

Tibia-Tribune

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President's Message

Samuel I. Brown, MD



Dear Colleagues,

Greetings from the Southern Orthopaedic Association. Thank you for your incredible participation and support in this phenomenal organization.

Especially we appreciate the outstanding work and contributions so many of you made in July as we completed one of our most successful summer meetings ever.

It was held in Naples, Florida at the Naples Grande Resort under the leadership of President Darren Johnson and his lovely wife Nancy. Our Program Chairman was Dr. Scott Mair. He put together an absolute "top shelf" program. A huge Thank You goes to the Johnsons and Mairs for all their hard work! Can't forget to thank the "Johnson Girls" (Darren and Nancy's daughters) for keeping the dance floor going Saturday night!

The educational side of the meeting provided an opportunity for over 23 AMA Category 1

CME credits. This included a total of 120 abstract presentations accepted by the program committee. More than 75 rapid-fire papers and at least 40 podium presentations. Six subspecialty symposia and 2 mini symposia and more than 60 poster presentations rounded out the program. The Social Program provided all the options for family focused activities and the golf and tennis were popular as always.

The SOA continues to be a strong regional society, which is an advocate for you and your practice on multiple levels. As our challenges in Orthopaedic Surgery practice continue to grow, we are here for you as an advocate in all areas. This will be reflected in our Annual Meeting next summer. In addition to an outstanding academic line up we will have a special focus on Survival in Orthopedic Practice and symposia focus on Physician Leadership.

Speaking of our next Annual Meeting, it is not too early to mark your calendar now for yet another excellent SOA experience. The 2017

34th Annual Meeting



Westin Hilton Head Island
June 28-July 1, 2017 | Hilton Head Island, SC

meeting will be in beautiful Hilton Head, SC at the Westin Hilton Head Island Resort. Dr. Robert Zura, Chairman of Orthopaedics at LSU is our Program Chair and he is already crafting an academic meeting that should be exemplary.

Dr. John Feagin has accepted the honor of Distinguished Southern Orthopedist and will be a part of our leadership symposium. In fact, his name is literally synonymous with the word Leadership. His incredible background includes having been Chief of Orthopaedics at the 86th Evacuation Hospital in Qui Nhon, Vietnam, Commander of Keller Army Hospital at West Point, Founder and President of AOSSM, Team Physician for US Olympic Ski Team, Professor of Surgery at Duke University, Division of Orthopaedics, Chief of Orthopaedic

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Call for Abstracts

The Southern Orthopaedic Association will present its next Annual Meeting June 28-July 1, 2017 at The Westin Hilton Head Island Resort & Spa on Hilton Head Island, South Carolina. The Annual Meeting is one of the premier meetings for orthopaedists practicing in the South. The Scientific Program will be developed to present timely reviews of practice-related techniques and clinical research findings in orthopaedic surgery through accepted outstanding abstracts. Nationally recognized speakers will also be invited to participate.

We invite you to submit one or more abstracts for the meeting, as this is an excellent opportunity



to present a paper to your peers. The submission deadline is January 13, 2017. Abstract applications may be submitted online through the SOA's web site. Visit us at www.soaassn.org and click on the "Submit your Abstracts" link.

We look forward to receiving your abstract(s) and to seeing you in South Carolina next year.

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President's Message continued...

dics, Durham VA Medical Center as well as a Medical Missionary with International Medical Missions.

In addition, we will have a very special Presidential Guest Speaker who will continue with our theme of Leadership and Endurance in Orthopaedic Surgery. Once again, all of this will be coupled with exciting family oriented options for social and entertainment activities. The Westin Resort is directly on one of the south's most beautiful beaches. You will experience the extraordinary sunrises each morning and find everything from paddle boarding to dolphin cruises available to you and your family. The wide, flat beach is ideal for walking, running and biking or just soaking up some rays if your ultraviolet exposure and Vitamin D levels are at a deficit.

My wife Rosemary, along with Stacy Wald and our ace management team from Data Trace, are putting together some special things for the spouses each morning. The popular breakfast gatherings will be back and you should look forward to a great family time together.

Rose and I want to personally invite you to come to Hilton Head next summer. It's really a tropical paradise and we will honor that genre by avoiding things like coats and ties, tuxedos, evening dresses, etc. Instead, bring your Caribbean (or Hawaiian) attire and keep your eyes and ears open for some "Jimmy Buffet style" activities. Did I mention margaritas? They have plenty of margaritas in Hilton Head!

