



SOUTHERN  
ORTHOPAEDIC  
ASSOCIATION

*Vacation!*

42nd Annual Meeting

July 23-26, 2025

JW Marriott Marco Island

Marco Island, FL

## *Preliminary Program*



Scan for Meeting  
& Hotel Details!

### Guest Speakers

**PRESIDENTIAL  
GUEST SPEAKER**

Coach Bruce Pearl



**DISTINGUISHED  
SOUTHERN ORTHOPAEDIST**

James "Bubba" Armstrong, MD





## Accreditation Information

### 2025 PROGRAM COMMITTEE

The Southern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

R. Carter Cassidy, MD, Chair  
Scott D. Mair, MD  
Anna Cohen-Rosenblum, MD, MSc  
Jocelyn R. Wittstein, MD

### MISSION

The Southern Orthopaedic Association was founded in 1983 solely to develop and foster scientific medicine in the specialty of orthopaedic surgery. Annual Meetings of the Association are dedicated to disseminating current clinical, research and practice innovations in orthopaedic medicine.

### TARGET AUDIENCE

The 42nd Annual Meeting of the Southern Orthopaedic Association has been developed primarily for orthopaedic and trauma surgeons.

### CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this SOA Annual Meeting, July 23-26, 2025 to be held in Marco Island, Florida for a maximum of 17.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- \* 11.75 CME Credits for Scientific Program
- \* 6 CME Credits for Scientific E-Poster Sessions

### CEC CREDIT

Physician's Assistants can receive up to 17.75 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

### PURPOSE

1. To provide participants with an unbiased educational experience that will enable them to remain current in the general practice of orthopaedic surgery.
2. To provide participants with an in-depth exposure to various subspecialty areas of orthopaedic surgery.
3. To provide participants with an opportunity to be exposed to leading orthopaedic advances, treatment and care.

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## President's Message Christopher Heck, MD

Dear Colleagues,

I want to welcome my orthopaedic family to the 42nd Annual VACATION of the Southern Orthopaedic Association which will be held at the JW Marriott Marco Island Beach Resort in Marco Island, FL, from July 23-26, 2025.

Since its inception in 1983, the objective of the SOA annual meeting has focused on education, family, and fellowship. My wife, Susan, and I attended our first meeting in 2005 with our first child who had just turned 1 year old. With few exceptions, we have attended the SOA meetings yearly as a family resulting in my children eagerly awaiting the next summer's trip once they learned of the upcoming meeting's destination. Thus, the SOA has become a highly anticipated annual family vacation.

As you and your family attend this year, your educational needs will be fulfilled by Dr. Carter Cassidy, Professor of Orthopaedic Surgery at the University of Kentucky Department of Orthopaedic Surgery and Sports Medicine, who has served as Program Chair this year. However, your vacation needs will be overwhelmed by the 10 acres of white sand beaches, fishing excursions, wave runner or kayak tours through 5,000 year old mangrove islands with dolphins and manatees on your flanks, optional adult-only bed tower and pool, and 12,000 sq ft arcade for the younger attendees.

Continuing with the family theme, my Distinguished Southern Orthopaedist is Dr. Bubba Armstrong, past president of the SOA in 2004. He was also the president of my first orthopaedic group after completing my fellowship and integral in my involvement in this organization. I have long endeared him as a father figure in my career.

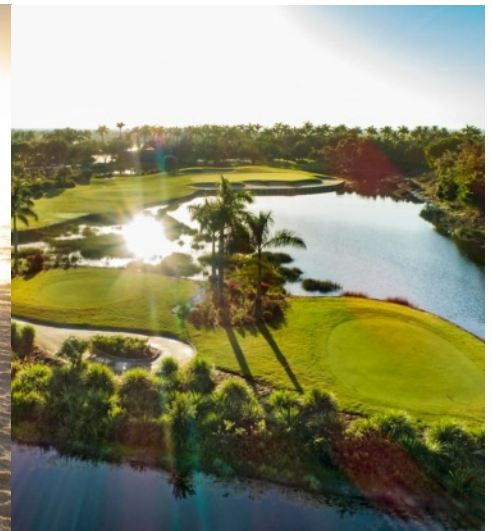
In addition, my Presidential Guest Speaker is Coach Bruce Pearl, Head Coach of the Auburn Tigers Basketball Program. His efforts on the court, on campus, and in the community have united strangers into siblings.

Therefore, my family and I eagerly await the opportunity to host you and your family at Marco Island for both education and a vacation!

Sincerely,

*Chris Heck*

Christopher Heck, MD  
President, Southern Orthopaedic Association



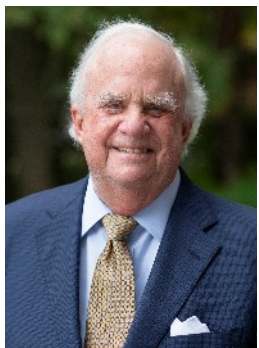


## Presidential Guest Speaker Bruce Pearl

Bruce Alan Pearl is an American college basketball coach who is currently the head coach of the Auburn Tigers men's basketball team, where he is the school's all time leader in wins. He previously served in the same position for Tennessee, Milwaukee, and Southern Indiana. Pearl led Southern Indiana to a Division II national championship in 1995, during which he was named Division II Coach of the Year by the National Association of Basketball Coaches.

