



# Southern Orthopaedic Association

## 33rd Annual Meeting

July 27-30, 2016 | Naples Grande Beach Resort | Naples, FL

### Preliminary Program

23 CME Credits Available



Presidential Guest Speaker  
John Calipari

Distinguished Southern Orthopaedist  
Peter A. Indelicato, MD

Special Guest Speaker  
Kevin Leman, PhD

[www.soaassn.org](http://www.soaassn.org)

## Accreditation Information

### 2016 PROGRAM COMMITTEE

The Southern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the scientific program:

Scott D. Mair, MD, Chair  
L. Andrew Koman, MD  
Lee R. Leddy, MD  
Ryan M. Nunley, MD  
Robert D. Zura, MD

### MISSION

The Southern Orthopaedic Association was founded in 1983 solely to develop and foster scientific medicine in the specialty of orthopaedic surgery. Annual Meetings of the Association are dedicated to disseminating current clinical, research, and practice innovations in orthopaedic medicine.

### TARGET AUDIENCE

The 33rd Annual Meeting of the Southern Orthopaedic Association has been developed primarily for orthopaedic and trauma surgeons.

### CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 23 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- \* 16.25 CME Credits for Scientific Program
- \* 3 CME Credits for Scientific E-Poster Sessions
- \* 3.75 CME Credits for Multimedia Education Sessions

### CEC CREDIT

Physician's Assistants can receive up to 23 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

### PURPOSE

1. To provide participants with an unbiased educational experience that will enable them to remain current in the general practice of orthopaedic surgery.
2. To provide participants with an in-depth exposure to various subspecialty areas of orthopaedic surgery.
3. To provide participants with an opportunity to be exposed to leading orthopaedic advances, treatment and care.
4. To provide a forum for an open exchange of ideas between the presenters, the faculty, and the participants through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions and poster sessions.

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## President's Message

Darren L. Johnson, MD



Dear Colleagues,

I would like to cordially invite you to the Southern Orthopaedic Association for our 33rd Annual Meeting, July 27-30, 2016. We will be at the Naples Grande Beach Resort in Naples, Florida. I personally toured this venue and found it to be of outstanding quality. Naples in the summertime on the beach will be an outstanding summer vacation/event for all those who attend. Bring the entire family!

Dr. Scott Mair has done an exceptional job along with the Program Committee in crafting this year's scientific program. There will be 6 scientific symposia along with paper and poster presentations. Afternoon leisure activities by the pool, on the beach, and off property are simply too many to mention. We will also continue to offer a self-assessment exam to satisfy 10 credits towards MOC requirements.

I am honored to have featured on the program this year Peter Indelicato, MD, as our Distinguished Southern Orthopedist. He is a personal friend and mentor to me over the last 23 years. Dr. Indelicato's prestigious academic career, as well as, his lifelong commitment as a University of Florida Gator team doctor clearly establishes him as one of the most influential sports medicine orthopaedic surgeons in the southeast and nationally. You will not want to miss him.

The Presidential Guest Speaker will be John Calipari, currently head basketball coach at the University of Kentucky. All of those in attendance at this year's Annual Meeting will receive a copy of John Calipari's outstanding book, *Players First: Coaching from the Inside Out*. Many of these same principles John Calipari talks about can be applied to our profession. That is why I have asked Coach Calipari to speak to our distinguished group. I think many of us could benefit from a similar phrase or philosophy, "Patients First: Doctoring from the Inside Out." You will not want to miss Coach Calipari's take home message!

