



SOUTHERN AT THE SEC

Sports Injury Update & Case Based Discussion 2017

11

***CME credits
available***

***March 9-11, 2017
Sheraton Music City Hotel
Nashville, TN***

***Presented by
Southern Orthopaedic Association***

For more information, visit www.soaassn.org or call 866-762-0730.

Accreditation Information

MISSION

The Southern Orthopaedic Association (SOA) was founded in 1983 solely to develop and foster scientific medicine in the specialty of orthopaedic surgery. Meetings of the Association are dedicated to disseminating current clinical, research, and practice innovations in orthopaedic medicine.

TARGET AUDIENCE

This program is designed to meet the needs of physicians in orthopaedic surgery and sports medicine. Information presented may also be of interest to allied healthcare professionals (athletic trainers, physical therapists, chiropractors) working in an orthopaedic or sports medicine setting or caring for the athletically active individual with acute or chronic musculoskeletal ailments.

CME CREDIT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 11 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEC CREDIT

Physician's Assistants can receive up to 11 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

PURPOSE

In the treatment of musculoskeletal injuries in the athletically active, treatment alternatives are constantly changing. Advances in therapeutic treatment options provide up to date state of the art techniques which allow for the quickest return to athletic participation. These continuous advances make it crucial for physicians to be current on such information to provide the patient with optimal timely care. This course is designed to provide an update on the latest treatment techniques and therapeutic rehabilitation strategies in the evaluation and treatment of the most common musculoskeletal disorders in the athletically active patient.

Join SOA In Nashville!

You are invited to attend the Southern Orthopaedic Association's exciting CME program, **Southern at the SEC – Sports Injury Update & Case Based Discussion 2017**. Dr. Scott D. Mair, Program Chair and the Program Committee have developed an outstanding program with expert speakers in the specialty of sports medicine injuries.

We have a block of tickets to the SEC Basketball Tournament for purchase by registered attendees of the SOA Meeting. Please make your reservations early, as tickets are limited.

SEC Athletic Orthopaedic Team of the Year



Jeffrey A. Guy, MD
University of South Carolina School of Medicine

One of the highlights of the SOA SEC Program is a special presentation honoring the outstanding SEC Athletic Orthopaedic Team of the Year, chosen by the SEC Head Athletic Trainers.

Congratulations to Jeffrey A. Guy, MD, who will receive the 2016 award at the meeting. In addition, the USC Athletic Training Staff will receive a check for \$1000.00 to be used for student athletic trainer education, courtesy of DJO Global, Inc., who has sponsored this stipend since the award's inception in 2003.

Dr. Guy received his medical degree and residency training at Harvard University. While in Boston, he completed fellowships in trauma at Massachusetts General Hospital and pediatric

sports medicine at Boston Childrens Hospital. He finished his training with a fellowship in sports medicine under the direction of Drs. James Andrews and Bill Clancy at the American Sports Medicine Institute in Birmingham, AL.

Dr. Guy is currently a Professor within the Department of Orthopaedic Surgery and Sports Medicine at the University of South Carolina School of Medicine and Director of the University of South Carolina Sports Medicine Center. In addition, he serves as Medical Director of the Athletic Training Education Program in the College of Education, and adjunct professor within the USC Arnold School of Public Health Department of Exercise Science.

As Medical Director and team physician of the University of South Carolina Athletics, Dr. Guy oversees all of the athletic teams at the University of South Carolina. In addition to USC, he is the team physician to more than 20 Columbia area high schools, 10 area middle schools, two professional dance companies and six colleges and universities.

The SEC Athletic Orthopaedic Team of the Year Award is sponsored by DJO Global, Inc. and the Southern Orthopaedic Association.

Keynote Speaker



Jeffrey S. Abrams, MD
Princeton, NJ

SOA is pleased to announce that the Keynote Speaker during Southern at the SEC is Jeffrey S. Abrams, MD. Dr. Abrams is currently a Clinical Professor for Seton Hall University, School of Graduate Medicine, and is an Attending Surgeon for the University Medical Center at Princeton.

Dr. Abrams is involved in education on shoulder injuries and sports medicine. He lectures internationally and has been invited to lecture and perform surgery in Canada, South America, Asia, and Europe. He has been appointed to the Continued Medical Education Committee for American Academy of Orthopaedic Surgeons, and has served as President for the American Shoulder and Elbow Surgeons in 2012-2013. Dr. Abrams received the Outstanding Medical Educator Award in New Jersey for his role in physician and resident education.