In Division I, his teams have won four conference championships and four conference tournament championships, and qualified for eleven NCAA tournament appearances and one Final Four. Pearl is the second-fastest NCAA coach to reach 300 victories, needing only 382 games to reach this mark (Roy Williams needed 370 games at Kansas to reach this milestone).

Pearl was named Coach of the Year by Sporting News in 2006 and was awarded the Adolph Rupp Cup in 2008. He also served as the head coach for the Maccabi USA men's basketball team that won the gold medal at the 2009 Maccabiah Games.



## 2025 L. Andrew Koman, MD Distinguished Southern Orthopaedist James "Bubba" Armstrong, MD

Dr. Armstrong grew up in Selma, Alabama and graduated from Davidson College in 1966. He attended medical school and completed a four-year Orthopedic Surgeon residency at the University of Alabama at Birmingham. He then served as an Orthopaedic surgeon and Chief of the Division of Orthopaedics at Kirkland Air Force Base in Albuquerque, NM before returning to Alabama.

For the next 40 years, Dr. Armstrong was a partner at Southern Orthopedic Surgeons. He is active in community service and has served on the Board of Magic Moments, as River Region Council Chairman, and as president of the Alabama Orthopedic Society & the Southern Orthopaedic Association.



## Accreditation Information continued

4. To provide a forum for an open exchange of ideas between the presenters, the faculty and the participants through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions and poster sessions.

### OBJECTIVES

Educational objectives will be met through a combination of paper presentations, lectures and symposia in plenary and specialty sessions allowing open discussion with the lecturers and paper presenters. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees should be able to:

1. Critically evaluate orthopaedic diseases and treatments through evidence-based outcome presentations.
2. Discuss basic science and clinical study advances and their implications pertaining to the diagnosis and treatment of orthopaedic diseases.
3. Enhance and maximize clinical and operative skills in the management of new and leading technology in orthopaedic disorders.

These educational objectives will be obtained through paper presentations, instructional courses, guest lectureships, symposia, and poster sessions.

### DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Southern Orthopaedic Association. The Southern Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

### FORMAT

The educational sessions will be held Thursday, Friday and Saturday, July 24-26, from approximately 7:00 am until 2:30 pm.

### SCIENTIFIC E-POSTER SESSIONS

Scientific E-Posters are an important feature of the SOA Annual Meeting. E-Posters will be on display each day of the Scientific Program and poster presenters will be available to answer questions after the Scientific Program sessions. Please note on the Scientific Program Schedule the designated times the E-Poster presenters will be available for discussion.

### PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program, Syllabus, daily continental breakfasts and coffee breaks, general meeting expenses, Scientific E-Poster sessions, the Welcome Dinner, Exhibitor Reception and the Beach Party.





6:00 am – 7:00 am **Scientific E-Poster Session**  
(Presenters are available to answer questions)

6:45 am – 6:55 am **First Business Meeting**  
\*CME credit not available  
Christopher A. Heck, MD, Southlake Orthopaedics

6:55 am – 7:00 am **Welcome, Announcements & Overview**  
Christopher A. Heck, MD, Southlake Orthopaedics  
R. Carter Cassidy, MD, University of Kentucky

7:05 am – 7:35 am **Breakout Session 1A – 1E**

7:45 am – 8:05 am **Focused Breakfast Presentation**  
\*CME credit not available

8:15 am – 8:35 am **Break – Please visit Exhibits**

**Symposium 1 – Controversies in Hip and Knee Reconstruction**  
Moderator: Stephen T. Duncan, MD, University of Kentucky

8:35 am – 8:45 am DA is the Best Approach for THA: For and Against  
George N. Guild, MD, Total Joint Specialists vs. Brian T. Muffly, MD, Emory University

8:45 am – 8:55 am UKA: Push the Indications vs. TKA All the Way  
Stephen T. Duncan, MD, University of Kentucky vs. Molly A. Hartzler, MD, Atrium Health Wake Forest Baptist

8:55 am – 9:05 am Fixation in TKA: Uncemented for Most vs. Cement Them All  
James A. Browne, MD, University of Virginia vs. Cameron K. Ledford, MD, Mayo Clinic Florida

9:05 am – 9:15 am Robotics in Arthroplasty: A Must for All Cases vs. Not Convinced I Need It  
TBD vs. Courtney Bell, MD, Orthopedic Center of Florida

9:15 am – 9:25 am Distal Femur Fracture: ORIF vs. Distal Femur Replacement  
Elizabeth Jacobs, MD, Orlando Health vs. David C. Landy, MD, PhD, OrthoVirginia

9:25 am – 9:35 am Questions / Discussion

**RESIDENT AWARD SESSION**  
Moderator: R. Carter Cassidy, MD, University of Kentucky

9:35 am – 10:55 am Abstract Presentations

10:55 am – 11:15 am **Break – Please visit Exhibits**

**General Session 1 – L. Andrew Koman, MD Distinguished Southern Orthopaedist**  
Moderator: Christopher A. Heck, MD, Southlake Orthopaedics  
\*CME credit not available