Thanks again for all of your support over the last 30+ years. Thank you also to our Business Exhibitors and the support they provide for this educational event. We could not accomplish this without you. Continued thanks to our SOA Board of Trustees, who work so hard to keep the Southern Orthopaedic Association alive and healthy.

Mark your calendars for June 28-July 1, 2017. We look forward to seeing you there.

Sincerely,

Sam Brown

Samuel I. Brown, MD

President, Southern Orthopaedic Association

Meet SOA's New Board Member**Lee R. Leddy, MD**

Dr. Lee R. Leddy did his undergraduate work at Emory University where he received his BS in Biological Science while lettering on the varsity basketball team. He then received his

MD from the University Of Florida College Of Medicine in Gainesville, FL. He returned to Emory University to complete an internship and residency in the Department of Orthopaedic Surgery. He followed that with a fellowship in Orthopaedic Oncology.

Dr. Leddy joined the faculty at the Medical University of South Carolina in 2009. He treats bone and soft tissue tumors as well as metastatic cancer at MUSC Hollings Cancer Center. He currently serves as the Residency Program Director and helps to run the Sarcoma Immunotherapy Lab.

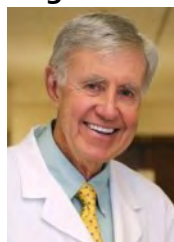
He resides in Charleston, SC with his wife, Rebecca, who is a radiologist at MUSC as well. They have three children, Logan 7, Connor 6, and Sophia 3. In his free time he enjoys fishing, surfing, and boating with the family.

The SOA

The Southern Orthopaedic Association (SOA) was founded in 1983 for physicians who are engaged in the specialty of orthopaedic and trauma surgery. Its mission is to develop and foster the art and science of medicine in the specialty of orthopaedic and trauma surgery. SOA operates exclusively for charitable, scientific and educational purposes.

In Memory of SOA Past Presidents

Angus M. McBryde Jr., MD



Angus M. McBryde Jr., MD of Columbia, South Carolina, passed away unexpectedly on Tuesday, October 4, 2016 at age 79. He was a founding member of SOA, the second President in 1984 and the 2012 recipient of the Distinguished Southern Orthopaedist Award.

Born in Durham, North Carolina on February 24, 1937, he was the oldest child of Dr. Angus M. McBryde Sr. and Priscilla Gregory McBryde. Dr. McBryde received his undergraduate degree from Davidson College where he excelled in both academics and sports. His love and support of Davidson continued throughout his lifetime whether as team physician, Board of Trustees member or general support of Wildcat activities. As a runner, he

held numerous records, including being named the 1958 Southern Conference Mile Champion and served as captain of both cross country and track teams. Dr. McBryde was subsequently inducted into the Davidson College Sports Hall of Fame in 2007.

After medical school, Dr. McBryde conducted his internship and residency in general surgery at the Hospital of the University of Pennsylvania. He then spent the following two years in the US Navy as a medical officer on the USS St. Paul and at Balboa Naval Hospital in San Diego during the Vietnam War. Dr. McBryde then went on to complete his orthopaedic residency at Duke in the ensuing years and in 1971 was appointed Clinical Assistance Professor of Orthopaedics at Duke and later that year joined the orthopaedic teaching program at Charlotte Memorial Hospital. Dr. McBryde, in his long and distinguished medical career that fol-

lowed, earned numerous accolades and awards, including Alabama Sports Person of the Year, and 2013 Distinguished Alumnus of Duke Medical School. Dr. McBryde led as Chair of the Departments of Orthopaedic Surgery for the University of South Alabama at Mobile and the University of South Carolina in Charleston. He was team doctor for the Gamecocks in Columbia and served as medical director for the USC athletic department. While in Birmingham he was team doctor for Alabama, Auburn and Troy. He also directed the Ankle and Foot Fellowship Program at the American Sports Medicine Institute in Birmingham, AL where he practiced at the Andrews Sports Medicine and Orthopaedic Center. He was currently serving as chairman of the Senior Physician Section of the AMA. He also served on 11 editorial boards and published more than 70 scholarly publications including 2 books.

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Neil E. Green, MD



Neil E. Green, MD of Hilton Head Island, formally of Nashville, Tennessee, died peacefully on Saturday, July 9, 2016 at age 75. He is survived by his wife of 54 years, Lesley Nield Green and children, Bruce Green (Lynn) of Nashville, TN, and Lisa Green Brock (Charlie) of Lookout Mountain, TN and 4 grandchildren: Lesley Brock, Taylor Brock, Laura Brock and Grant Green.