Dr. Abrams is among the first surgeons to perform rotator cuff repairs and stabilization surgery using arthroscopy. As an inventor, he has assisted five surgical companies on equipment designs to perform minimally-invasive surgery. He is a Board Member of the Arthroscopy Association of North America, and was President in 2015-2016. He is currently on the editorial staff of five orthopaedic periodicals, has written over 60 chapters in orthopaedic textbooks, and is the editor for *Arthroscopic Rotator Cuff Repair: A Practical Approach to Management, and Management of the Unstable Shoulder: Arthroscopic and Open Techniques*.

Dr. Abrams continues to serve as an orthopaedic consultant to Princeton University, the College of New Jersey, Mercer County Community College, as well as local public and private schools. In addition, he serves as a consultant to the National Hockey League, National Football League, Major League Baseball, International Skating Federation, United States Tennis Association, and the United States Ski Team.

Program Committee

The Southern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contributions to the development of the scientific program:

Scott D. Mair, MD, Chair
Jeffrey A. Guy, MD, Vice Chair
Robert G. Hosey, MD

Faculty

Jeffrey S. Abrams, MD

Princeton Orthopaedic Associates, PA
Princeton, NJ

Champ L. Baker Jr., MD

The Hughston Clinic
Columbus, GA

Champ L. Baker III, MD

The Hughston Clinic
Columbus, GA

Russell A. Betcher, MD

Knoxville Orthopaedic Clinic
Knoxville, TN

Joe P. Bramhall, MD

Central Texas Sports Medicine
& Orthopaedics
Bryan, TX

J. W. Thomas Byrd, MD

Nashville Sports Medicine
and Orthopaedic Center
Nashville, TN

E. Lyle Cain Jr., MD

Andrews Sports Medicine
and Orthopaedic Center
Birmingham, AL

Alex B. Diamond, DO

Vanderbilt University
Nashville, TN

Guillaume D. Dumont, MD

University of South Carolina
School of Medicine
Columbia, SC

Kevin W. Farmer, MD

University of Florida Orthopaedics and
Sports Medicine Institute
Gainesville, FL

Richard J. Hawkins, MD

Greenville Health System/Steadman
Hawkins Clinic of the Carolinas
Greenville, SC

Peter A. Indelicato, MD

Professor Emeritus & Team Physician
University of Florida College of Medicine
Gainesville, FL

J. Benjamin Jackson, MD

University of South Carolina
School of Medicine
Columbia, SC

Darren L. Johnson, MD

University of Kentucky Sports Medicine
Lexington, KY

Kimberly A. Kaiser, MD

University of Kentucky Sports Medicine
Lexington, KY

John E. (Jed) Kuhn, MD

Vanderbilt Sports Medicine Center
Nashville, TN

Christopher G. Mazoue, MD

University of South Carolina
School of Medicine
Columbia, SC

Michael J. O'Brien, MD

Tulane University
New Orleans, LA

Patrick A. Smith, MD

University of Missouri
Columbia Orthopaedic Group
Columbia, MO

M. Kyle Smoot, MD

University of Kentucky Sports Medicine
Lexington, KY

James P. Stannard, MD

Missouri University School of Medicine
Columbia, MO

Carey E. Winder, MD

Baton Rouge Orthopaedic Clinic
Baton Rouge, LA



Accreditation Information

OBJECTIVES

Through a combination of lectures, panel discussions, and audience participation, participants will have the opportunity to exchange information relative to current and emerging clinical concerns about the musculoskeletal problems seen in the upper and lower extremity. At the conclusion of the meeting, participants should be able to:

UNDERSTAND current controversies in treatment of shoulder, elbow, knee, hip, and foot and ankle disorders commonly seen in the athletically active.

EVALUATE injury patterns and prevention strategies of upper and lower extremity problems in the athletic population.

ANALYZE challenges encountered with rehabilitation of the shoulder, elbow, and knee in the athlete, as well as the older athletically active weekend warrior.

SELECT appropriate management options for the most commonly seen sports specific injuries; shoulder instability, rotator cuff tears, elbow ligament injuries; as well as common foot and ankle (stress fractures, Achilles, turf toe, high ankle sprains) and knee injuries (ligament, menisci, articular cartilage).

