



Southern Orthopaedic Association

40th Annual Meeting

July 26-29, 2023 • Hotel Effie Sandestin • Miramar Beach, FL

Preliminary Program



**PRESIDENTIAL
GUEST SPEAKER**

Travis Tygart
US Anti-Doping Agency
Colorado Springs, CO



**L. ANDREW KOMAN, MD
DISTINGUISHED SOUTHERN
ORTHOPAEDIST**

Paul F. Lachiewicz, MD
Duke University
Chapel Hill, NC

Accreditation Information

2023 PROGRAM COMMITTEE

The Southern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Shawn R. (Skip) Gilbert, MD, Chair

Deryk G. Jones, MD

Jocelyn R. Wittstein, MD

MISSION

The Southern Orthopaedic Association was founded in 1983 solely to develop and foster scientific medicine in the specialty of orthopaedic surgery. Annual Meetings of the Association are dedicated to disseminating current clinical, research and practice innovations in orthopaedic medicine.

TARGET AUDIENCE

The 40th Annual Meeting of the Southern Orthopaedic Association has been developed primarily for orthopaedic and trauma surgeons.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 17.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

* 11.75 CME Credits for Scientific Program

* 6 CME Credits for Scientific E-Poster Sessions

CEC CREDIT

Physician's Assistants can receive up to 17.75 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

PURPOSE

1. To provide participants with an unbiased educational experience that will enable them to remain current in the general practice of orthopaedic surgery.
2. To provide participants with an in-depth exposure to various subspecialty areas of orthopaedic surgery.
3. To provide participants with an opportunity to be exposed to leading orthopaedic advances, treatment and care.
4. To provide a forum for an open exchange of ideas between the presenters, the faculty and the participants through paper presentations,

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President's Message

H. Clayton Thomason III, MD

Dear Colleagues,

The 40th Annual Meeting of the Southern Orthopaedic Association will be held at the new Hotel Effie Sandestin July 26-29, 2023, in Mirimar Beach, Florida.

This year's meeting should be both a great educational meeting as well as a great opportunity for family vacation and fun for spouses and children. Shawn Gilbert, professor and Chief of Pediatric Orthopaedic Surgery at the University of Alabama at Birmingham, will be the program chair. He, along with the Program Committee, are already putting together a strong academic program that will be informative for specialists as well as the general orthopaedist.

My friend as well as mentor and professor from my training at the University of North Carolina, Dr. Paul Lachiewicz, will be our well-deserved 2023 L. Andrew Koman, MD Distinguished Southern Orthopaedist. Travis Tygart, CEO of the United States Anti-Doping Agency, will be the Presidential Guest Speaker. He will talk about his lead role in exposing Lance Armstrong's massive doping operation, as well as the state of performance enhancing drugs in today's athletics.

The Hotel Effie is within the Sandestin Beach and Golf Resort and offers many indoor and outdoor activities including a wonderful beach with white sands and clear Gulf Coast water, golf and tennis, fishing, hiking and biking, and shopping. My wife, Tracy, is planning several great programs for the spouses and children.

Mark your calendar for a great week of education and fun in Mirimar Beach, Florida at the SOA in 2023.

Sincerely,

Clay Thomason

H. Clayton Thomason III, MD

President, Southern Orthopaedic Association





Presidential Guest Speaker Travis Tygart

Travis T. Tygart became USADA's Chief Executive Officer in September of 2007, and works closely with the USADA Board of Directors to carry out the organization's mission of preserving the integrity of competition, inspiring true sport, and protecting the rights of clean athletes.

Under Tygart's leadership, some of USADA's most significant efforts to protect clean athletes have come in the form of major investigations. Working alongside federal authorities, USADA investigated the international steroid bust, Operation Raw Deal, and the international doping conspiracy involving the BALCO laboratory in San Francisco. Tygart also led the investigation into the U.S. Postal Service pro-cycling team doping conspiracy and spearheaded the publication of the Reasoned Decision in the Lance Armstrong case.