Dr. Green always knew that he wanted to be an orthopaedic surgeon and follow in his dad's footsteps. He earned his bachelor's degree at Franklin and Marshall College and his medical degree at Albany Medical College.

Upon completion of his internship and residencies in general surgery and orthopaedic surgery at Duke University Medical Center, he served in the US Air Force at Keesler Air Force Base. Upon completion of his military obligation, he joined the faculty at Vanderbilt Uni-

versity Medical Center where he recently retired after 38 years of service. While at Vanderbilt, Dr. Green was Vice Chairman of the Orthopaedic Department, Director of the Residency Program and Chief of the Division of Pediatric Orthopaedics. He also served as Chair of the Vanderbilt Hospital Medical Board. While he loved surgery and his leadership obligations, his biggest pleasure came from educating his residents and mentoring them in their careers.

A world-renowned pediatric orthopaedic surgeon, Dr. Green authored or co-authored more than 100 peer reviewed scientific publications and 30 book chapters. He gave more than 200 presentations and guest lectures in the United States and around the world. Dr. Green was the editor of *Skeletal Trauma in Children*, later renamed *Green's Skeletal Trauma in Children*. The American Orthopaedic Association honored him as the Alfred Shands Guest lecturer. He has been a visiting professor at various institutions, including being Visiting Professor in Residence in Paris, France.

Dr. Green served as President of the Southern Orthopaedic Association, Pediatric Orthopaedic Society of North America, the American Board of Orthopaedic Surgery, the Twentieth Century Orthopaedic Association, the Tennessee Orthopaedic Society, and the Nashville Orthopaedic Society.

The Neil E. Green Lectureship was recently instituted at Vanderbilt. It recognizes his many contributions as a leader and role model in advancing the missions of education, research and advocacy of the orthopaedic profession and the impact he has had on the next generation of orthopaedic surgeons with whom he has interacted and influenced.

Funeral Services were held at Beth Yam Synagogue in Hilton Head Island on July 13. His family suggests donations to the Division of Pediatric Orthopaedics, Monroe Carell, Jr. Children's Hospital at Vanderbilt, 2200 Children's Way, Nashville TN 37232 or the charity of your choice.

Recap of the 33rd Annual Meeting

The 33rd Annual Meeting was a remarkable achievement, with a top notch Scientific Program. Program Chair Dr. Scott D. Mair along with the SOA Program Committee did an exceptional job of putting together the 2016 Scientific Program.

Program highlights included an informative Distinguished Southern Orthopaedist presentation by Dr. Peter A. Indelicato "The ACL... Where We've Been, Where We're Going." The Presidential Guest Speaker, University of Kentucky head basketball coach, John Calipari, gave a motivational presentation "Players First." The room was filled to capacity and Dr. Johnson provided all meeting attendees a copy of Coach Calipari's new book. Dr. Darren L. Johnson gave an inspiring and thoughtful Presidential Address "The House That Builds Us: Faith, Family, Mentors, Colleagues, and Patients." Keeping up with technology, this year Posters were changed to E-Posters presentations and were well received by everyone.

The meeting kicked off with the Welcome Reception overlooking the pool deck at sunset. Everyone had a great time and had a chance to



minge with old friends. The following evening began with the Exhibitor Reception before everyone went out on their own to enjoy the beautiful city of Naples or just relaxed at the Naples Grand Resort. The meeting was brought to an end with the always enjoyable Gala Dinner Dance. Spouse Hospitality also included the humorous wisdom of Kevin Le-man, PhD and an entertaining talk with Coach Calipari, before speaking in the main meeting room.

It was a meeting to remember and we thank everyone who attended. If you missed it, view the 2016 Naples pictures on the SOA website at www.soaassn.org and see what a great time that was had by all the attendees.

Upcoming SOA Meetings



Southern at the SEC Sports Injury Update & Case Based Discussion 2017

March 9-11, 2017
Sheraton Music City Hotel
Nashville, TN



34th Annual Meeting

June 28 - July 1, 2017
Westin Hilton Head Island Resort
Hilton Head Island, SC

Southern at the SEC: Sports Injury Update & Case Based Discussion 2017 March 9-11, 2017, Sheraton Music City Hotel, Nashville, TN

You are invited to attend "Southern at the SEC" presented by the Southern Orthopaedic Association. Leading orthopaedists will present the latest clinical findings and techniques in treating sports injuries and related conditions. Through the combination of lectures, panel discussions, and audience involvement, you will be able to earn approximately 11 Category 1 CME credits.

