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President's Message

Benjamin A. Alman, MD



Dear Colleagues,

Many are rethinking the need for various orthopedic meetings. While attendance at many subspecialty society meetings is growing, attendance at more general meetings, such as the AAOS, has declined, especially compared to pre-pandemic numbers. This context prompts us to consider the purpose of regional orthopedic meetings.

Orthopedics is a dynamic and ever-evolving field. Staying abreast of the latest developments, sharing insights, and fostering a community of support are crucial for our growth as practitioners and for the advancement of patient care. Regional orthopedic societies, like ours, play an important role supporting these goals.

One of the benefits of our regional society is its ideal size. We are large enough to encompass a diverse range of expertise and experience, yet small enough to foster intimate and meaningful discussions. This balance creates an environment where members can freely exchange ideas, discuss challenging cases, and share best practices. It is within this community that we find support, mentorship, and a collective drive to excel.

Our regional focus also allows us to address challenges and opportunities that arise within our specific geographic area. By understanding and tackling the issues most pertinent to our region, we can implement more effective and tailored solutions. This local relevance enhances the practical impact of our discussions and initiatives, ultimately leading to better outcomes for our patients.

Furthermore, regional societies are integral in fostering a sense of belonging and professional camaraderie. The relationships we build through our meetings, conferences, and collaborative projects provide a network of support that is both



professionally enriching and personally fulfilling. These connections often translate into lifelong friendships and professional alliances that extend beyond our immediate geographical boundaries. This is especially relevant to students, residents, fellows and young attending, who can make lifelong connections.

Learning and professional development are at the heart of what we do. Our society offers a platform for continuous education. Our annual meeting covers a broad spectrum of general orthopedics, ensuring that all members, regardless of their subspecialty, gain valuable knowledge and skills. The opportunity to learn from experts in a more personal and accessible setting is a distinct advantage that larger national conferences might not always provide. There is also a diverse social program attached to this year's meeting, which will include something for everyone's interest.

Regional orthopedic societies like the Southern Orthopedic Association enrich our professional lives. They offer the perfect environment for discussion, learning, and support. They are tailored to our regional needs and foster a close-knit community that enhances both our professional and personal lives. In support of the importance of regional societies, this year we had a record number of abstract submissions. Thus, our meeting and society has an important purpose, and this will provide a platform for it to continue to flourish.

This year, our meeting has a special focus on the future of orthopedics, from new advances in biology and technology to changes in how orthope-

dic care will be financially supported and how we will train the next generation of orthopedists. These are exciting new areas to learn about. I encourage you to participate in our Annual Meetings and take full advantage of the opportunities it presents.

Hope to see you in Miami Beach.

All the best,

Ben Alman

Benjamin A. Alman, MD

President, Southern Orthopaedic Association

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Jessica Quintilian

In Memory of Paul F. Lachiewicz, MD

SOA Past President, Paul F. Lachiewicz, MD, passed away at the age of 72 after a long and productive life on 5 May 2024.

He was born in New York City to the late Frank and Helen Lachiewicz. He attended St Thomas the Apostle Elementary and Archbishop Molloy High in Queens, NY. He earned a BS at Manhattan College and his MD at Cornell Medical College. There he met the love of his life, Ave Maria, at an old fashioned "mixer" in the school gym. He was introduced to orthopedic surgeons at the Hospital for Special Surgery, including mentors Drs. Eduardo Salvati and Chit Ranawat. Ave and Paul married in 1977 in New York City. After two years of residency training in general surgery at the University of Minnesota Hospitals, where Ave received her MD, they returned to New York, with baby Jayne in tow.

He completed his orthopedic residency and a year of arthritis surgery fellowship at the Hospital for Special Surgery. The family, now including Anne, settled in Chapel Hill. He spent 26 years in the Department of Orthopedic Surgery at the University of North Carolina, passionate about patient care, education, and clinical research in total hip and knee replacement surgery, rising to Full Professor. He and Ave had three additional children, Mark, John, and Mary Claire. In 2009, he joined a private practice and later the Durham VA Medical Center as a Consulting Professor at Duke University's Department of Orthopedic Surgery. His academic career included over 200 peer-reviewed papers and book chapters, numerous national and international presentations, and invited memberships in the Hip Society, Knee Society, and International Hip Society. He enjoyed lecturing with his travels to New Zealand, Mumbai, and numerous trips to London. He was honored to explore his Polish ancestry in 2019, as an invited guest professor at the 10th Knee meeting in Krakow.