My wife Nancy and Stacy Wald have designed the Social Program to take advantage of many stellar features of the Naples Grande Resort on the beach of Naples, Florida. This includes beach activities, golf, tennis and many outdoor activities for the entire family. We will have an opening reception, a lively event with our exhibitors and our final event dinner on Saturday evening, as we have traditionally done. My wife Nancy will be organizing a spouse breakfast for all those in attendance. This is a new event at our Annual Meeting, something you will truly enjoy. We hope to get Coach Calipari to speak at this breakfast on Friday morning. For those of you who are not members of the Southern Orthopaedic Association, I would submit to you the tremendous value of the SOA as you consider different organizations to join. Our meetings are educational, fun and collegial. It is a great opportunity to network with colleagues and enjoy families from the southeastern region. The benefits from our membership are practical and tangible. For example, each member receives a subscription to the *Journal of Surgical Orthopaedic Advances*; Ortho-Preferred provides discounted malpractice insurance; there are abundant CME opportunities; and members receive discounted registration to the meeting. This is not to mention the intangibles of fellowship with surgeons and their families from your region in a fantastic setting! I hope you will join us this year and center your academic activities on SOA.

Nancy and I look forward to your attendance at this year's meeting in Naples. Please register now for this incredible summer event. We hope to see you there!

Sincerely,

*Darren Johnson*

Darren L. Johnson, MD  
President, Southern Orthopaedic Association



## Presidential Guest Speaker

### John Calipari

The SOA 2016 Presidential Guest Speaker is John Calipari, Head Coach of University of Kentucky Wildcats Men's Basketball. A "players-first" coach with a penchant for helping people reach their dreams, Coach Cal has guided six teams to the Final Four, led one to a national championship and helped 37 players make it to the NBA during his 23-year college coaching career.

Coach Calipari was born in Moon Township, Pennsylvania, a suburb of Pittsburgh. He played college basketball at the University of North Carolina at Wilmington before transferring to Clarion University of Pennsylvania, from which he graduated with a bachelor's degree in marketing. He has been named National Coach of the Year five times, and led Kentucky to its eighth NCAA Championship in 2012, for the first title of his career.

Calipari is a published author with several titles to his credit, including the bestsellers *Bounce Back: Overcoming Setbacks to Succeed in Business and in Life* and *Players First: Coaching from the Inside Out*.



## Distinguished Southern Orthopaedist

### Peter A. Indelicato, MD

Peter A. Indelicato, MD is the recipient of this year's Distinguished Southern Orthopaedist award. He was born on Sept 13, 1944 in Brooklyn, New York. He went to college at Fairfield University followed by medical school at New York Medical College. He then completed his orthopaedic residency at New York University and a Fellowship in Sports Medicine at Kerlan-Jobe Clinic.

Dr. Indelicato is currently an Emeritus Professor and Head Team Physician for the University of Florida. He was a Professor for the Department of Orthopedics and Head Team Physician for the University of Florida 1977-2012. He has been an International Visiting Professor more than 12 times, including invitations to speak in Hong Kong, Bangkok, Iceland, Paris, Lyon, Innsbruck, Munich, Salzburg, Buenos Aires, Vera Cruz, Barcelona, Rome, Messina, Florence, Venice, Jakarta, Surabaya, Singapore, and Kuala Lumpur.

He was the President of the American Orthopaedic Society for Sports Medicine, 2011-2012. Dr. Indelicato has received numerous awards of recognition over the years, including the Medal of Honor at New York Medical College, Robert Cade Sports Medicine Person of the Year in 2008, National College Team Physician of the Year in 2003 and SEC Doctor of the Year in 2004. He has authored more than 100 articles and 40 book chapters.



## Special Guest Speaker

### Kevin Leman, PhD

SOA is pleased to have Psychologist Dr. Kevin Leman, as a special guest speaker for the 33rd Annual Meeting. Internationally known psychologist, business consultant, award winning author of nearly 50 books and New York Times Bestselling author of *Have a New Kid by*

*Friday*, radio and television personality, and speaker, Dr. Kevin Leman has taught and entertained audiences worldwide with his wit and common sense psychology.

Dr. Leman received his Bachelor's degree in psychology from the University of Arizona, where he later earned his Master's and Doctorate degrees. Former Head Resident and Assistant Dean of Students at the University of Arizona, he is the recipient of the highest award given by the University of Arizona to their own, the Alumni Achievement Award. Dr. Leman also attended North Park University, where he was the recipient of North Park's 1993 Distinguished Alumnus Award and was also awarded a Doctor of Humane Letters degree in 2010.