The program is scheduled to take place March 9-11, 2017 at the Sheraton Music City Hotel in Nashville, Tennessee during the SEC Men's Basketball Tournament. The educational sessions will take place each morning, leaving the afternoons and evenings free for you to attend the tournament. SOA has reserved block of



SEC Basketball Tournament tickets for purchase by registered meeting attendees. Make your reservations early, as tickets are limited.

Visit the SOA website at www.soaassn.org for more information or to register.

2017 SEC Program Committee

Scott D. Mair, MD, Chair
Jeffrey A. Guy, MD, Vice Chair
Robert G. Hosey, MD



Thank You Annual Meeting Exhibitors

The Southern Orthopaedic Association would like to thank the grantors and exhibitors of the Southern Orthopaedic Association's 33rd Annual Meeting. Without the unrestricted educational support of the companies listed below, we would not have been able to provide this conference.

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Angus M. McBryde Jr., MD continued

A noted academician and skilled surgeon with nationally-recognized expertise in sports medicine, Dr. McBryde served as team physician for the World Games in Yugoslavia in 1987 and for the US National Team for both the Seoul and Atlanta summer Olympics. Dr. McBryde's love of medicine was constantly on display in the extraordinary and generous care he showed his patients and all those in need of orthopaedic advice over the length of his career. Dr. McBryde took the adage, "Time waits for no man," to heart, living each day of his life

quite literally to its fullest. He was a loving husband, father and friend and will be missed by all who had the privilege to know him.

Dr. McBryde is survived by his loving wife of 27 years, Kay McBryde; sister; brother; 8 children and 19 grandchildren. In addition, he leaves behind numerous nieces and nephews who loved him greatly. A memorial service was held to celebrate Dr. McBryde's life in Charlotte, NC at Christ Episcopal Church, on October 11.

In lieu of flowers, the family requests that donations be made to the Southern Orthopaedic Association for the Angus M. McBryde Jr., MD Memorial Fund c/o Chuck Freitag 110 West Rd. Suite 227 Towson MD 21204. For your convenience a link is available at <http://www.soaassn.org/donations>, the SOA Donations webpage. Donations can also be made to Davidson College for The McBryde Family Scholarship Fund, P.O. Box 7170, Davidson, NC 28035.



4th Quarter Tax Saving Tips: Year-End Tools and Techniques to Reduce Your 2016 Tax Bill *By Carole C. Foos, CPA & David B. Mandell, JD, MBA*

As we approach the 4th quarter of the year, most of our physician clients now have a fairly good idea of what their taxable income will be for 2016. If you are like these clients, you may be wondering "is there anything I can do NOW to save taxes on April 15th?" The answer is very likely "yes." In fact, the 4th quarter of the year ending and the 1st quarter of the new year are the best times for focusing on tax reduction.

This short article will lay out a few ideas that could save you tens of thousands of dollars on your 2016 income tax bill, depending on your facts and circumstances, as well as explaining some capital gains and planning concepts.

Techniques to Reduce 2016 Income Taxes

1. Maximize the Tax Benefits of Your Qualified Retirement Plan (QRP)

Nearly 95 percent of physicians have some type of QRP in place. These include 401(k)s, profit-sharing plans, money purchase plans, defined benefit plans, or even SEP or SIMPLE IRAs, for these purposes.

However, most of these plans are NOT maximized for deductions for the business/practice owner(s). The Pension Protection Act improved

the QRP options for practice owners. In other words, many owners may be using an "outdated" plan and forgoing further contributions and deductions permitted under the most recent rule changes. By maximizing your QRP under the new rules, you could increase your deductions significantly for 2016 and reduce your taxes on April 15, 2017.

2. Implement a Non-Qualified Plan

Unfortunately, the vast majority of physicians begin and end their retirement planning with QRPs. Most have not analyzed, let alone implemented, any other type of benefit plan. Have you explored non-qualified plans in the last two years? The unfortunate truth for many physicians is that they are unaware of plans that enjoy favorable short-term and long-term tax treatment. If you have not yet analyzed all options, we highly encourage you to do so. A number of these plans can help you reduce your taxable income for years as part of a tax diversification plan.