11:15 am – 11:20 am Introduction  
Christopher A. Heck, MD, Southlake Orthopaedics

11:20 am – 11:45 am **Home Grown Tomatoes**  
James "Bubba" Armstrong, MD, Montgomery, AL

11:45 am – 12:15 pm **Focused Lunch Presentation**  
\*CME credit not available

12:20 pm – 1:20 pm **Breakout Session 2A – 2E**

**Symposium 2 – Hot Topics in Sports Medicine**  
Moderator: Scott D. Mair, MD, University of Kentucky

1:25 pm – 1:37 pm Shoulder Instability: Current Concepts  
Scott D. Mair, MD, University of Kentucky

1:37 pm – 1:49 pm UCL Injury: PRP, Repair, Reconstruction  
Felix "Buddy" Savoie, MD, Tulane University

1:49 pm – 2:01 pm Rotational Instability of the Knee  
Jeffrey A. Guy, MD, University of South Carolina Sports Medicine Center

2:01 pm – 2:13 pm Graft Considerations for Primary ACL Reconstruction  
Matthew J. Matava, MD, Washington University Orthopedics

2:13 pm – 2:25 pm Questions / Discussion

2:30 pm – 3:30 pm **Scientific E-Poster Session**  
(Presenters are available to answer questions)

# Scientific Program | Friday, July 25

Presenters and times are subject to change.

6:00 am – 7:00 am	<b>Scientific E-Poster Session</b> (Presenters are available to answer questions)
6:55 am – 7:00 am	<b>Announcements</b> R. Carter Cassidy, MD, University of Kentucky
7:05 am – 7:35 am	<b>Breakout Session 3A – 3E</b>
7:45 am – 8:05 am	<b>Focused Breakfast Presentation</b> *CME credit not available
8:15 am – 8:35 am	<b>Break – Please visit Exhibits</b>
<b>Symposium 3 – Foot and Ankle</b> Moderator: Arjun K. Srinath, MD, MPH, University of Miami	
8:35 am – 8:45 am	The Role of Arthroscopy in Ankle Fractures: Should We Scope Every Ankle Fracture? Steven D. Steinlauf, MD, University of Miami
8:45 am – 8:55 am	Primary Fusion for Pilon Fractures Arun Aneja, MD, PhD, Massachusetts General Hospital
8:55 am – 9:05 am	Management of Ankle Fracture Malunions Tyler Kalbac, MD, Orthopaedic & Sports Medicine Center of Miami
9:05 am – 9:15 am	When Should I Use a Fibular Nail? Solangel Rodriguez Materon, MD, University of Miami
9:15 am – 9:25 am	Management of Talar Arjun K. Srinath, MD, MPH, University of Miami
9:25 am – 9:35 am	Questions / Discussion
<b>Symposium 4 – Trauma</b> Moderator: Eric S. Moghadamian, MD, University of Kentucky	
9:35 am – 9:45 am	Evaluation and Management of Syndesmotic Injuries in Ankle Fractures Kevin Murr, MD, Prisma Health
9:45 am – 9:55 am	When and How to Treat Posterior Malleolus Fractures (Is the Pain Worth the Gain?) David Zuelzer, MD, Virginia Commonwealth University

9:55 am – 10:05 am	Ankle Fracture Surgery in the Comorbid Patient Jerad Allen, MD, Emory University
10:05 am – 10:15 am	Management of the Deltoid Ligament in Ankle Fracture Surgery: Should We Be More Aggressive? / Have We Been Ignoring This for Too Long? Daniel R. Dziadosz, MD, Florida Medical Clinic, Orlando
10:15 am – 10:25 am	Nonoperative Management of Ankle Fractures: What is “Unstable,” and Do they All Really Need an Operation? Eric S. Moghadamian, MD, University of Kentucky
10:25 am – 10:35 am	Questions / Discussion
10:40 am – 11:00 am	<b>Break – Please visit Exhibits</b>
<b>General Session 2 – Presidential Guest Speaker</b> Moderator: Christopher A. Heck, MD, Southlake Orthopaedics *CME credit not available	
11:00 am – 11:05 am	Introduction Christopher A. Heck, MD, Southlake Orthopaedics
11:05 am – 11:50 am	<b>Presidential Guest Speaker Presentation</b> Bruce Pearl, Auburn University Men's Basketball Coach
11:50 am – 12:20 pm	<b>Focused Lunch Presentation</b> *CME credit not available
12:25 pm – 1:25 pm	<b>Breakout Session 4A – 4E</b>
1:25 pm – 2:25 pm	<b>Scientific E-Poster Session</b> (Presenters are available to answer questions)
1:30 pm – 4:00 pm	<b>SOA Resident Course</b>

## SOA Resident Course \*CME credit not available

Resident / Fellow Primer for the Transition to Practice  
Co-hosted with the Foundation for Physician Advancement