In addition to his work at USADA, Tygart currently serves on the Board of Directors for the Sports Lawyers Association and on the Board of Governors of the Partnership for Clean Competition.

Over the course of his career, Tygart has been recognized by *Sports Illustrated* as one of the 50 Most Powerful People in Sports, named to the *TIME* 100 list of Most Influential People in the World for 2013, and deemed one of the Top 12 World Sports Personalities of the Year by *Sport Intern*.



L. Andrew Koman, MD Distinguished Southern Orthopaedist

 **Atrium Health**
Musculoskeletal Institute

Presented by Atrium Health Musculoskeletal Institute

Paul F. Lachiewicz, MD

Dr. Paul F. Lachiewicz is the recipient of the 2023 L. Andrew Koman, MD Distinguished Southern Orthopaedist Award. He is a Consulting Professor in the Department of Orthopaedic Surgery, Duke University Medical Center, and presently Attending Surgeon at the Durham VA Medical Center, with a career focus on total hip and knee arthroplasty. Dr. Lachiewicz was an AOA graduate of Cornell-Weill Medical School, completed his orthopaedic residency and fellowship at the Hospital for Special Surgery in New York City, and was a Professor in the Department of Orthopaedic Surgery at UNC-Chapel Hill until retirement in 2009. He has been a member of the Southern Orthopaedic Association since 1985, and has served on the Board of Directors, as Program Chair, and then as President in 2011. Dr. Lachiewicz is a member of the Knee Society, International Hip Society, and was President of the North American Hip Society in 2015. He has over 200 scientific papers and book chapters, with special emphasis on clinical research on thromboembolism prophylaxis, total hip and knee revision surgery, and peri-operative pain management. He and his wife, Dr. Ave Lachiewicz have five grown children and 11 grandchildren.

Accreditation Information continued

instructional courses, guest lectureships, symposia, multimedia educational sessions and poster sessions.

OBJECTIVES

Educational objectives will be met through a combination of paper presentations, lectures and symposia in plenary and specialty sessions allowing open discussion with the lecturers and paper presenters. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees should be able to:

1. Critically evaluate orthopaedic diseases and treatments through evidence-based outcome presentations.
2. Discuss basic science and clinical study advances and their implications pertaining to the diagnosis and treatment of orthopaedic diseases.
3. Enhance and maximize clinical and operative skills in the management of new and leading technology in orthopaedic disorders.

These educational objectives will be obtained through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions and poster sessions.

DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Southern Orthopaedic Association. The Southern Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held Thursday, Friday and Saturday, July 27–29, from approximately 7:00 am until 2:30 pm.

SCIENTIFIC E-POSTER SESSIONS

Scientific E-Posters are an important feature of the SOA Annual Meeting. E-Posters will be on display each day of the Scientific Program and poster presenters will be available to answer questions after the Scientific Program sessions. Please note on the Scientific Program Schedule the designated times the E-Poster presenters will be available for discussion.

PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program, Syllabus, daily continental breakfasts and coffee breaks, general meeting expenses, Multimedia Education sessions, Scientific E-Poster sessions, the Welcome Dinner, Exhibitor Reception and the Gala Dinner Dance.



6:00 am – 7:00 am **Scientific E-Poster Session**

7:00 am – 7:05 am **Welcome and Announcements**

SYMPOSIUM 1: The Next Decade in Total Hip Arthroplasty: Trends and Innovations
 Moderator: James A. Browne, MD, University of Virginia

7:05 am– 7:10 am Introduction
 James A. Browne, MD, University of Virginia

7:10 am – 7:17 am Virtual Reality, Augmented Reality, and Mixed Reality Becomes a Reality
 Michael P. Bolognesi, MD, Duke University

7:17 am – 7:24 am Back to the Future: Cemented Stems are Coming Back!
 Anna Cohen-Rosenblum, MD, Louisiana State University