Dr. Leman is the founder and president of "Couples of Promise," an organization designed and committed to helping couples remain happily married. Originally from Williamsville, New York, he and his wife, Sande, live in Tucson, Arizona. They have five children and two grandchildren.

## Accreditation Information continued

### OBJECTIVES

Educational objectives will be met through a combination of paper presentations, lectures and symposia in plenary and specialty sessions allowing open discussion with the lecturers and paper presenters. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees should be able to:

1. Critically evaluate orthopaedic diseases and treatments through evidenced based outcome presentations.
2. Discuss basic science and clinical study advances and their implications pertaining to the diagnosis and treatment of orthopaedic diseases.
3. Enhance and maximize clinical and operative skills in the management of new and leading technology in orthopaedic disorders.

These educational objectives will be obtained through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions and poster sessions.

### DISCLAIMER

The products, procedures, and opinions presented at this meeting reflect the viewpoint or approach of the presenter only, and are not to be attributed to the Southern Orthopaedic Association. The Southern Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

### FORMAT

The educational sessions will be held Thursday, Friday and Saturday, July 28-30, from approximately 6:30 am until 2:00 pm.

### SCIENTIFIC E-POSTER SESSIONS

Scientific E-Posters are an important feature of the SOA Annual Meeting. E-Posters will be on display each day of the Scientific Program and poster presenters will be available to answer questions after the Scientific Program Sessions. Please note on the Scientific Program Schedule the designated times the E-Poster presenters will be available for discussion.

### MULTIMEDIA EDUCATION SESSIONS

The SOA will provide multimedia education sessions Thursday, Friday and Saturday afternoons, July 28-30. A comprehensive selection of AAOS DVDs will be available for your individual education. These DVDs will highlight surgical procedures and current concepts in Orthopaedics. Registered attendees should find these DVDs informative and helpful in their practice.

### PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program, Syllabus, Daily Continental Breakfasts and Coffee Breaks, General Meeting Expenses, Multimedia Education Sessions, Scientific E-Poster Sessions, Welcome Reception, Exhibitor Reception and the Gala Dinner Dance.

## WEDNESDAY, JULY 27

12:00 pm – 5:00 pm **Meeting Registration**

12:00 pm – 5:00 pm **Exhibit Setup**

2:00 pm – 5:00 pm **SOA Board of Directors Meeting**

## THURSDAY, JULY 28

6:00 am – 2:15 pm **Meeting Registration**

6:00 am – 2:15 pm **Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing**

6:20 am – 6:35 am **First Business Meeting**

9:00 am – 10:30 am **Spouse/Children's Hospitality**

Join your friends and meet new spouses while enjoying a continental breakfast. Listen to a speech by the Howard Steel Speaker, Kevin Lehman, PhD, who is an internationally-known psychologist, business consultant, and award-winning author.

*Price: Included in Registration Fee or \$40 per Unregistered Adult Guest; \$20 per Unregistered Child (5-17 years)*

12:00 pm – 5:00 pm **Dolphin Explorer**

Soak up the sun and fun during a two-hour sightseeing and shelling tour. With a Naturalist you will visit remote barrier islands and pull up on beaches and sandbars to collect an enviable array of shells and sand dollars. Along the way you'll be part of the "Dolphin Watch" where you'll witness these playful creatures in their natural habitat. Your Naturalist Guide will point out various fish and a wide variety of birds and other local wildlife. It's fun and educational for everyone!  
*Price: \$120 per person (minimum 24 people). Price includes transportation, all gratuities and box lunch.*