He was involved in his children's education and sporting activities, swim teams, and served as the parent rep for their summer league swim team. He took the children on trips to the mountains for skiing and hiking and to Yellowstone/Grand Teton in Wyoming. He introduced Ave and the children to his love of scuba diving in Cozumel and the North Carolina coast. Mary Claire spurred his interest in triathlon at the age of 58; he completed numerous races over 14 years. He enjoyed the outdoors in Colorado, climbed more than ten 14ers, summited Mt. Kilimanjaro, and completed a R2R2R on his first visit to the Grand Canyon. He and Ave celebrated their faith on travel to Israel, Fatima, Lourdes, Barcelona, and Italy. He took his mother Helen in her 80s for a tour of Rome, culminating with an audience with Pope Saint John Paul II. He and Ave loved visiting their children and 11 grandchildren all over the country, especially the North Carolina beach gatherings. He was a St Thomas More Catholic Church member for over 40 years, serving as an Eucharistic minister as well as member and chair of the Pastoral Council, and taught Confirmation class, with Ave, for seven years. Later, he encouraged his grandchildren to attend Sunday school and to receive the sacraments.

Paul is survived by his wife of 46 years, Ave; and their children, Jayne (Naz), grandchildren Ava, Bond, and Ella; Anne (Otis), grandchildren Lucas and Lily; Mark (Heather), grandchildren Jack, James, and Jacob; John (Charissa), grandchildren Hazel, Teddy, and Felix; and daughter Mary Claire. He was the second of four children, survived by Thomasine Roberts, Joanne Baschinsky, and Dr. Peter Lachiewicz.

His viewing was held on May 16, and a Mass of the Resurrection was celebrated at St. Thomas More Catholic Church on May 17. If you wish to make a donation in his memory go to the Paul Lachiewicz Award at the University of North Carolina School of Medicine at <https://give.unc.edu/gift/orth> or to the Drs. Paul and Ave Maria Lachiewicz Scholarship Fund at Weill Cornell Medicine at <https://give.weill.cornell.edu/>.



SOA Education Fund

Southern Orthopaedic Education Foundation would like to acknowledge the generous support of the following 2023 contributors. The continued ability for SOA to fund special speakers and Resident/Fellow Awards for the Annual Meeting is due in large part to the generous donations by SOA members and non-members. Thank you for your support!

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Make your mark on the future by helping to support the SOA Education Fund (a 501[C]3

tax-exempt fund) with your charitable contribution. The SOA established this fund to provide educational opportunities for young orthopaedists throughout the territory. We encourage you to make a donation to help the SOA achieve its goals for funding educational programs for residents. It is a worthy endeavor, and one that will endure for generations.

The process to donate is simple. Just go to www.soaassn.org/donations, and you can make a donation instantly.

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The SOA

The Southern Orthopaedic Association (SOA) was founded in 1983 for physicians who are engaged in the specialty of orthopaedic and trauma surgery. Its mission is to develop and foster the art and science of medicine in the specialty of orthopaedic and trauma surgery. SOA operates exclusively for charitable, scientific and educational purposes.



Southeastern Fracture Symposium

2025
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Come Join the Fun at the 41st Annual Meeting

The SOA's Annual Meeting will be held July 17th through 20th, 2024 at the Fontainebleau Miami Beach in Miami Beach, Florida.

The Fontainebleau Miami Beach, situated on Collins Avenue, is in the heart of Millionaire's Row - just 1.5 miles from the Art Deco District in South Beach and steps from the ocean. It's an oceanside palace with iconic service, ambiance, and style.

Savor the ultimate Miami Beach experience in guest rooms and suites that effortlessly intertwine divine comfort and urban decadence. Each offers impeccable furnishings, stunning city and ocean views, and unparalleled service.

The award-winning restaurants at The Fontainebleau offer delightful menu innovations

inspired by flavors from around the globe. See and be seen in one of Miami Beach's most legendary spots, offering everything from intimate cocktail lounges to next-level dance parties with world-renowned DJs.