1:30 pm – 4:00 pm

### Core Topics:

1. Picking the job that's right for you
2. 10 employment contract considerations and watch-outs
3. Compensation models and terms to know
4. What to expect in your first six months in practice
5. Ask the faculty: Open Q&A



**CME ACCREDITATION** | This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 17.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





6:00 am – 7:00 am

**Scientific E-Poster Session**  
(Presenters are available to answer questions)

6:55 am – 7:00 am

**Announcements**  
R. Carter Cassidy, MD, University of Kentucky

7:05 am – 7:35 am

**Breakout Sessions 5A – 5E**

7:45 am – 8:15 am

**Focused Breakfast Presentation**  
\*CME credit not available

**General Session 3 – AAOS and OREF Reports**

Moderator: Christopher A. Heck, MD, Southlake Orthopaedics  
\*CME credit not available

8:20 am – 8:30 am

OREF Report  
Lee Grossman, OREF

8:30 am – 8:45 am

AAOS Report  
Annunziato Ned Amendola, MD, Duke University

**Symposium 5 – Athletes and Modern Spine Care**

Moderator: James Lawrence, MD, MBA, Medical University of South Carolina

8:45 am – 8:55 am

Concussion Management, Sideline and Beyond  
Richard A. Okragly, MD, Trinity Health Sports Medicine

8:55 am – 9:05 am

Cervical Injuries in Football Players  
Bradley Segebarth, MD, Carolinas Medical Center

9:05 am – 9:15 am

Lumbar Injuries in Football Players  
Robert Ravinsky, MD, Medical University of South Carolina

9:15 am – 9:25 am

Benefits of MIS Treatment  
Christopher R. Brown, MD, Duke University

9:25 am – 9:35 am

Management of MIS Durotomy  
Christopher R. Brown, MD, Duke University

9:35 am – 9:45 am

Questions / Discussion

9:45 am – 10:10 am

**Break – Please visit Exhibits**

**General Session 4 – Current Events**

Moderator: Christopher A. Heck, MD, Southlake Orthopaedics

10:10 am – 10:40 am

Current Events  
Larry D. Buschon, MD, United States House of Representatives

**Symposium 6 – Hip Preservation**

Moderator: Stephen T. Duncan, MD, University of Kentucky

10:40 am – 10:50 am

Management of the Labrum in 2025  
Winston Gwathmey, MD, University of Virginia

10:50 am – 11:00 am

Management of Extra-Articular Deformities  
Paul E. Matuszewski, MD, University of Kentucky

11:00 am – 11:10 am

Management of Borderline Hip Dysplasia  
Courtney M. Selberg, MD, University of Colorado

11:10 am – 11:20 am

Should I Do Combined Hip Scope and PAO, or PAO Alone?  
Brian T. Muffly, MD, Emory University

11:20 am – 11:30 am

Is It Just Trochanteric Bursitis?  
Stephen T. Duncan, MD, University of Kentucky

11:30 am – 11:40 am

Questions / Discussion

**General Session 5 – Presidential Address, Second Business Meeting**

\*CME credit not available  
Moderator: R. Carter Cassidy, MD, University of Kentucky

11:40 am – 11:50 am

**Second Business Meeting**  
Christopher A. Heck, MD, Southlake Orthopaedics

11:50 am – 12:10 pm

**The Doctor's Family**  
Christopher A. Heck, MD, Southlake Orthopaedics

12:10 pm – 12:40 pm

**Focused Lunch Presentation**  
\*CME credit not available

12:45 pm – 1:45 pm

**Breakout Sessions 6A – 6E**

1:45 pm – 2:45 pm

**Scientific E-Poster Session**  
(Presenters are available to answer questions)

## JW Marriott Marco Island Resort

Immerse yourself in sophisticated luxury at the JW Marriott Marco Island Beach Resort. Situated along three miles of pristine private beaches on the Gulf of Mexico, the hotel on the beach in Marco Island, Florida balances relaxation with elevated fun and entertainment. Sample cuisine from around the globe at the Marco Island hotel's 12 restaurants. Tee off from one of two championship golf courses, take a fitness class or simply enjoy family activities. The exquisite hotel spa offers luxury services and massages to help you recharge and rejuvenate.



### Hotel Room Pricing for July 21-27, 2025

**Discount deadline is June 30, 2025**

Conference Guest Room - \$379 per night  
Gulf View Queen or King - \$434 per night  
Gulf Front Queen or King - \$579 per night  
Terrace Suite - \$739 per night

To make a reservation at the JW Marriott Marco Island Beach Resort, visit the SOA's site at [www.soaasn.org/current-annual-meeting](http://www.soaasn.org/current-annual-meeting) or call **1-800-438-4373**.

**Confirmation:** A hotel confirmation will be sent to you upon receipt of your reservation request.

**Guarantee Policy:** All reservations require a credit card to guarantee your reservation. A prepayment of one night's room charge prior to taxes is required at time of booking.

**Cancellation Policy:** Reservations must be cancelled seven (7) days prior to arrival to avoid a penalty.



Scan to book  
your room

## Travel Information

The JW Marriott is located 9 miles from Naples Airport (APF) and 48 miles from Southwest Florida International Airport (RSW). Self-parking at the hotel is \$38 and valet is \$48 daily, based on availability.