12:15 pm – 1:15 pm **SOA Luncheon - Industry Presentation**

1:00 pm – 5:00 pm

**Kayaking**

Experience the unique eco-system of the 10,000 islands while navigating your kayak through the mangroves and the back bays of the Gulf of Mexico. You will explore the untouched wilderness and pristine beauty of this area up close and personal with your exclusive eco-trained naturalist. They will guide you to hidden lagoons and deserted beaches where your guests will discover the techniques and fun of capturing local wildlife on film. You may encounter Osprey guarding

2:15 pm – 3:15 pm

3:00 pm – 6:00 pm

4:45 pm – 5:45 pm

5:45 pm – 6:30 pm

6:30 pm – 9:30 pm

## FRIDAY, JULY 29

6:00 am – 2:00 pm

6:00 am – 2:00 pm

9:00 am – 10:00 am

11:15 am – 12:15 pm

their nests, Heron and Egret swooping for a fish, Dolphins playing or Manatees surfing.  
*Price: \$150 per person (Minimum 10 People). (Price includes transportation and all gratuities.)*

**SOA Councilors Meeting**

**Arthrex Arthroscopy Lab** (off property)  
Limited space - available on a first come, first served basis to physicians who are registered for the meeting.

*Price: Free*

**Resident Reception**

All residents are welcome to attend.

*Attire: Resort Casual*

*Price: Included in Registration Fee*

**New Member Reception**

All SOA new members are invited to attend this reception. The SOA Board and Committee Members would like to take this opportunity to welcome you to the SOA.

*Attire: Resort Casual*

*Price: Included in Registration Fee*

**Welcome Reception**

Have a wonderful evening with family and friends enjoying the sunset with refreshing cocktails and delicious food offerings!

*Attire: Resort Casual*

*Price: Included in Registration Fee or \$100 per Unregistered Adult Guest; \$25 per Unregistered Child (5-17 years)*

**Meeting Registration**

**Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing**

**Breakfast with Nancy**

Join Nancy Johnson, SOA's first lady for breakfast and an entertaining talk by John Calipari, Head Basketball Coach at the University of Kentucky. A "players-first" coach with a penchant for helping people reach their dreams, Coach Cal has guided six teams to the Final Four, led one to a national championship and helped 37 players make it to the NBA during his 23-year college coaching career.

*Price: Included in Registration Fee or \$40 per Unregistered Adult Guest; \$20 per Unregistered Child (5-17 years)*

**SOA Luncheon - Industry Presentation**

# Tentative Schedule of Events

Events and times subject to change

ndie Beach Resort ♦ Naples, FL

12:15 pm – 5:15 pm

## Off-Shore Fishing

The captain navigates 3-20 miles offshore to reefs and wrecks for the catch, which can include snapper, grouper, cobia, snook, shark, king mackerel, barracuda and permit.

*Price: \$225 per person (Minimum 6 People)  
(Price includes transportation, box lunch and all gratuities)*

1:00 pm – 5:00pm

## Pontoon Eco-Tour

This captivating cruise on Estero Bay is the perfect way to spend an afternoon on the water. On this 2-hour cruise, you will experience a narrated cruise and tour the backwaters of Florida while your guide shares stories about local history and wildlife. Be on the lookout for the dolphins, manatees, and unique birds you may see during the trip. We hope to see nesting Osprey, Wood Stork, Great White Egrets, and Herons including the Great Blue Heron. Those playful Pelicans will also be making an appearance.

*Price: \$140 per person (Minimum 18 People)  
(Price includes transportation and all gratuities)*

1:00 pm – 5:30 pm

## Golf Tournament

Enjoy an optimum golf course in Naples, Florida for players of all skill levels at the private Naples Grande Golf Club. Acclaimed golf architect Rees Jones designed a par 72 championship course that proves both interesting and challenging. Each hole at this demanding course promises an exhilaratingly new experience. With extraordinary elevations and unique water features expertly incorporating the indigenous Florida foliage, this course offers stunning fairways for year-round play at our Naples, Florida golf resort. Leave lobby 12:15 pm for a 1:00 tee time, scramble format.