DIAGNOSE and manage shoulder impingement, labral tears, rotator cuff tears, elbow instability as well as hip labral pathology and knee instability with associated meniscal and articular cartilage pathology.

RECOGNIZE and treat foot and ankle injuries commonly seen in athletes, and discuss cases related to the shoulder, knee, and foot and ankle.

DISCLAIMER

The products, procedures, and opinions presented at this meeting reflect the viewpoint or approach of the presenter only, and are not to be attributed to the Southern Orthopaedic Association. The Southern Orthopaedic Association presents such material for informational purposes only, and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held Thursday, Friday and Saturday, March 9-11, from approximately 7:00 am - 11:30 am at the Sheraton Music City Hotel in Nashville, Tennessee, allowing free time in the afternoons.

PHYSICIAN REGISTRATION FEE

Registration fee covers the Scientific Program Sessions, Syllabus, Scientific Program Expenses, General Meeting Expenses and Daily Continental Breakfasts and Breaks.



Sports Injury Update & Case Reports

Scientific Program and Exhibitors

March 9-10, 2017

Events, dates and times are subject to change. Contact us for more information.

Thursday, March 9 – SHOULDER & ELBOW

6:30 am Registration and Continental Breakfast

6:30–11:30 am Speaker Ready Area

6:55–7:00 am Welcome
Scott D. Mair, MD, Program Chair

SESSION 1

Moderator: Kevin W. Farmer, MD, University of Florida Orthopaedics and Sports Medicine Institute, Gainesville, FL

7:00–7:15 am Management Of Partial Thickness Rotator Cuff Tears In Overhead Athletes
Christopher G. Mazoue, MD, University of South Carolina School of Medicine, Columbia, SC

7:15–7:30 am Biologics In Rotator Cuff Repair
Michael J. O'Brien, MD, Tulane University, New Orleans, LA

7:30–7:45 am Shoulder Arthritis In The Aging Athlete
Kevin W. Farmer, MD, University of Florida Orthopaedics and Sports Medicine Institute, Gainesville, FL

7:45–7:55 am Discussion

7:55–8:10 am Elbow – Non-Operative And Operative Management Of Osteochondral Defects
Russell A. Betcher, MD, Knoxville Orthopaedic Clinic, Knoxville, TN

8:10–8:25 am UCL Repair Or Reconstruction In 2017: When, Why, How?
E. Lyle Cain Jr., MD, Andrews Sports Medicine and Orthopaedic Center, Birmingham, AL

8:25–8:35 am Discussion

8:35–9:05 am **BREAK WITH EXHIBITORS**

SESSION 2

Moderator: Scott D. Mair, MD, University of Kentucky Sports Medicine, Lexington, KY

9:05–9:25 am Insight Into The Biceps And SLAP Lesions In Athletes
John E. (Jed) Kuhn, MD, Vanderbilt Sports Medicine Center, Nashville, TN

9:25–9:45 am The Unstable Shoulder: Can We Improve Our Results?
Jeffrey S. Abrams, MD, Princeton Orthopaedic Associates, PA, Princeton, NJ

9:45–10:00 am Discussion

10:00–10:30 am The Journey
Richard J. Hawkins, MD, Greenville Health System/Steadman Hawkins Clinic of the Carolinas, Greenville, SC

10:30–10:45 am **BREAK WITH EXHIBITORS**

SESSION 3 - CASE PRESENTATIONS - SHOULDER

Moderator: Scott D. Mair, MD, University of Kentucky Sports Medicine, Lexington, KY

10:45–11:30 am **Panel**
Richard J. Hawkins, MD
Jeffrey S. Abrams, MD
John E. (Jed) Kuhn, MD

Friday, March 10 – LOWER EXTREMITY

6:45 am Registration and Continental Breakfast

6:45–11:30 am Speaker Ready Area

SESSION 4

Moderator: Patrick A. Smith, MD, University of Missouri, Columbia Orthopaedic Group, Columbia, MO

7:00–7:15 am Biologic Replacement Of The Knee
James P. Stannard, MD, Missouri University School of Medicine, Columbia, MO

7:15–7:30 am Current Options in Meniscal Repair
Carey E. Winder, MD, Baton Rouge Orthopaedic Clinic, Baton Rouge, LA

7:30–7:45 am Assessment Of Malalignment In Cartilage Surgery
Christopher G. Mazoue, MD, University of South Carolina School of Medicine, Columbia, SC

7:45–7:55 am Discussion

7:55–8:00 am SEC Athletic Orthopaedic Team of the Year Award
Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY

8:00–8:15 am Dynamic Evaluation Of Patellofemoral Joint
Jeffrey A. Guy, MD, University of South Carolina School of Medicine, Columbia, SC

8:15–8:30 am Patellofemoral Chondral Defects
Joe P. Bramhall, MD, Central Texas Sports Medicine & Orthopaedics, Bryan, TX

8:30–8:40 am Discussion

8:40–9:10 am **BREAK WITH EXHIBITORS**

SESSION 5

Moderator: Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY

Case Based Discussion 2017

and Schedule of Events

2017

Check the final program for complete information.