## Schedule of Events | Events, dates & times are subject to change. Check the Final Program for complete information.

### WEDNESDAY, JULY 23

7:30 am - 12:15 pm

#### Offshore Fishing

The subtropical beauty and bounty of the Gulf of Mexico provides excellent year-round action for anglers, from bottom-fishing for grouper and snapper, to a major test of strength with mangrove snapper, lane snapper, goliath grouper, sharks, barracuda, Spanish mackerel and hogfish! Offshore fishing promises an enjoyable day for both seasoned fisherman and the novice alike. All charter boats are 30' sport-fishing boats operated by professional licensed captains, who can share their knowledge of the prime fishing reefs.

Price: \$490 per person; Includes transportation, lunch, snacks and drinks (water, sodas and 3 alcoholic drinks per person). Minimum 6 / Maximum 30

#### Offshore Fishing Itinerary:

7:30 am: Load Vehicles  
7:45 am: Depart resort  
8:00 am-12:00 pm: Off-shore fishing  
12:00 pm-12:15 pm: Return to resort

9:00 am - 12:00 pm

#### Sailing & Shelling Excursion

Embark on a memorable 3-hour cruise aboard a luxurious 6-passenger catamaran, guided by a US Coast Guard Captain. Set sail along the sparkling Gulf of Mexico and take in the breathtaking natural beauty of Marco Island's scenic coastline. This exclusive journey offers a perfect opportunity to connect with colleagues while exploring one of Florida's most picturesque landscapes.

Price: \$84 per person; Minimum 6 / Maximum 24



12:00 pm - 5:00 pm

#### Meeting Registration

12:00 pm - 5:00 pm

#### Exhibit Setup

12:00 pm - 8:00 pm

#### Speaker Ready Room

2:00 pm - 5:00 pm

#### SOA Board of Trustees Meeting

**THURSDAY, JULY 24**

- 6:00 am – 2:25 pm **Meeting Registration**
- 6:00 am – 8:00 pm **Speaker Ready Area**
- 6:25 am – 2:25 pm **Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing**
- 6:45 am – 6:55 am **First Business Meeting**
- 7:45 am – 8:05 am **Focused Breakfast Presentation** \*CME Credit Not Available  
Price: Included in Registration Fee
- 8:00 am – 9:00 am **Yoga**  
Practice calming, rejuvenating yoga poses and stretching on the beach. Connect with your breath, improve flexibility, and find inner peace while surrounded by the beautiful Marco Island white sandy beach. Mats, towels, and water provided.  
Price: Included in Resort Fee
- 8:30 am – 10:00 am **Spouse/Guest/Children’s Hospitality**  
Enjoy a continental breakfast with old friends and new!  
Price: Included in Registration Fee or \$40 per Unregistered Adult Guest / \$20 per Unregistered Child (5-17)
- 9:00 am – 10:00 am **Flower Arranging Workshop**  
In this hands-on workshop, participants will learn the fundamentals of floral arranging, from prepping flowers to understanding color theory. An instructor will guide you stem-by-stem to create a beautiful vase arrangement. The finished arrangements will be displayed at the Welcome Dinner, offering you a great opportunity to be part of the event’s creative process!  
Price: Included in Registration Fee and Unregistered Guest & Child Hospitality Fees
- 10:00 am – 3:45 pm **Shopping Excursion to Naples**  
Naples is the crown jewel of Southwest Florida—a paradise of sun, shore, and nature, harmoniously blended with the cosmopolitan and cultural center the city has become. Sit back and enjoy the ride with a beverage aboard an open-air trolley. Guests will explore 5th Avenue and 3rd Street South, with lunch at The French. Includes narration of the Naples area to and from the resort.  
Price: \$145 per person (Includes transportation, Does not include the cost of lunch). Minimum 20/Maximum 36
- 11:45 am – 12:15 pm **Focused Lunch Presentation** \*CME Credit Not Available  
Price: Included in Registration Fee
- 12:15 pm – 5:15 pm **Pickleball Workshop at the YMCA & Happy Hour**  
A 2-hour pickleball challenge event where each court features 4 teams. The total points from each court and individual teams will be combined to determine the winner. Instructors will provide demonstrations, answer questions about the rules, and set challenges for each court. At the end, the winning team will be announced and awarded. Following the event, the group will enjoy a happy hour at CJ’s on the Bay from 3:30–4:45 pm before returning to the hotel.  
Price: \$100 per person (Includes transportation, Does not include cost of happy hour). Minimum 8/Maximum 36
- 1:30 pm – 3:30 pm **10,000 Islands Wave Runner Tour**  
Take an unforgettable 90-minute journey into the 10,000 Islands of the Everglades with professionally trained tour guides. Come share the pristine beauty of the islands as you catch glimpses of the diverse wildlife native to the area. As you cruise along, experience the stunning scenery, including the chance to see local wildlife such as playful dolphins and gentle manatees in their natural habitat. This tour is the perfect way to explore the island’s unique nature and enjoy an unforgettable adventure on the water. Two people maximum can ride one wave runner.  
Price: \$390 per wave runner; Maximum 20 wave runners
- 3:00 pm – 4:00 pm **SOA Councilors’ Meeting**
- 6:00 pm – 6:45 pm **New Member Reception**  
All new SOA members are invited to attend! Join the SOA Board and Committee Members as they personally welcome you to the organization and help you get connected.  
Attire: Resort casual  
Price: Included in Registration Fee
- 7:00 pm – 9:30 pm **Welcome Dinner**  
Reconnect with colleagues and their families at this year’s Welcome Dinner. Savor delicious food and sip on your favorite drinks from the open bar.  
Attire: Resort casual  
Price: Included in Registration Fee or \$100 per Unregistered Adult Guest / \$50 per Unregistered Child (5-17)