Relax at Fontainebleau's poolscape, offering 11 distinctive pool experiences surrounded by luxurious and full-service cabanas. Be pampered at Lapis Spa, enjoy a service at the salon, or break a sweat in our pristine workout facilities.

For everyone's convenience, SOA has reserved a block of rooms. To make a reservation at The Fontainebleau Miami Beach visit SOA's website at www.soaassn.org/current-annual-meeting or call 800-548-8886 (group reservations press option). Space is limited, so make



your reservation early and be sure to mention that you are with the Southern Orthopaedic Association to get the discounted rate.

Annual Meeting Tour/Activities Information

Thursday, July 18

Spouse/Guest and Child Hospitality

Enjoy a continental breakfast with old friends and new joined by a speaker from the Tropical Audubon Society discussing native habitats, birds, and other indigenous wildlife.



"Miami Yesterday and Today" Harbor Cruise

Relax and enjoy a private tour aboard a vintage boat. Cruise back in time and learn the history of a once forgotten swamp and the inspirational people that made Miami what it is today. The cruise will take you up the Miami River and sharing with you the rich history (as well as look at some celebrity houses) - while cruising through the bay.

Welcome Dinner

Catch up with colleagues and their families at this year's Welcome Dinner. Enjoy wonderful food and your favorite drinks from the open bar on the Ocean Lawn.

Friday, July 19

Spouse/Guest and Child Hospitality

Enjoy a continental breakfast with old friends and new. The kids will not want to miss this opportunity to hear our guest speaker, former NASA astronaut - Dr. Robert Satcher.



Everglades Airboat Expeditions

Enjoy a 90-minute private guided airboat tour of the Florida Everglades. The captains are expert gladesmen with years of experience navigating the millions of acres that make up the Florida Everglades.

Golf Tournament at the Miami Beach Golf Course

Originally opened as Bayshore Golf Course in 1923 by pioneering developer Carl Fisher, this beautifully restored landmark (now the Miami Beach Golf Club) is home to the highest-ranked inaugural amateur tournament, South Beach International Amateur.

Exhibitor Reception

Start your evening off with drinks and light hors d'oeuvres with the SOA before dinner.

Saturday, July 20

Spouse/Guest and Child Hospitality

Enjoy a continental breakfast, during which we'll build hygiene kits to donate to a local shelter - a fun and affordable way to contribute to the community.

Gala Dinner Dance

Dinner will be an event to remember with world-renowned cuisine, good company and plenty of dancing and music!



2024 Program Chair's Message Jocelyn R. Wittstein, MD

Dear fellow SOA Members, Spouses and Guests:

On behalf of the SOA Board of Trustees, President Ben Alman, MD, the Program Committee and myself, we look forward to welcoming you to the 41st Annual Meeting of the Southern Orthopaedic Association at the Fontainebleau Hotel in Miami Beach, Florida from July 17th -20th, 2024. We have packed the program with hot topics to appeal to generalists and specialists alike and complemented the academics with an enjoyable social program. This is a meeting you won't want to miss.

This year we received 489 abstracts and have fielded a program to include 180 breakout session podium presentations and 65 poster presentations from this competitive group of submissions. The top 11 award papers will be presented in the main session. There will be 30 breakout sessions to allow attendees to tai-

lor their educational experience at the meeting, while the main session will cover the full breadth of orthopaedics for those seeking broader education from a field of experts speaking on high yield up to date topics. Attendees can earn up to 20 CME credits.

Our unique session on the future of orthopaedics will inspire and educate all of us regarding where our field is headed. Also included in our main session are timely social issues, including health equity in orthopaedics and gun violence. I especially want to thank members of Duke University general surgery department for attending this meeting to share with us their research on gun violence as a public health condition.

The L. Andrew Koman Distinguished Orthopaedist this year are Chad Price, MD, who will be speaking on "Looking Backwards and Forwards at Orthopaedic Surgery" and Peter Armstrong, MD who will be speaking on the future of orthopaedics education. As an added bonus,

2024 Program Committee

The Southern Orthopaedic Association gratefully acknowledges the following orthopaedic surgeons for their contribution to the development of the Scientific Program.

