birmingham, AL

Southern Orthopaedic Association • 110 West Road, Suite 227 • Towson, MD 21204
Call: 866-762-0730 • *Fax:* 410-494-0515 • *Website:* www.soaassn.org

Name _____ Degree _____

Address _____

City _____ State _____ ZIP _____

Email _____

Phone _____ Fax _____

REGISTRATION FEES

☐ SOA Member Physician	$395
☐ Non-Member Physician	$495
☐ Non Physician	$225
☐ NP / PA	$200
☐ AT / PT	$150
☐ Resident/Fellow	No Charge
☐ Student	No Charge

Go to www.secticketoffice.com to purchase your SEC Baseball Tournament tickets.

PAYMENT METHOD

☐ Enclosed is a check for $ _____. Make check payable to Southern Orthopaedic Association.

☐ Charge my: ☐ Visa ☐ MasterCard ☐ American Express

Card # _____ Exp. Date _____

Name on Card _____ CVV Code _____

Billing Address _____

Billing City, State, Zip _____

PLEASE NOTE: Courses are subject to cancellation. SOA will not refund travel costs.

CANCELLATION POLICY: Full refund (less $50.00 administrative fee) will be granted if a cancellation is made prior to 30 business days before the meeting date; a 50% refund if canceled 10 business days before the meeting date. No refund will be granted within 10 business days of the meeting, or anytime thereafter.

Meeting Policies

Non-Discriminatory Policy

It is the policy of the Southern Orthopaedic Association (SOA) to provide equal opportunity to all applicants for continuing education and to all faculty without regard to race, religion, color, national origin, sex, sexual preference, age, military status, handicap or disability. SOA considers ADA requirements.

Cancellation and Refund Policy

Registration Cancellation Policy: Full refund (less $50.00 administrative fee) will be granted if a cancellation is made prior to 30 business days before the meeting date; a 50% refund will be granted if cancelled 10 business days before the meeting date. No refund will be granted within 10 business days of the meeting.

Tour/Activity Ticket Cancellation Policy: Full refund will be granted if a cancellation is made prior to 30 business days before the meeting date. No refund will be guaranteed within 30 business days of the meeting. The Association will attempt to sell unwanted tickets on a first-come, first-served basis. If the Association successfully sells your unwanted ticket, you will receive a full refund of the ticket cost. The Association reserves the right to cancel an activity if the minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

Grievance Policy & Procedure

The Southern Orthopaedic Association is committed to fair treatment of all staff, participants, members and volunteers. Below is SOA's Grievance Policy.

The Southern Orthopaedic Association: (1) encourages staff, participants, members and volunteers to come forward with credible information on illegal practices or serious violations of adopted policies of the Organization; (2) specifies that the Organization will protect the person from retaliation; and (3) identifies where such information can be reported.

1. Encouragement of reporting. The Organization encourages complaints, reports or inquiries about illegal practices or serious violations of the Organization's policies, including illegal or improper conduct by the Organization itself, by its leadership, or by others on its behalf. Complaints may be submitted either orally or in writing. Appropriate subjects to raise under this policy would include financial improprieties, accounting or audit matters, ethical violations, or other similar illegal or improper practices or policies. Other subjects on which the Organization has existing complaint mechanisms should be addressed under those mechanisms, such as raising matters of alleged discrimination or harassment via the Organization's human resources channels, unless those channels are themselves implicated in the wrongdoing. This policy is not intended to provide a means of appeal from outcomes in those other mechanisms.
2. Protection from retaliation. The Organization prohibits retaliation by or on behalf of the Organization against staff or volunteers for making good faith complaints, reports or inquiries under this policy or for participating in a review or investigation under this policy. This protection extends to those whose allegations are made in good faith but prove to be mistaken. The Organization reserves the right to discipline persons who make bad faith, knowingly false, or vexatious complaints, reports or inquiries or who otherwise abuse this policy.
3. Where to report. Complaints, reports or inquiries may be made under this policy on a confidential or anonymous basis. They should describe in detail the specific facts demonstrating the basis for the complaints, reports or inquiries. They should be directed to the Organization's chief employed Executive or Chairman of the Board of Directors; if both of those persons are implicated in the complaint, report or inquiry, it should be directed to Chair-Elect. The Organization will conduct a prompt, discreet, and objective review or investigation. Staff or volunteers must recognize that the Organization may be unable to fully evaluate a vague or general complaint, report or inquiry that is made anonymously.

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Sports Injury Update 2022

12.75 CME/CEU hours