**Shopping Excursion Itinerary:**  
 9:45 am: Load vehicles  
 10:00 am: Depart resort  
 10:30 am: Arrive 5th Avenue  
 10:30 am – 12:00 pm: Shopping at 5th Ave  
 12:15 pm – 1:30 pm: Lunch at The French  
 1:45 pm – 3:00 pm: Shopping at 3rd St South  
 3:00 pm: Return to Resort  
 3:45 pm: Back at Resort

**Pickleball Workshop Itinerary:**  
 12:15 pm: Load vehicles  
 12:30 pm: Transfer to YMCA  
 12:45 pm: Arrive at YMCA  
 1:00 pm – 3:00 pm: Pickleball Activity  
 3:15 pm – Load vehicles  
 3:30 pm – 5:00 pm: Happy Hour at CJ’s on the Bay  
 5:00 pm – 5:15 pm: Transfer back to resort





## FRIDAY, JULY 25

6:00 am – 8:00 pm

### Speaker Ready Area

6:25 am – 1:25 pm

### Meeting Registration

6:25 am – 1:25 pm

### Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

7:45 am – 8:05 am

### Focused Breakfast Presentation \*CME Credit Not Available

Price: Included in Registration Fee

8:00 am – 9:00 am

### Yoga

Practice calming, rejuvenating yoga poses and stretching on the beach. Connect with your breath, improve flexibility, and find inner peace while surrounded by the beautiful Marco Island white sandy beach. Mats, towels, and water provided.

Price: Included in Resort Fee

8:30 am – 10:00 am

### Spouse/Guest/Children's Hospitality

Enjoy a continental breakfast with old friends and new. You won't want to miss this opportunity to hear our Presidential Guest Speaker, Bruce Pearl, Head Coach of Auburn University Men's Basketball!

Price: Included in Registration Fee or \$40 per Unregistered Adult Guest / \$20 per Unregistered Child (5-17)

11:50 am – 12:20 pm

### Focused Lunch Presentation \*CME Credit Not Available

Price: Included in Registration Fee

12:30 pm – 3:30 pm

### The Bubba Armstrong Clay Shoot

Surrounded by the Everglades National Park and the Fakahatchee Strand State Preserve, this shooting range is in a beautiful location offering unrivaled scenery and a warm welcome. There are certified instructors on staff available for trap, skeet, and sporting clays lessons, catering to all skill levels. The gun club offers a scenic, fully automated 14 station sporting clays course, three trap fields, and two skeet fields, providing ample opportunities for enthusiasts to enjoy this thrilling sport amidst breathtaking natural surroundings.

Price: \$290 per person. (Includes transportation, 50 targets and 2 boxes of ammunition, golf cart, gun rental, safety tutorial, bottled water) Minimum 15 / Maximum 30

1:00 pm – 6:00 pm

### Golf Shotgun Tournament at the Hammock Bay

Indulge in the finest golf at the prestigious Hammock Bay Golf Club. Designed by Peter Jacobsen and Jim Hardy, Hammock Bay is a par-72 championship golf course featuring 18 unique holes. Live oak-lined fairways and rolling terrain define the layout, while undulating contours and Gulf of Mexico breezes add to the challenge, making Hammock Bay a favorite among players.

Price: \$295 per person (Includes transportation, green fees, cart, two drink tickets and prizes)

2:30 pm – 4:00 pm

### Mediterranean Mixology Class: Beach Vibe Experience

Escape to the Mediterranean coast with a refreshing journey of flavor. In this session, you'll discover the distinct profiles of three unique liquors, each paired in its own expertly-crafted cocktail. Explore how fresh juices and vibrant garnishes enhance and complement the flavors of these spirits, while savoring small bites designed to perfectly accompany each drink. This session is your ticket to a tropical, beach-inspired experience that will transport your senses to the sun-kissed shores of the Mediterranean.

Price: \$145 per person; Maximum 15

4:30 pm – 5:30 pm

### Stryker Women's Network & RJOS Reception

Stryker Women's Network, in partnership with Ruth Jackson Orthopaedic Society and SOA, invites you to the 2nd Annual RJOS-SOA Happy Hour at the Annual Meeting!

Attire: Business casual

Price: Included in Registration Fee

5:30 pm – 7:30 pm

### Exhibitor Reception

Kick off your evening with drinks and light hors d'oeuvres at the SOA Exhibitor Reception, the perfect opportunity to network and connect before dinner.