*Price: \$149 per person (Price includes green fees, box lunch, beverage cart, transportation and prizes)*

5:30 pm – 7:30 pm

## Exhibitor Reception

Before you go to dinner, start your evening off with drinks and hors d'oeuvres with SOA.

*Attire: Business Casual*

*Price: Included in Registration Fee or \$75 per Unregistered Adult Guest*

5:30 pm – 7:30 pm

## Kids' Movie Party and Arts & Crafts

Dinner and a movie—fun!!! Watch a great movie and nibble on snacks and treats with your friends! If younger than 5 years old, must be accompanied by an adult.

*Price: Included in Registration Fee or \$25 per Unregistered Child (5-17 years)*

## SATURDAY, JULY 30

6:00 am – 12:45 pm

## Meeting Registration

6:00 am – 12:45 pm

## Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

12:35 pm – 12:45 pm

## Second Business Meeting

1:00 – 5:00pm

## Everglades Tour

This Eco-Tour allows guests to experience the fascination and mystique of one of the most beautifully diverse areas in the world - The Everglades. The guide provides full-narration of the Everglades, including facts on the distinct eco-systems and precious wildlife that thrive in this area. Guests will board airboats upon arrival in Everglades City for an exhilarating ride through the backwaters of the Gulf, including mangrove tunnels and old Indian trails. The experienced airboat captains wind through the rugged 10,000 islands, revealing the hiding spots of Alligators, Manatee and other local inhabitants.

*Price: \$168 per person (Minimum 10 People)  
(Price includes naturalist on vehicle to everglades, transportation, box lunch and all gratuities)*

1:30 pm – 3:30 pm

## Tennis Round Robin (3.5 players and above)

*Price: \$20 per person (Minimum 4 People)*

7:00 pm – 11:00 pm

## Gala Dinner Dance

Dinner will be an event to remember with a delicious meal, good company, and wonderful music.

*Attire: Jacket and Tie*

*Price: Included in Registration Fee or \$150 per Unregistered Adult Guest; \$75 Surcharge per Registered Child (5-17 years)*

7:00 pm – 11:00 pm

## Kids' Movie Party and Arts & Crafts

While your parents are at the Gala Dinner Dance, enjoy dinner and crafts or a movie with your friends. If younger than 5 years old, must be accompanied by an adult. This is not a babysitting service is provided only for parents attending the Gala Dinner and children must be registered.

*Price: Included in registration fee or \$25 per unregistered child (5-17 years)*

## SUNDAY, JULY 31

8:00 am – 9:30 am

## Fellowship and Worship

Grab your breakfast and then come join us for Sunday morning worship.

*Price: Included in registration fee*

# Naples, FL

Naples Florida offers exquisite sunsets, incredible shopping, championship golf & white sand beaches while being home to some of the most luxurious waterfront estates and condos in the world. Naples is the crown jewel of Southwest Florida, nestled on the sun drenched beaches of the Gulf of Mexico.

Naples is known for world class shopping, dining and abundant, challenging golf courses. It is also, only steps away from island seclusion or the untamed tropical wilderness of The Everglades. Boasting one of the nation's best sandboxes and calmest seas, Naples makes a splash with water lovers and recreationists. Friendly parks beckon sports enthusiasts and picnickers with lovely green spaces and recreational facilities.

## Naples Grande Beach Resort

### Hotel Room Reservation and Rates

(Room Block Cutoff Date: June 27, 2016)

A warm, effortless level of hospitality greets you at the Naples Grande Beach Resort. This inviting beach property sets the standard for treating guests and families to endless activities, incredible nearby sights, and an unmatched level of service and attention. Rediscover this unique luxury resort in Naples, Florida and indulge in a truly special getaway.



The hotel received the 2013 *TripAdvisor* Certificate of Excellence Award. This honor is awarded to establishments that achieve outstanding traveler reviews on *TripAdvisor*, the world's largest travel site. The staff takes great pride in consistently offering an exceptional experience to all guests at the resort. Discover for yourself what makes Naples Grande a standout among hotels in Naples, Florida.