Jocelyn R. Wittstein, MD, Chair
Shawn R. (Skip) Gilbert, MD
Deryk G. Jones, MD

we have not one but two captivating guest speakers this year: Former astronaut turned orthopaedic surgeon Robert Lee Satcher Jr., MD, PhD, and former NFL player and broadcaster Kevin Reilly, who lost an arm to a "benign" soft tissue tumor who will also share his thoughts about the role of research in advancing care.

We are excited to see you all at the SOA's Annual Meeting, at the historic Fontainebleau Miami Beach, with its spectacular beaches and aquatic recreation, shopping, dining and nightlife. We hope to see you in Miami for a great educational, fun and family-friendly event.

2024 Presidential Guest Speaker Robert L. Satcher Jr, MD, PhD

The SOA is pleased to have Robert L. Satcher, Jr, MD, PhD as a 2024 Presidential Guest Speaker. Born in Hampton, VA, Satcher received his medical doctorate from Harvard Medical School, completed his internship and residency at the University of California, San Francisco, a postdoctoral research fellowship at University of California, Berkeley, and an orthopedic oncology fellowship at the University of Florida.

Prior to being accepted into the astronaut program by NASA, Satcher was the Assistant Professor at The Feinberg School of Medicine, Northwestern University, in the Department of Orthopaedic Surgery.

Selected by NASA in May 2004, Satcher completed Astronaut Candidate Training in



February 2006. Satcher later worked on the STS-129 mission as a mission specialist. Satcher spent over 259 hours in space and participated in two of the three spacewalks, totaling 12hr 19min.

Upcoming SOA Meetings



41st Annual Meeting

July 17-20, 2024
Fontainebleau Miami Beach
Miami Beach, FL



42nd Annual Meeting

July 23-26, 2025
JW Marriott
Marco Island, FL

Scientific Program Highlights

THURSDAY – JULY 18, 2024

SYMPOSIUM 1: Trauma for the Masses

SPECIAL SESSION 1: Values Driving Value: Integrating Health Equity into Orthopaedic Care and Alternative Payment Models

BREAKOUT SESSION 1A-E: Foot & Ankle, Hand & Wrist, Pediatrics, Practice Management and Total Joint

SYMPOSIUM 2: Current Concepts in Arthroplasty

GENERAL SESSION 1: L. Andrew Koman, MD Distinguished Southern Orthopaedist

BREAKOUT SESSION 2A-E: Spine, Trauma, Total Hip, Tumor and Shoulder & Elbow

SYMPOSIUM 3: Sports & Shoulder

SCIENTIFIC E-POSTERS: (Open daily to all participants before and after the Scientific Program.)

FRIDAY – JULY 19, 2024

SYMPOSIUM 4: Update on Foot & Ankle

SPECIAL SESSION 2: Gun Violence and Orthopaedics

BREAKOUT SESSION 3A-E: Total Knee, Sports, Upper Extremity, Education & Research and Trauma

GENERAL SESSION 2: The Future of Orthopaedics Part 1

GENERAL SESSION 3: AAOS & OREF Reports

GENERAL SESSION 4: Presidential Guest Speaker

BREAKOUT SESSION 4A-E: Foot & Ankle, Hand & Wrist, Pediatrics, Spine and Total Joint

SYMPOSIUM 5: Hot Topics in Hand/Upper Extremity

SCIENTIFIC E-POSTERS: (Open daily to all participants before and after the Scientific Program.)

SATURDAY - JULY 20, 2024

SYMPOSIUM 6: Updates in Pediatric and Orthopaedic Oncology

GENERAL SESSION 5: The Future of Orthopaedics Part 2

BREAKOUT SESSION 5A-E: Shoulder & Elbow, Sports, Total Hip, Total Knee and Trauma

RESIDENT AWARD SESSION: Award Presentations

GENERAL SESSION 6: Presidential Address, Second Business Meeting

BREAKOUT SESSION 6A-E: Sports Medicine, Shoulder & Elbow, Foot & Ankle, Spine and Total Joint

SYMPOSIUM 7: Hot Topics in Spine Surgery

SCIENTIFIC E-POSTERS: (Open daily to all participants before the Scientific Program.)