7:24 am – 7:31 am TBD
 Benjamin M. Wooster, MD, OrthoCarolina

7:31 am – 7:38 am Alternative Payment Models and Health Care Reform will Change the Game
 C. Lowry Barnes, MD, University of Arkansas for Medical Sciences

7:38 am – 7:55 am Discussion

7:55 am – 8:10 am **First Business Meeting**

GENERAL SESSION 1: Sustainable Volunteering
 *CME Credit Not Available

8:10 am – 8:25 am Sustainable Volunteering
 Michael P. Horan, MD, Prisma Health Orthopedics

8:25 am – 8:55 am Focused Breakfast Presentation
 *CME Credit Not Available

8:55 am – 9:15 am Break – Please visit Exhibits

9:15 am – 9:45 am **RAPID FIRE SESSION 1A-1E**

SYMPOSIUM 2: Health Care Disparities and How to Fix Them
 Moderator: Holly Tyler-Paris Pilson, MD, Wake Forest Baptist Health

9:50 am – 10:45 am Panel:
 Izuchukwu K. Ibe, MD, University of Mississippi
 Christian Pean, MD, Duke University
 Holly Tyler-Paris Pilson, MD, Wake Forest Baptist Health

10:45 am – 11:05 am Break – Please visit Exhibits

GENERAL SESSION 2: OREF Report and Presidential Guest Speaker
 *CME Credit Not Available

11:05 am – 11:10 am **OREF Report**
 Lee Grossman, OREF

11:10am – 11:15 am Introduction of Presidential Guest Speaker
 H. Clayton Thomason III, MD, Carolina Orthopaedic & Sports Medicine

11:15 am – 11:50 am **Presidential Guest Speaker**
 Travis Tygart, United States Anti-Doping Agency

11:50 am – 12:20 pm Focused Lunch Presentation
 *CME Credit Not Available

12:25 pm – 12:55 pm **RAPID FIRE SESSION 2A-2E**

CONCURRENT SYMPOSIUM 3A: Sports Knee
 Moderator: William H. Thompson, MD, TOC

1:00 pm – 2:00 pm Titles/Speakers TBD

CONCURRENT SYMPOSIUM 3B: Spine Roundtable
 Moderator: Gregory Grabowski, MD, Palmetto Health at USC

1:00 pm – 2:00 pm Fusion vs. Motion Preserving Cervical Spine Surgery
 John DeVine, MD, Augusta University
 Steven Theiss, MD, University of Alabama at Birmingham
 John France, MD, West Virginia University
 Shari Cui, MD, Prisma Health/USC

2:00 pm – 3:00 pm **Scientific E-Poster Session**

6:00 am – 7:00 am

Scientific E-Poster Session

7:00 am – 7:05 am

Announcements

Shawn R. Gilbert, MD, University of Alabama at Birmingham

SYMPOSIUM 4: Trauma

Moderator: Thomas J. Moore, MD, Grady Memorial Hospital

7:05 am – 8:05 am

Titles/Speakers TBD

GENERAL SESSION 3: Sustainable Volunteering Part 2

*CME Credit Not Available

8:05 am – 8:30 am

Sustainable Volunteering
Michael P. Horan, MD, Prisma Health Orthopedics

8:30 am – 9:00 am

Focused Breakfast Presentation

*CME Credit Not Available

9:00 am – 9:20 am

Break – Please visit Exhibits

9:25 am – 9:55 am

RAPID FIRE SESSION 3A-3E

SYMPOSIUM 5: Total Knee Arthroplasty

Moderator: C. Lowry Barnes, MD, University of Arkansas for Medical Sciences

10:00 am – 11:00 am

Titles/Speakers TBD

11:00 am – 11:20 am

Break – Please visit Exhibits

GENERAL SESSION 4: L. Andrew Koman, MD Distinguished Southern Orthopaedist

Moderator: H. Clayton Thomason III, MD, Carolina Orthopaedic & Sports Medicine

*CME Credit Not Available

11:20 am – 11:25 am

Introduction of L. Andrew Koman, MD Distinguished Southern Orthopaedist
H. Clayton Thomason III, MD, Carolina Orthopaedic & Sports Medicine