SOA has reserved a block of sleeping rooms for your convenience while attending the Annual Meeting, and will hold these rooms until **June 27, 2016**. To make a reservation call the Naples Grande Beach Resort at (844) 210-5931. Space is limited, so make your reservation early!

### Room Rates

Coastal View - \$169

Signature Gulf View - \$169

Please mention that you are with Southern Orthopaedic Association to get the discounted rate!

**Confirmation:** A hotel confirmation will be sent to you upon receipt of your request.

**Deposit:** A deposit equal to one night's stay is required to hold each individual's reservation. The deposit shall serve to confirm the reservation for the date(s) indicated, and, upon check-in, shall be applied to final night of the reserved stay.

**Room Cancellations:** All room cancellations must be made 7 days prior to reservation. Room cancellations must be made in writing and you should receive a cancellation confirmation number.

## Travel and Transportation Information

The closest airport is Southwest Florida International Airport (RSW) and is approximately a 45-minute drive to the hotel.

Taxi Service is approximately \$65 one-way. Limo Service is available by calling Dolphin Transportation 239-530-0100.

If you would like to rent a car, Hertz discounts are available online at [www.hertz.com](http://www.hertz.com) or by calling 800-654-2240 and using discount code **CV#04B00008**. The Naples Grande offers self- parking for \$5 per day or Valet Parking for \$25 per day.

# SOA's 33<sup>rd</sup> Annual Meeting Tentative Scientific Program

July 27-30, 2016 ♦ Naples Grande Beach Resort ♦ Naples, FL

## Thursday, July 28

6:20 am – 6:35 am First Business Meeting

6:35 am – 6:40 am Welcome and Announcements  
*Darren L. Johnson, MD, President*  
*Scott D. Mair, MD, Program Chair*

### GENERAL SESSION 1: TOPIC TBD

6:40 am – 7:55 am Abstracts & Discussion

7:55 am – 8:15 am Break – Please visit Exhibits

### GENERAL SESSION 2: OREF REPORT & PRESIDENTIAL GUEST SPEAKER

Moderator: Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY

8:15 am – 8:20 am OREF Report

8:20 am – 8:55 am **Distinguished Southern Orthopaedist**  
The ACL... Where We've Been, Where We're Going  
*Peter A. Indelicato, MD, University of Florida College of Medicine, Gainesville, FL*

### RAPID FIRE SESSION 3A-D: TOPICS TBD

9:00 am – 9:45 am Abstracts & Discussion

9:45 am – 10:05 am Break – Please visit Exhibits

### MINI-SYMPOSIUM 1 – UPPER EXTREMITY

Moderator: Champ L. Baker Jr., MD, The Hughston Clinic, Columbus, GA

10:05 am – 10:12 am First Rib Stress Fractures  
*Robert G. Hosey, MD, University of Kentucky Sports Medicine, Lexington, KY*

10:12 am – 10:19 am Use of Ultrasound-Guided Percutaneous Aspiration for Treatment of Lateral Epicondylitis  
*Champ L. Baker Jr., MD, The Hughston Clinic, Columbus, GA*

10:19 am – 10:25 am Discussion

### GENERAL SESSION 4: SPECIAL GUEST SPEAKER

Moderator: Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY

10:25 am – 11:15 am **Special Guest Speaker**  
Making Sense of the Man or Woman in Your Life  
*Kevin Leman, PhD, Tucson, AZ*

### SYMPOSIUM 1: THE THROWING SHOULDER

Moderator: Richard J. Hawkins, MD, Greenville Health System/Proaxis Therapy, Greenville, SC

11:15 am – 11:30 am What We Know About Throwing  
*Richard J. Hawkins, MD, Greenville Health System/Proaxis Therapy, Greenville, SC*

11:30 am – 11:40 am Throwing In Children and Adolescents  
*Scott D. Mair, MD, University of Kentucky Sports Medicine, Lexington, KY*