9:10–9:25 am New Concepts: “Backing Up” Ligament Repair Surgery
Patrick A. Smith, MD, University of Missouri, Columbia Orthopaedic Group, Columbia, MO

9:25–9:40 am ACL Failure: How To Get It Right The 2nd Time
Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY

9:40–9:50 am Discussion

9:50–10:10 am Cross State Licensure: Liability And Transportation Of Schedule II Narcotics
Peter A. Indelicato, MD, Professor Emeritus & Team Physician, University of Florida College of Medicine, Gainesville, FL

10:10–10:20 am Discussion

10:20–10:35 am **BREAK WITH EXHIBITORS**

SESSION 6 - PANEL DISCUSSION - GAME DAY DECISIONS, RETURN TO PLAY

Moderator: Peter A. Indelicato, MD, Professor Emeritus & Team Physician, University of Florida College of Medicine, Gainesville, FL

10:35–11:30 am **Panel**
Patrick A. Smith, MD
Darren L. Johnson, MD
Jeffrey A. Guy, MD
Joe P. Bramhall, MD

Saturday, March 11 – HIP, FOOT & ANKLE and MEDICAL

6:45 am Registration and Continental Breakfast

6:45–11:30 am Speaker Ready Area

SESSION 7 - HIP

Moderator: Robert G. Hosey, MD, University of Kentucky Sports Medicine, Lexington, KY

7:00–7:15 am Athletic Pubalgia / Core Muscle Injury
Robert G. Hosey, MD, University of Kentucky Sports Medicine, Lexington, KY

7:15–7:35 am Hip Arthroscopy In Athletes – A Personal Journey
J. W. Thomas Byrd, MD, Nashville Sports Medicine and Orthopaedic Center, Nashville, TN

7:35–7:50 am Clinical Evaluation And Imaging Of The Athlete’s Hip
Guillaume D. Dumont, MD, University of South Carolina School of Medicine, Columbia, SC

7:50–8:05 am Update On FAI And CMI
J. W. Thomas Byrd, MD, Nashville Sports Medicine and Orthopaedic Center, Nashville, TN

8:05–8:20 am Discussion

SESSION 8 - CASE PRESENTATIONS - HIP

Moderator: Robert G. Hosey, MD, University of Kentucky Sports Medicine, Lexington, KY

8:20–8:50 am **Panel**
J. W. Thomas Byrd, MD
Guillaume D. Dumont, MD

8:50–9:20 am **BREAK WITH EXHIBITORS**

SESSION 9 - FOOT AND ANKLE SPOTLIGHT

Moderator: Kimberly A. Kaiser, MD, University of Kentucky Sports Medicine, Lexington, KY

9:20–9:35 am Evaluation And Treatment Of Syndesmotic Injury
J. Benjamin Jackson, MD, University of South Carolina School of Medicine, Columbia, SC

9:35–9:40 am Discussion

SESSION 10 - EMERGING TREATMENTS IN ARTHRITIS

Moderator: Kimberly A. Kaiser, MD, University of Kentucky Sports Medicine, Lexington, KY

9:40–9:55 am Fat Transfer For Stem Cells In Arthritis
Champ L. Baker Jr., MD, The Hughston Clinic, Columbus, GA

9:55–10:10 am Subchondroplasty Of The Knee
Champ L. Baker III, MD, The Hughston Clinic, Columbus, GA

10:10–10:20 am Discussion

10:20–10:35 am **BREAK WITH EXHIBITORS**

SESSION 11 - MEDICAL

Moderator: M. Kyle Smoot, MD, University of Kentucky Sports Medicine, Lexington, KY

10:35–10:50 am The Role Of Ultrasound In Sports Medicine
M. Kyle Smoot, MD, University of Kentucky Sports Medicine, Lexington, KY