11:25 am – 12:10 pm

L. Andrew Koman, MD Distinguished Southern Orthopaedist

Paul F. Lachiewicz, MD, Duke University

12:10 pm – 12:40 pm

Focused Lunch Presentation

*CME Credit Not Available

12:45 pm – 1:15 pm

RAPID FIRE SESSION 4A-4E

CONCURRENT SYMPOSIUM 6A: Practice Management

Moderator: Michael P. Bolognesi, MD, Duke University

1:20 pm – 2:20 pm

Titles/Speakers TBD

CONCURRENT SYMPOSIUM 6B: Medical Education

Moderator: Lisa Kafchinski, MD, University of Alabama at Birmingham

1:20 pm – 2:20 pm

Titles/Speakers TBD

CONCURRENT SYMPOSIUM 6C: Orthopaedic Biologics

Moderator: Amit Momaya, MD, University of Alabama at Birmingham

1:20 pm – 1:30 pm

Rapid Fire Cases: Doc, Can You Fix it with Stem Cells?

Amit Momaya, MD, University of Alabama at Birmingham

1:30 pm – 1:45 pm

Hold the Knife! Try These Biologics First

Robert Bowers, DO, PhD, Emory School of Medicine

1:45 pm – 2:00 pm

Stack the Deck in Your Favor! Biologics in the OR

Aaron Casp, MD, University of Alabama at Birmingham

2:00 pm – 2:15 pm

The New Frontier of Orthobiologics: Arthroscopically Assisted Treatment of Bone Marrow Lesions

Raj Pandya, MD, Atlanta Orthopaedic Institute

2:15 pm – 2:20 pm

Question and Answer Session with Panel

2:20 pm – 3:20 pm

Scientific E-Poster Session



6:00 am – 7:00 am	Scientific E-Poster Session
7:00 am – 7:05 am	Announcements Shawn R. Gilbert, MD, University of Alabama at Birmingham
SYMPOSIUM 7: Specialty Updates Part 1 – Trauma, Arthroscopy, and Sports	
Moderator: Shawn R. Gilbert, MD, University of Alabama at Birmingham	
7:05 am – 7:55 am	Titles/Speakers TBD
GENERAL SESSION 5: Second Business Meeting and AAOS Update	
*CME Credit Not Available	
7:55 am – 8:10 am	Second Business Meeting
8:10 am – 8:30 am	AAOS Update Annunziato (Ned) Amendola, MD, Duke University
8:30 am – 9:00 am	Focused Breakfast Presentation *CME Credit Not Available
9:05 am – 9:35 am	RAPID FIRE SESSION 5A-5E
9:40 am – 10:05 am	Break – Please visit Exhibits
SYMPOSIUM 8: Specialty Updates Part 2 – Foot & Ankle, Peds and Tumor	
Moderator: Shawn R. Gilbert, MD, University of Alabama at Birmingham	
10:05 am – 10:35 am	Titles/Speakers TBD
GENERAL SESSION 6: Resident Award Papers	
Moderator: Shawn R. Gilbert, MD, University of Alabama at Birmingham	
10:35 am – 10:41 am	SOA Presidents' Resident Award Winner
10:41 am – 10:47 am	Harley & Betty Baxter Resident Award Winner
10:47 am – 10:53 am	Harley & Betty Baxter Resident Award Winner
10:53 am – 10:59 am	SOA/OREF Resident Award Winner
10:59 am – 11:05 am	SOA/OREF Resident Award Winner
11:05 am – 11:11 am	SOA/OREF Resident Award Winner
11:11 am – 11:15 am	Discussion

GENERAL SESSION 7: Presidential Address

Moderator: Shawn R. Gilbert, MD, University of Alabama at Birmingham

*CME Credit Not Available

11:15 am – 11:20 am Introduction of SOA President
Shawn R. Gilbert, MD, University of Alabama at Birmingham