Attire: Business casual

Price: Included in Registration Fee or \$75 per Unregistered Adult Guest

5:30 pm – 7:30 pm

### Kids' Party at 10K Alley

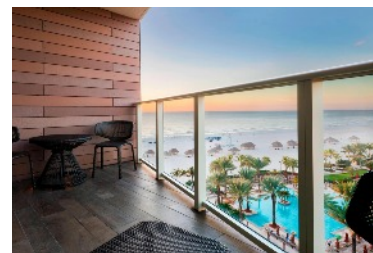
While you attend the Exhibitor Reception, your children can enjoy a fun-filled evening at 10k Alley, with state-of-the-art gaming, bowling, and a tasty dinner. It's the perfect way for them to have a great time while you network and mingle! Children who are 5 years old and younger must be accompanied by a parent.

Price: Included in Registration Fee or \$25 per Unregistered Child (5-17 years)



## SATURDAY, JULY 26

- 6:00 am – 1:45 pm **Speaker Ready Area**
- 6:25 am – 1:45 pm **Meeting Registration**
- 6:25 am – 1:45 pm **Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing**
- 7:45 am – 8:15 am **Focused Breakfast Presentation** \*CME Credit Not Available  
Price: Included in Registration Fee
- 8:00 am – 9:00 am **Yoga**  
Practice calming, rejuvenating yoga poses and stretching on the beach. Connect with your breath, improve flexibility, and find inner peace while surrounded by the beautiful Marco Island white sandy beach. Mats, towels, and water provided.  
Price: Included in Resort Fee
- 8:30 am – 10:00 am **Spouse/Guest/Children's Hospitality**  
Enjoy a continental breakfast with old friends and new.  
Price: Included in Registration Fee or \$40 per Unregistered Adult Guest / \$20 per Unregistered Child (5-17)
- 9:00 am – 10:30 am **Empty Bowls Outreach**  
Join in with the Empty Bowls charity program, where you can paint and donate a bowl to help fight hunger. It's a fun and creative way to give back to the community! Empty Bowls is an all-volunteer, non profit organization with a mission to "create awareness and raise funds to eliminate hunger in our community, ONE BOWL at a time." Empty Bowls' private painting parties help reach their goal of painting more than 4,000 bowls for their annual fundraising event each January. Net proceeds from the annual event funds the Empty Bowls Naples Grant Program, which distributes grants to local non profit organizations supporting the mission to feed hungry neighbors. Your handmade bowl will be part of a fundraiser, helping raise money for local food banks. Together, we can make a difference and fill the bowls of those in need.  
Price: Included in Registration Fee
- 11:40 am – 11:50 am **Second Business Meeting**
- 12:10 pm – 12:40 pm **Focused Lunch Presentation** \*CME Credit Not Available  
Price: Included in Registration Fee
- 12:30 pm – 3:30 pm **Guided Kayak Tour through the Mangroves**  
Embark on a 90-minute adventure guided by an engaging biologist and naturalist, as you explore the stunning mangrove tunnels of Marco Island. Along the way, keep an eye out for wildlife such as tree crabs, large conch shells, osprey, herons, dolphins, and more! You'll also discover fascinating facts about the mangrove trees, the history of Marco Island, and the incredible wildlife that calls it home. Each guest will have their own single-seater kayak, equipped with a cup holder and a comfortable high-back seat. For those who prefer to share the experience, two-seater kayaks are also available. Plus, you'll receive free HD photos of your tour, delivered to you the same day!  
\$185 per person. Includes kayaks, bottled water, paddles and equipment. Minimum 12 / Maximum 40
- 4:00 pm – 6:00 pm **Happy Hour on the Beach**  
Start your evening with a Happy Hour on the Beach, the perfect way to relax and socialize before dinner. Take in the stunning beach views and choose from a variety of beach games, including cornhole, volleyball, or giant pong, all organized by your very own Activities Director to keep the fun going. It's the ideal way to unwind, connect with fellow attendees, and make the most of your time by the water!  
Attire: Resort casual  
Price: Included in Registration Fee; drinks available at a cash bar
- 6:00 pm – 8:00 pm **Tides and Tunes Beach Party**  
Relax, enjoy the company of fellow attendees, play some games, and let the DJ set the perfect beach vibe as the sun sets over the Gulf of Mexico. With drinks and dinner included, it's a fun and unforgettable way to wrap up the week!  
Attire: Resort casual  
Price: Included in Registration Fee or \$100 per unregistered adult / \$50 per Unregistered Child (5-17)



**Kayak Tour Itinerary:**  
12:30 pm: Load vehicles  
12:45 pm: Depart for Capri Paddle Park  
1:00 pm: Guests fitted into kayaks  
1:15 pm – 2:45 pm: Guided kayak tour  
2:45 pm: Load vehicles  
3:15 pm: Return to resort







# Annual Meeting Registration Form

## Southern Orthopaedic Association's 42nd Annual Meeting

July 23-26, 2025 • JW Marriott Marco Island • Marco Island, FL  
www.soaassn.org • Phone: 866-762-0730 • Fax: 410-494-0515

Name \_\_\_\_\_ Degree \_\_\_\_\_ Sub-Specialty \_\_\_\_\_

Company/Institution \_\_\_\_\_ Department \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Office Phone \_\_\_\_\_ Email Address \_\_\_\_\_

**Physician/Allied Health Registration Fee Includes:** Scientific Sessions, Scientific Poster Sessions, Symposia, Continental Breakfasts, Workshops, Breaks, Welcome Dinner, Exhibitor Reception, and Beach Party.