11:40 am – 11:50 am Rotator Cuff Tears in Throwers  
*Christopher G. Mazoue, MD, University of South Carolina School of Medicine, Columbia, SC*

11:50 am – 12:15 pm Case Presentations and Discussion

12:15 pm – 1:15 pm SOA Luncheon– Industry Presentation  
**\*CME Credit Not Available**

### SYMPOSIUM 2: THE YOUNG ADULT HIP

Moderator: Stephen T. Duncan, MD, University of Kentucky Sports Medicine, Lexington, KY

1:15 pm – 1:25 pm Preservation Surgery for Residual SCFE and Perthes  
*Ryan D. Muchow, MD, University of Kentucky Sports Medicine, Lexington, KY*

1:25 pm – 1:35 pm Hip Instability: When to Scope and When to do PAO/PFO  
*James R. Ross Jr., MD, Broward Health, Ft. Lauderdale, FL*

1:35 pm – 1:45 pm Labrum: Indications and Results of Debridement, Repair, and Reconstruction  
*Robert E. Boykin, MD, Blue Ridge Bone & Joint, Asheville, NC*

1:45 pm – 1:55 pm    The Borderline Hip, When to Scope and When to Replace  
*Ryan M. Nunley, MD, Washington University School of Medicine, St. Louis, MO*

1:55 pm – 2:05 pm    It's Not Just About the Labrum: AVN and Lateral Hip Pain Treatment Options  
*Stephen T. Duncan, MD, University of Kentucky Sports Medicine, Lexington, KY*

2:05 pm – 2:15 pm    Discussion

2:15 pm – 3:45 pm    Scientific E-Poster Session (Presenters will be available to answer questions.)

3:45 pm – 5:00 pm    Multimedia Education Session

## Friday, July 29

6:25 am – 6:30 am    Announcements  
Scott D. Mair, MD, Program Chair

### GENERAL SESSION 5: TOPIC TBD

6:30 am – 7:45 am    Abstracts & Discussion

7:45 am – 8:05 am    Break – Please visit Exhibits

### MINI-SYMPOSIUM 2 – SPINE

8:05 am – 8:20 am    Evaluation And Treatment Of Spondylolysis In The Athlete  
*Gregory Grabowski, MD, University Specialty Clinics, Columbia, SC*

### RAPID FIRE SESSION 6A-D: TOPICS TBD

8:25 am – 9:00 am    Abstracts & Discussion

9:00 am – 9:20 am    Break – Please visit Exhibits

### SYMPOSIUM 3: ROTATOR CUFF

Moderator: *Spero G. Karas, MD, Emory University, Atlanta, GA*

9:20 am – 9:30 am    Tips and Techniques in Arthroscopic Repair

9:30 am – 9:40 am

9:40 am – 9:50 am

9:50 am – 10:00 am

10:00 am – 10:25 am

**GENERAL SESSION 7: PRESIDENTIAL GUEST SPEAKER**  
Moderator: *Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY*

10:25 am – 10:30 am

**Introduction of Presidential Guest Speaker**  
*Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY*

10:30 am – 11:15 am

**Presidential Guest Speaker**  
Players First  
*John Calipari, University of Kentucky, Lexington, KY*

11:15 am – 12:15 pm

SOA Luncheon – Industry Presentation  
**\*CME Credit Not Available**

### SYMPOSIUM 4: HOT TOPICS AND CONTROVERSIES IN PRIMARY TOTAL HIP ARTHROPLASTY

Moderator: *Paul F. Lachiewicz, MD, Chapel Hill Orthopedics Surgery & Sports Medicine, Chapel Hill, NC*

12:15 pm – 12:23 pm

Pros and Cons of the Direct Anterior Approach  
*Jeffrey B. Selby, MD, University of Kentucky, Lexington, KY*

*Michael J. Kissenberth, MD, Greenville Health System/Proaxis Therapy, Greenville, SC*