11:20 am – 11:50 am **Presidential Address**
H. Clayton Thomason III, MD, Carolina Orthopaedic & Sports Medicine

11:50 am – 12:20 pm Focused Lunch Presentation
*CME Credit Not Available

12:25 pm – 12:55 pm **RAPID FIRE SESSION 6A-6E**

CONCURRENT SYMPOSIUM 9A: Controversies and Treatment Options for Irreparable Rotator Cuff Tears

Moderator: Brian C. Werner, MD, University of Virginia

1:00 pm – 1:10 pm Biologics and Allograft Augmentation for Irreparable Rotator Cuff Tears
Deryk G. Jones, MD, Ochsner Sports Medicine Institute

1:10 pm – 1:20 pm Is Superior Capsular Reconstruction Still an Option in 2023?
Kevin W. Farmer, MD, University of Florida

1:20 pm – 1:30 pm Balloon Spacers: What Does the Literature Tell Us?
Aaron Casp, MD, University of Alabama at Birmingham

1:30 pm – 1:40 pm Reverse Shoulder Arthroplasty for Irreparable Rotator Cuff Tears
Brian C. Werner, MD, University of Virginia

CONCURRENT SYMPOSIUM 9B: Foot and Ankle

Moderator: Michael D. Johnson, MD, University of Alabama at Birmingham

1:00 pm – 2:00 pm Titles/Speakers TBD

1:40 pm – 2:00 pm Case Discussion and Q&A

2:00 pm – 3:00 pm **Scientific E-Poster Session**

CME ACCREDITATION

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Hotel Effie Sandestin

Northwest Florida's Emerald Coast has pristine white sand beaches carved from quartz carried from the Appalachian Mountains 20,000 years ago. It is a forest by the sea, flanked by towering oaks and pines.

Hotel Effie is found on the banks of the Choctawhatchee Bay, nestled inside the gates of the world-famous Sandestin Golf and Beach Resort and adjacent to the bustling Village at Baytowne Wharf. The vibrant community of Sandestin Golf and Beach Resort and its 2,400 acres of lush landscape and coastal beauty is the perfect backdrop for the southern luxury of Hotel Effie. It is full of charm, elegance, and gracious personality.

Book your hotel room today. For Hotel Effie, call **833-873-3343** or for the Sandestin Resort Grand Complex, call **800-622-1038** and mention that you are attending the SOA Annual Meeting to receive the discounted sleeping room rates.

Hotel Effie

Run of House \$329

Sandestin Resort

Grand Complex Queen \$249

Grand Complex 1 Bedroom \$279

Grand Complex 2 Bedroom \$429

Travel Information

Destin-Fort Walton Beach Airport (VSP) is the closest airport to Hotel Effie and is 30 miles away. The hotel is also an hour and 30 minutes from Pensacola International Airport (PNS).

Valet parking is \$25 per night.

WEDNESDAY, JULY 26

12:00 pm – 5:00 pm	Meeting Registration
12:00 pm – 5:00 pm	Exhibit Setup
12:00 pm – 5:00 pm	Speaker Ready Room
2:00 pm – 5:00 pm	SOA Board of Trustees Meeting