3. Consider a Captive Insurance Company (CIC)

CICs are used by many of the Fortune 1000 for a host of strategic reasons. For an orthopaedic practice, a CIC can be equally beneficial, especially for the practice owners. Here, you actually

create your own properly licensed insurance company to insure all types of risks of the practice – often those that have little coverage today. These can be economic risks (that revenues drop), business risks (that electronic records are destroyed), litigation risks (coverage for defense of harassment claims or wrongful termination), and even coverage for surgery centers and real estate. If created and maintained properly, the CIC can enjoy tremendous income tax benefits that can translate into hundreds of thousands of dollars of tax savings annually.

4. Pre-Pay 2017 Expenses in 2016

As the year winds down, we typically counsel cash basis clients to prepay for some of the following year's expenses in the present year. As long as the economic benefit from the prepayment lasts 12 months or less, this can be done. Since 2017 highest marginal tax rates will likely be the same as those in 2016, this makes sense because of the benefit of the early deduction.

Techniques to Reduce Taxes on Investments

1. **Planning for the 3.8 Percent Medicare Surtax**
Beginning in 2013, the tax law imposed 3.8 percent surtax on certain passive investment income

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Money Matters continued

of individuals, trusts and estates. For individuals, the amount subject to the tax is the lesser of (1) net investment income (NII) or (2) the excess of a taxpayer's modified adjusted gross income (MAGI) over an applicable threshold amount.

Net investment income includes dividends, rents, interest, passive activity income, capital gains, annuities and royalties. Specifically excluded from the definition of net investment income are self-employment income, income from an active trade or business, gain on the sale of an active interest in a partnership or S corporation, IRA or qualified plan distributions and income from charitable remainder trusts. MAGI is generally the amount you report on the last line of page 1, Form 1040 adjusted by the above non-includible items.

The applicable threshold amounts are shown below.

Married taxpayers filing jointly
\$250,000

Married taxpayers filing separately
\$125,000

All other individual taxpayers
\$200,000

A simple example will illustrate how the tax is calculated.

Example: Al and Barb, married taxpayers filing jointly, have \$300,000 of salary income and \$100,000 of NII. The amount subject to the surtax is the lesser of (1) NII (\$100,000) or (2) the excess of their MAGI (\$400,000) over the threshold

amount (\$400,000 - \$250,000 = \$150,000). Because NII is the smaller amount, it is the base on which the tax is calculated. Thus, the amount subject to the tax is \$100,000 and the surtax payable is \$3,800 (.038 x \$100,000).

Fortunately, there are a number of effective strategies that can be used to reduce MAGI and or NII and reduce the base on which the surtax is paid. These include (1) Roth IRA conversions, (2) tax exempt bonds, (3) tax-deferred annuities, (4) life insurance, (5) oil and gas investments, (6) timing estate and trust distributions, (7) charitable remainder trusts, (8) installment sales and maximizing above-the-line deductions. We would be happy to explain how these strategies might save you large amounts of surtax.

2. Use Charitable Giving for Capital Gains Tax Planning

There are many ways you can make tax beneficial charitable gifts while benefiting your family as well. Charitable Remainder Trusts (CRTs), Charitable Lead Trusts (CLTs), Private Foundations – these can all be used, within the IRS rules, to benefit charitable causes, reduce taxes and retain some benefits for families. If you have considered any of these tools in the past, implementing them in a year of high income might be a good idea.

Conclusion

This article gives you a few ideas for potential tax savings for 2016 income and beyond. The key is to take the time to evaluate which of these concepts, or others not mentioned in this short article, may work for you. In 2016, all physicians, including orthopaedic surgeons, need to be as financially efficient as possible.

SPECIAL OFFERS: To receive a free hardcopy of *Wealth Protection Planning for Orthopaedic Surgeons and Sports Medicine Specialists*, please call 877-656-4362. Visit www.ojmbookstore.com and enter promotional code DATATR01 for a free ebook download of *Wealth Protection Planning* for your Kindle or iPad.

David B. Mandell, JD, MBA, is an attorney, consultant, and author of more than a dozen books for doctors, including *Wealth Protection Planning for Orthopaedic Surgeons and Sports Medicine Specialists*. He is a principal of the financial consulting firm OJM Group www.ojmgroup.com, where Carole C. Foos, CPA is a principal and lead tax consultant. They can be reached at 877-656-4362 or mandell@ojmgroup.com

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