2024 L. Andrew Koman, MD Distinguished Southern Orthopaedist Peter F. Armstrong, MD

Dr. Peter F. Armstrong will also be honored on Saturday as a recipient of the Distinguished Southern Orthopaedist Award. He received his medical degree from the University of Western Ontario in 1972. His orthopaedic residency was done at the University of Toronto

followed by a pediatric orthopaedic fellowship with Dr. Robert Salter at The Hospital for Sick Children in Toronto. Following his fellowship, in 1982, he joined the orthopaedic staff at The Hospital for Sick Children in Toronto but spent the first two years doing orthopaedic research at the University of Pennsylvania. In 1991, he then became

Chief of Staff of Shriners Hospitals for Children Intermountain (Salt Lake City). In 2000, he was selected as Chief Medical Officer of the 22 Shriners Hospitals and moved to the Headquarters in Tampa. At the end of June 2012, he became the Chief Medical Officer – Emeritus.



2024 L. Andrew Koman, MD Distinguished Southern Orthopaedist Charles T. "Chad" Price, MD

Dr. Charles Price is one of the recipients of this year's L. Andrew Koman, MD Distinguished Southern Orthopaedist Award. Chad, as he prefers to be called, graduated from Emory University in Atlanta, then Baylor College of Medicine followed by Orthopedic Residency at University of Florida and a pediatric orthopedic fellowship at Scottish Rite Hospital in Atlanta. Then, he returned to Orlando and practiced pediatric orthopedic surgery at Arnold Palmer Hospital for 36 years where he served as Director of Pediatric Orthopedic Education, and as

a Professor of Orthopedic Surgery at University of Central Florida College of Medicine.

He has authored or co-authored over 100 scientific papers, 20 textbook chapters, and three books on topics including hip dysplasia, Perthes disease, bone lengthening, scoliosis, and fracture management.

Chad served as President of the Pediatric Orthopedic Society of North America and President of Association for the Study and Application of the Methods of Ilizarov, NA. He also served four years as Annual Meeting Chairman of the American

Academy of Orthopedic Surgeons. He restored the former Tachdjian course to prominence as the International Pediatric Orthopedic Symposium during his twelve-year tenure as its chairman. In 2011, Dr. Price was honored with the Distinguished Achievement Award from POSNA for his contributions to the advancement of orthopedic care for children. For the last 12 years, Chad has managed The International Hip Dysplasia Institute at Arnold Palmer Hospital, which has funded numerous research projects while advancing research, education, and advocacy for the prevention and treatment of hip dysplasia in children and adults.

2024 Award Recipients

Congratulations to the following 2024 SOA Award Recipients. The award papers will be presented during the Scientific Program at the Fontainebleau Miami Beach in Miami Beach, Florida.

SOA Presidents' Resident Award Winner

Clinical Effectiveness of Splinting After Collagenase Clostridium Histolyticum Injection for Dupuytren Contracture

Craig Dent, MS, Florida Orthopaedic Institute / Foundation for Orthopaedic Research and Education

Harley & Betty Baxter Resident Award Winners

Ten-Year Outcomes of Hip Arthroscopy for the Treatment of FAI and Labral Tears in Patients with Obesity

Roger Quesada-Jimenez, MD, American Hip Institute

Reverse TSA for Fracture vs. Degenerative Conditions: Five-Year Minimum Follow-Up

Sarah Jenkins, Medical University of South Carolina

SOA/OREF Resident Award Winners

Peroneal Tendon Repair with Retrofibular Groove Deepening is Associated with Decreased Rates of Revision Peroneal Tendon Repair Procedures Compared to Repair without Groove Deepening: A Propensity-Matched Analysis

Sean Sequeira, BS, Union Memorial Hospital

Arthroscopic-Assisted Lower Trapezius Transfer vs. Superior Capsular Reconstruction for Treatment of Massive Irreparable Rotator Cuff Tears

Haley McKissack, MD, Emory University

Transepiphyseal ACL Reconstruction using Quadriceps Tendon Autograft in the Skeletally Immature Athlete: Mid-Term Clinical Outcomes

Jesse Seilern und Aspang, MD, Emory University School of Medicine

Cynthia L. Lichtefeld Resident Travel Grant Award Winner

Timing of Hindfoot Reconstruction with Knee Arthroplasty Affects Reoperation Rate