THURSDAY, JULY 27

6:00 am – 2:00 pm	Speaker Ready Room
6:30 am – 2:00 pm	Meeting Registration
6:30 am – 2:00 pm	Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
7:55 am – 8:10 am	First Business Meeting
8:25 am – 8:55 am	Focused Breakfast Presentation *CME Credit Not Available
8:30 am – 10:00 am	Spouse/Guest/Children's Hospitality Catch up with old friends (and meet some new ones!) while enjoying a continental breakfast. Price: Included in Registration Fee or \$40 per Unregistered Adult Guest / \$20 per Unregistered Child (5-17)
10:30 am – 11:30 am	Junior Golf Clinic at Baytowne Golf Club One-hour clinic covering the fundamentals of golf. Golf attire encouraged (collared shirts, Bermuda shorts and sneakers). Please allow yourself plenty of time when taking the resort tram to the golf course. Price: \$50 per child (Minimum 5 participants)
11:50 am – 12:20 pm	Focused Lunch Presentation *CME Credit Not Available
2:30 pm – 4:00 pm	Amazing Race Sandestin's "Amazing Race" is based on the popular television series, where teams of 5 or 6 race to complete a series of checkpoints before the opposition. Each checkpoint reveals a clue to help you move to the next! Please meet at the Grand Lawn no later than 10 minutes in advance. Price: \$150 per person
3:15 pm – 4:15 pm	SOA Councilors Meeting
6:00 pm – 6:45 pm	New Member Reception All new SOA Members are invited to attend! The SOA Board and Committee Members would like to welcome you personally to the organization. Attire: Resort Casual Price: Included in Registration Fee
7:00 pm – 9:30 pm	Welcome Dinner Catch up with colleagues and their families at this year's Welcome Dinner. Enjoy wonderful food and your favorite drinks from the open bar. Attire: Resort Casual Price: Included in Registration Fee or \$100 per Unregistered Adult Guest / \$50 per Unregistered Child (5-17)



FRIDAY, JULY 28

6:00 am – 2:20 pm	Speaker Ready Room
6:30 am – 2:20 pm	Meeting Registration
6:30 am – 2:20 pm	Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
8:30 am – 9:00 am	Focused Breakfast Presentation *CME Credit Not Available

8:30 am – 10:00 am

Spouse/Guest/Children's Hospitality

Catch up with old friends (and meet some new ones!) while enjoying a continental breakfast.

Price: Included in Registration Fee or \$40 per Unregistered Adult Guest / \$20 per Unregistered Child (5-17)

12:10 pm – 12:40 pm

Focused Lunch Presentation *CME Credit Not Available

12:45 pm – 5:00 pm

Bay Fishing

Our beautiful boats will carry you through the shallow back bays and skinny water grass flats of the Choctawhatchee Bay. Our boats are outfitted with top-of-the-line light tackle fishing gear. Redfish and speckled trout are the main targeted species, by means of live baiting or the use of artificial lures. Boat pick up will be at the Baytowne Marina for a 1pm departure.

Price: \$330 per person (Minimum 4 participants)



1:00 pm – 2:30 pm

Tennis Clinic

Looking for a high-energy clinic to work on your skills? Come have fun with your SOA friends in this tennis clinic for all levels. Sandestin serves up the best tennis experience in northwest Florida. Two courts will be available for different skill levels.

Price: \$45 per person (Minimum 4 participants / maximum 8 participants)

1:00 pm – 5:00 pm

Golf Tournament at the Raven Course - 1:00 pm Tee Time

Raven Golf Club, home to the 2006 and 2007 Boeing Championship (a stop on the PGA Champions Tour) is masterfully carved through the marshes and pine trees of Sandestin Golf and Beach Resort. Robert Trent Jones Jr. crafted this unique and visually stunning 6,900-yard par 71 into what he calls a "true modern traditional." The tournament will be a 1:00 pm modified shotgun format. Transportation: Please allow yourself plenty of time when taking the resort tram to the golf course.

Price: \$175 per person (Includes green fees, cart, practice facility, two drink tickets and prizes) Maximum 40 players



4:30 pm – 5:30 pm

Master Class of Wines with Sommelier

We all want to drink good wine, but sometimes we need help choosing the right one. Sandestin's Sommelier will lead this class and you will become a master at pairing wines with confidence.

Price: \$100 per person (Minimum 10 participants)

5:30 pm – 7:30 pm

Exhibitor Reception

Start your evening off with drinks and light hors d'oeuvres with the SOA before dinner.

Attire: Business Casual

Price: Included in Registration Fee or \$75 per Unregistered Adult Guest

5:30 pm – 7:30 pm

Kids' Movie Party with Arts & Crafts

While parents are at the Exhibitor Reception, kids enjoy dinner, crafts and a movie with friends. *Children younger than 5 must be accompanied by an adult. This program is provided **only** for parents attending the Exhibitor Reception.