10:50–11:05 am Returning To Learn After Sports Related Concussion
Alex B. Diamond, DO, Vanderbilt University, Nashville, TN

11:05–11:20 am Youth Sports Specialization – Risks And Benefits
Kimberly A. Kaiser, MD, University of Kentucky Sports Medicine, Lexington, KY

11:20–11:30 am Discussion

Nashville, Tennessee

The Music City



From the very beginning, music has been the common thread connecting the life and soul of Nashville and its people. Live music can be seen and heard every day and night of the week. The world-famous honky tonks, located on Broadway, offer free live music 365 days a year. And with more than 130 music venues around town ranging from large arenas and concert halls to small clubs and featuring nearly every genre of music, it's easy to see why this is the city that "music calls home."

Whether you're in town on business or pleasure, you will find no shortage of things to do to fill up your visit. Historic sites, children's museums, amazing restaurants, great shopping, and, of course, live music play out all over town.

Nashville is a wonderland of American music, Southern hospitality, unbelievable cuisine, and a boundless spectrum of nightlife.

Hotel Room Reservations and Rates

Sheraton Music City Hotel

A block of sleeping rooms has been reserved for your convenience while attending the *Southern at the SEC* meeting at the Sheraton Music City Hotel in Nashville.

The hotel is just minutes from all the attractions and activities that make Nashville truly unique. Get a little history lesson at The Hermitage – home of President Andrew Jackson or the Adventure Science Center. Or feed your need for entertainment at The Grand Ole Opry, Opry Mills Shopping Mall, the historic 2nd Avenue Entertainment District, Printer's Alley, the Country Music Hall of Fame, Frist Center for the Visual Arts, The Coliseum, or Gaylord Entertainment Center.



Hotel reservations can be made by calling **1-888-627-7060**. Space is limited, so make your reservations now!

Sheraton Music City Hotel
777 McGavock Pike
Nashville, TN 37214

\$179 single/double occupancy per room per night
One night's room deposit due upon booking
Complimentary Self-Parking

Hotel reservation deadline – February 10, 2017

Transportation Information

Nashville International Airport

The Nashville International Airport (BNA) is only ten minutes from the Sheraton Music City Hotel.

Taxis: A cab ride costs approximately \$17 from the airport to the hotel. Pick-up is on the Lower Level outside the baggage claim area.

Airport Shuttle: Complimentary roundtrip shuttle service from the airport is offered on the hour and half-hour.

Airport Limosine: Limousine service is available; please call **615-620-LIMO (5466)**, or visit the website <http://www.matchesstransportation.com>.



SOA at the SEC 2017 REGISTRATION Form

March 9-11, 2017

Southern Orthopaedic Association • 110 West Road, Suite 227 • Towson, MD 21204

CALL: 866-762-0730 • **FAX:** 410-494-0515 • **WEB:** www.soaassn.org

Name _____ Degree _____

Address _____

City _____ State _____ ZIP _____

Email _____

Phone _____ Fax _____

REGISTRATION FEES

SOA Member Physician	\$395
Non-Member Physician	\$495
Non Physician	\$225
NP or PA	\$200
Resident/Fellow	No Charge
Athletic Trainer	\$150

SEC Men's Basketball Tournament Tickets

We have a very limited number of ticket booklets for sale to registered attendees, on a first come, first served basis. Limit 2 ticket booklets per registrant. Seats are located in Club 200 Level at The Bridgestone Arena in Nashville. No refunds.

1 ticket booklet	\$435
2 ticket booklets	\$870



PAYMENT METHOD

Enclosed is a check for \$ _____ Make check payable to SOA.

Charge my: Visa MasterCard American Express

Card # _____ Exp. Date _____

Name on Card _____ CW Code _____

Billing Address _____

Billing City, State, Zip _____

PLEASE NOTE: Courses are subject to cancellation. SOA will not refund travel costs.

CANCELLATION POLICY: Full refund (less \$50.00 administrative fee) will be granted if a cancellation is made prior to 30 business days before the meeting date; a 50% refund if canceled 10 business days before the meeting date. No refund will be granted within 10 business days of the meeting, or anytime thereafter.



**Southern
Orthopaedic
Association**

**110 West Road, Suite 227
Towson, MD 21204**

SOUTHERN AT THE SEC

11
**CME credits
available**

**March 9-11, 2017
Sheraton Music City Hotel
Nashville, TN**