**Spouse/Guest Registration Fee Includes:** Spouse/Guest/Child Hospitality Thursday-Saturday, Welcome Dinner, Exhibitor Reception, and Beach Party.

**Child Registration Fee Includes:** Spouse/Guest/Child Hospitality Thursday-Saturday, Welcome Dinner, Kids' Bowling Party and Beach Party.

**Hiring?**  
Advertise your open position at the Annual Meeting!

**Looking for a new job?**  
Post your contact information anonymously for employers to contact you at the Annual Meeting.

Scan the code below to sign up!



#	Registrant Category	Fee
	SOA Member Physician	\$845
	Non Member Physician <i>Free year of SOA membership included!</i>	\$1,145
	Non Member Physician Presenter	\$845
	Emeritus Member	\$450
	Active Duty Military	\$250
	Allied Health Professional	\$400
	Fellow	\$200
	Resident	\$200
	Medical Student	\$200

#	Guest Category	Fee
	Spouse/Guest (18+)	\$225
	Child(ren) 5-17 years	\$35
	Child(ren) under 5 years	No Charge

Please provide the information below for each of your adult guests so we can include their name badges in your registration packet. Registered children (5-17) will receive a wristband.

Spouse/Guest Name \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Guest Name \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Guest Name \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

### Spouse/Guest Email Address for Meeting Updates

**CANCELLATION POLICY:** Full refund (less \$50 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting, or anytime thereafter.

**Tour/Activity Ticket Cancellation Policy:** Full refund will be granted if a cancellation is made prior to 30 business days before the meeting date. No refund will be guaranteed within 30 business days of the meeting. SOA will attempt to sell unwanted tickets on a first-come, first-served basis. If SOA successfully sells your unwanted ticket, you will receive a full refund of the ticket cost. SOA reserves the right to cancel an activity if the minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

**SPECIAL NEEDS:** If you have hearing, vision or mobility impairment and need appropriate accommodations in order to participate fully in this activity, check here and notify us by July 1, 2025. You will be contacted by the SOA Management Company, DTMS, to discuss your needs.

#	Tours/Activities	Fee
	Offshore Fishing - Wed 7/23 (\$490)	
	Sailing & Shelling Excursion - Wed 7/23 (\$84)	
	Shopping Excursion to Naples - Thu 7/24 (\$145)	
	Pickleball Workshop & Happy Hour - Thu 7/24 (\$100)	
	10,000 Islands Wave Runner Tour - Thu 7/24 (\$390 per jetski)	
	The Bubba Armstrong Clay Shoot - Fri 7/25 (\$290)	
	Golf Tournament at Hammock Bay - Fri 7/25 (\$295)	
	Mediterranean Mixology Class - Fri 7/25 (\$145)	
	Guided Kayak Tour through the Mangroves - Sat 7/26 (\$185)	

**ONLY** complete the section below for **unregistered** spouses, guests, and children who wish to attend the events. These events are already included for **registered** spouses, guests and children.

#	Unregistered Guest Events	Fee
	Yoga - (Complimentary) - Thu	
	Spouse/Guest/Child Hospitality - Adult (\$40) - Thu	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) - Thu	
	Flower Arranging Workshop at Hospitality - (Complimentary) - Thu	
	Welcome Dinner - Adult (\$100) - Thu	
	Welcome Dinner - Child 5-17 (\$50) - Thu	
	Yoga - (Complimentary) - Fri	
	Spouse/Guest/Child Hospitality - Adult (\$40) - Fri	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) - Fri	
	Exhibitor Reception - Adult (\$75) - Fri	
	Kids' Party at 10K Alley (\$25) - Fri	
	Yoga - (Complimentary) - Sat	
	Spouse/Guest/Child Hospitality - Adult (\$40) - Sat	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) - Sat	
	Tides and Tunes Beach Party - Adult (\$100) - Sat	
	Tides and Tunes Beach Party - Child 5-17 (\$50) - Sat	

**Physician/Allied Health Registration Fee** \$ \_\_\_\_\_

**Guest Registration Fees** \$ \_\_\_\_\_

**Tours/Activities Fees** \$ \_\_\_\_\_

**Unregistered Guest Event Fees** \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

Check Enclosed (payable to Southern Orthopaedic Association)

Charge my:  Visa  MasterCard  American Express

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_ CVV \_\_\_\_\_

Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

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**Southern  
Orthopaedic  
Association**

110 West Rd, Suite 227  
Towson, MD 21204

# Southern Orthopaedic Association 42nd Annual Meeting

July 23-26, 2025

JW Marriott | Marco Island, FL