Price: Included in Registration Fee or \$25 per Unregistered Child (5-17 years)



SATURDAY, JULY 29

6:00 am – 2:00 pm

Speaker Ready Room

6:30 am – 2:00 pm

Meeting Registration

6:30 am – 2:00 pm

Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

7:55 am – 8:10 am

Second Business Meeting

8:30 am – 9:00 am

Focused Breakfast Presentation *CME Credit Not Available

8:30 am – 10:00 am

Spouse/Guest/Children's Hospitality

Enjoy a continental breakfast, during which we'll build hygiene kits to donate to a local shelter – a fun and affordable way to contribute to the community.

Price: Included in Registration Fee or \$40 per Unregistered Adult Guest / \$20 per Unregistered Child (5-17)

11:50 am – 12:20 pm

Focused Lunch Presentation *CME Credit Not Available

12:00 pm – 4:30 pm

Private Chartered Dolphin Cruise and Crab Island

Get ready to sit back and relax on a fully-customized cruise experience aboard the "Freedom Chaser." We will depart from Baytowne Marina to cruise the beautiful emerald-green waters in search of dolphins (and a peek at the famous mansions hidden in the canals of Holiday Isle). Then, we'll cool off in the shallow sandbars at Crab Island – one of the most popular places to play in Destin Harbor. The boat is equipped with snorkel gear, floats and paddle boards as well as sodas and water, and Crab Island offers plenty of ice cream and food vendors. Please arrive at the Baytowne Marina at 11:30 am for a 12:00 departure.

Price: \$141 per person (22 Minimum/Maximum participants)



1:00 pm – 2:30 pm

Pickleball Clinic

Never played pickleball before, or just beginning to learn the basics? This is the opportunity for you. Learn the rules, strokes, footwork and strategy of pickleball through instruction, drills and play. Paddle and balls are included.

Price: \$30 per person (Minimum 4 participants / maximum 16 participants)



2:30 pm – 4:00 pm

Pickleball Open Play

Following the clinic, put your new skills to the test with an SOA pickleball enthusiast. We will have 6 courts for all levels of play, and the pro will remain to assist with scoring and rules. Paddle and balls are included.

Price: \$20 per person (Minimum 4 participants / maximum 30 participants)

6:30 pm – 11:00 pm

Kids' Movie Party with Arts & Crafts

While parents are at the Gala Dinner, kids enjoy dinner, crafts and a movie with friends. Children younger than 5 must be accompanied by an adult. *This program is provided **only** for parents attending the Gala Dinner Dance.

Price: Included in Registration Fee or \$25 per Unregistered Child (5-17 years)

6:30 pm – 11:00 pm

Dinner Dance on the Grand Lawn

Dinner will be an event to remember with world-renowned cuisine, good company and plenty of dancing and music under the stars!

Attire: Resort evening wear (No shorts or flip-flops)

Price: Included in Registration Fee or \$150 per Unregistered Adult Guest; \$75 Surcharge per Child (5-17 years)



SUNDAY, JULY 30

8:30 am – 9:30 am

Fellowship and Worship

Bring your breakfast and join us for Sunday morning fellowship and worship.

Price: Included in registration fee

Activities at Sandestin

Call the Concierge at 833-873-3343 for a full list of activities and pricing, or visit hoteleffie.com and click on the Things to Do tab



Annual Meeting Registration Form

Southern Orthopaedic Association's 40th Annual Meeting

July 26-29, 2023 • Hotel Effie Sandestin • Miramar Beach, FL
www.soaassn.org • Phone: 866-762-0730 • Fax: 410-494-0515

Name	Degree	Sub-Specialty
Company/Institution		Department
Address	City	State ZIP
Office Phone	Email Address	

Physician/Allied Health Registration Fee Includes: Scientific Sessions, Scientific Poster Sessions, Symposia, Continental Breakfasts, Workshops, Breaks, Welcome Dinner, Exhibitor Reception, Gala Dinner Dance.