Joseph Larwa, MD, DPT, Mayo Clinic Jacksonville

Harley & Betty Baxter Resident Travel Grant Award Winner

Quadriceps Tendon Demonstrates No Significant Tunnel Widening after ACL Reconstruction

Cody C. Ashy, MD, Medical University of South Carolina

SOA Resident Travel Grant Award Winners

Effect of Operative Time on 30-Day Total Ankle Arthroplasty Outcomes

Solangel Rodriguez Materon, MD, Medical University of South Carolina

Preoperative Antibiotic Sensitivity Testing for Total Joint Replacement

William E. Allen, MD, Medical University of South Carolina

Complication Rates with GLP-1 Receptor Agonist Use in Patients Undergoing Total Knee Arthroplasty

Rahul K. Goel, MD, Duke University

SOA Medical Student Travel Grant Award

Total Joint Arthroplasty Medicare and Medicaid Patients Have Worse Outcomes

William ElNemer, BS, Johns Hopkins Hospital

2024 Donor Award Recipients

Congratulations to the following 2024 Southern Orthopaedic Association Donor Resident/Fellow Award Recipients. These awards were made possible by generous SOA member donations.

Benjamin A. Alman, MD Travel Grant Award

Bariatric Surgery Improves Total Hip Arthroplasty Outcomes In Patients With Obesity: A National Cohort Study With 6 Years of Follow-Up

Beltrán Torres MD, Washington University School of Medicine

James A. Browne, MD Travel Grant Award in Recognition of Paul F. Lachiewicz, MD

Patient Expectations Regarding Clinical Follow-Up after Total Joint Arthroplasty

Jeremy S. Frederick, MD, Liberty University / OrthoVirginia

E. Lyle Cain, MD Travel Grant Award

The Open Latarjet Procedure in Athletes with a Minimum of 5 Years Follow Up: An Analysis of Factors Associated with Success

Eoghan T. Hurley, MB, BCH, MCh, Duke University

Kevin Farmer, MD Travel Grant Award

Surgical Reconstruction Following ACL Injury Reduces Odds of Future TKA

Verdinand C. B. Ruelos, MD, University of Texas Medical Branch

L. Andrew Koman, MD Travel Grant Award

Anconeus Triceps Hemipel: Safe, Effective for Displaced Distal Humeral Fractures

Andrew B. Rees, MD, Atrium Health Musculoskeletal Institute

Scott D. Mair, MD Travel Grant Award

Increased Posterior Tibial Slope is not a Risk Factor for Meniscal Injury

Zoe Hinton, MD, Duke University School of Medicine

Michael J. O'Brien, MD Travel Grant Award

Functional Testing to Predict Return to Sport Following Bankart Repair

Alex M. Meyer, MD, Duke University Medical Center

Andrew A. Shinar, MD Travel Grant Award

Cementation Technique to Significantly Reduce Lipid Contamination in TKA

Aleksander Mika, MD, Vanderbilt University Medical Center

H. Clayton Thomason III, MD Travel Grant Award

Unsuspected Positive Intraoperative Cultures in Aseptic Revision Hip Arthroplasty – Management, Outcomes, and Implant Survivorship

Christine J. Wu, MD, Duke University



2024 Presidential Guest Speaker Kevin Reilly

The SOA is pleased to also have Kevin Reilly as a 2024 Presidential Guest Speaker on Friday. Kevin Reilly is an

acclaimed inspirational speaker, author, former broadcaster for Philadelphia Eagles Network, and former professional football player. He has motivated thousands with his journey of overcoming illness and unbelievable obstacles.

Drafted by the Miami Dolphins in 1973, Kevin played for the Philadelphia Eagles, where he captained the special teams, and the New England

Patriots. In 1976, Kevin was diagnosed with a desmoid tumor that led to radical surgery to remove his left arm, shoulder and five ribs, ending his lifelong dream.

The procedure altered his body and life forever, forcing Reilly to end his professional football career and look at a new future, one with obstacles he never could have imagined. Through perseverance and strength, Kevin achieved accomplishments many thought impossible, seeing success in the corporate world, broadcasting, and reaching thousands with his inspirational message.



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See you in Miami Beach!

**41st Annual Meeting
July 17-20, 2024**

**Fontainebleau Miami Beach
Miami Beach, FL**