Spouse/Guest Registration Fee Includes: Spouse/Guest/Child Hospitality Thursday-Saturday, Welcome Dinner, Exhibitor Reception, and Gala Dinner Dance.

Child Registration Fee Includes: Spouse/Guest/Child Hospitality Thursday-Saturday, Welcome Dinner, Kids' Movie Nights on Friday and Saturday.

#	Registrant Category	Fee
	New 2023 SOA Member Physician	\$395
	SOA Member Physician	\$695
	Non Member Physician	\$995
	Non Member Physician Presenter	\$695
	Emeritus Member	\$400
	Active Duty Military	\$200
	Allied Health Professional	\$350
	Resident/Fellow	\$150
	Medical Student	\$150

#	Guest Category	Regular Fee
	Spouse/Guest (18+)	\$225
	Child(ren) 5-17 years	\$35
	Child(ren) under 5 years	No Charge

Please provide the information below for each of your adult guests so we can include their name badges in your registration packet. Registered children (5-17) will receive a wristband.

Spouse/Guest Name City State

Guest Name City State

Guest Name City State

Spouse/Guest Email Address for Meeting Updates

CANCELLATION POLICY: Full refund (less \$50 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting, or anytime thereafter.

Tour/Activity Ticket Cancellation Policy: Full refund will be granted if a cancellation is made prior to 30 business days before the meeting date. No refund will be guaranteed within 30 business days of the meeting. SOA will attempt to sell unwanted tickets on a first-come, first-served basis. If SOA successfully sells your unwanted ticket, you will receive a full refund of the ticket cost. SOA reserves the right to cancel an activity if the minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

☐ **SPECIAL NEEDS:** If you have hearing, vision or mobility impairment and need appropriate accommodations in order to participate fully in this activity, please check here and notify us by July 1, 2023. You will be contacted by the SOA Management Company, DTMS, to discuss your needs.

#	Tours/Activities	Fee
	Junior Golf Clinic at Baytowne Golf Club - Thu 7/27 (\$50)	
	Amazing Race - Thu 7/27 (\$150)	
	Bay Fishing - Fri 7/28 (\$330)	
	Tennis Clinic - Fri 7/28 (\$45)	
	Golf Tournament at the Raven Course - Fri 7/28 (\$175)	
	Masterclass of Wines with Sommelier - Fri 7/28 (\$100)	
	Private Dolphin Cruise & Crab Island - Sat 7/29 (\$141)	
	Pickleball Clinic - Sat 7/29 (\$30)	
	Pickleball Open Play - Sat 7/29 (\$20)	
	Sunday Fellowship & Worship - Sun 7/30 (Free)	

ONLY complete the section below for **unregistered** spouses, guests, and children who wish to attend the events. These events are already included for **registered** spouses, guests and children.

#	Unregistered Guest Events	Fee
	Spouse/Guest/Child Hospitality - Adult (\$40) - Thu	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) - Thu	
	Welcome Dinner - Adult (\$100) - Thu	
	Welcome Dinner - Child 5-17 (\$50) - Thu	
	Spouse/Guest/Child Hospitality - Adult (\$40) - Fri	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) - Fri	
	Exhibitor Reception - Adult (\$75) - Fri	
	Kids' Movie Night (\$25) - Fri	
	Spouse/Guest/Child Hospitality - Adult (\$40) - Sat	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) - Sat	
	Gala Dinner Dance - Adult (\$150) - Sat	
	Kids' Movie Night (\$25) - Sat	
	Gala Dinner Dance - CHILD SURCHARGE (\$75) - Sat	

Dietary Preferences **Physician/Allied Health Registration Fee** \$ _____
☐ Vegetarian **Guest Registration Fees** \$ _____
☐ Gluten-free **Tours/Activities Fees** \$ _____
Unregistered Guest Event Fees \$ _____
TOTAL \$ _____

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**Southern Orthopaedic Association
40th Annual Meeting
July 26-29, 2023 | Hotel Effie Sandestin**