Controversies: Single vs. Double Row, Acromioplasty, Augmentation  
*Spero G. Karas, MD, Emory University, Atlanta, GA*

Decision Making and Options for Massive Tears  
*Richard J. Hawkins, MD, Greenville Health System/Proaxis Therapy, Greenville, SC*

The Role of Reverse Shoulder Arthroplasty  
*Kevin W. Farmer, MD, University of Florida Orthopaedics and Sports Medicine Institute, Gainesville, FL*

Case Presentations and Discussion

# Tentative Scientific Program

Presenters and times subject to change

Grand Beach Resort ♦ Naples, FL

12:23 pm – 12:31 pm Trunnion Corrosion: An Emerging Epidemic?  
*Paul F. Lachiewicz, MD, Chapel Hill Orthopedics Surgery & Sports Medicine, Chapel Hill, NC*

12:31 pm – 12:39 pm What is the Best Acetabular Bearing Surface?  
*Chitranjan S. Ranawat, MD, Hospital for Special Surgery, New York, NY*

12:39 pm – 12:47 pm What is the Better Choice to Prevent Dislocation: Dual Mobility or Large Femoral Heads?  
*Geoffrey H. Westrich, MD, Hospital for Special Surgery, New York, NY*

12:47 pm – 12:55 pm Should Primary Total Hip Arthroplasty be an Outpatient Procedure?  
*Vincent D. Pellegrini Jr., MD, Medical University of South Carolina, Charleston, SC*

12:55 pm – 1:15 pm Discussion

## GENERAL SESSION 8: TOPIC TBD

1:15 pm – 2:00 pm Abstracts & Discussion

2:00 pm – 3:30 pm Scientific E-Poster Session (Presenters will be available to answer questions.)

3:30 pm – 5:00 pm Multimedia Education Session

## Saturday, July 30

6:15 am – 6:20 am Announcements  
*Scott D. Mair, MD, Program Chair*

## GENERAL SESSION 9: TOPIC TBD

6:20 am – 7:20 am Abstracts & Discussion

## MINI-SYMPOSIUM 3 – FOOT AND ANKLE

7:20 am – 7:35 am Operative Treatment of Common Stress Fractures in Athletes  
*Benjamin Jackson, MD, University of South Carolina School of Medicine, Columbia, SC*

## RAPID FIRE SESSION 10A-D: TOPICS TBD

7:40 am – 8:25 am Abstracts & Discussion

8:25 am – 8:50 am Break – Please visit Exhibits

## GENERAL SESSION 11: BOC REPORT AND PRESIDENTIAL ADDRESS

Moderator: *Scott D. Mair, MD, University of Kentucky Sports Medicine, Lexington, KY*

8:50 am – 9:00 am BOC Report  
*Frederick C. Flandry, MD, FACS, The Hughston Clinic, Columbus, GA*

9:00 am – 9:35 am **Presidential Address**  
The House That Builds Us: Faith, Family, Mentors, Colleagues, and Patients  
*Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY*

## SYMPOSIUM 5: THE ATHLETE'S KNEE

Moderator: *Claude T. Moorman III, MD, Duke University Medical Center, Durham, NC*

9:35 am – 9:45 am Current Concepts in Pediatric ACL Surgery  
*Matthew J. Matava, MD, Washington University School of Medicine, St. Louis, MO*

9:45 am – 9:55 am Management of Multiligament Knee Injury  
*Claude T. Moorman III, MD, Duke University Medical Center, Durham, NC*

9:55 am – 10:05 am Solving the Patellofemoral Dilemma  
*Jeffrey A. Guy, MD, University of South Carolina School of Medicine, Columbia, SC*

10:05 am – 10:15 am Discussion

10:15 am – 10:25 am Surgical Options for Articular Cartilage Problems  
*Christian Lattermann, MD, University of Kentucky Medical Center, Lexington, KY*

# SOA's 33<sup>rd</sup> Annual Meeting Tentative Scientific Program

July 27-30, 2016 ♦ Naples Grande Beach Resort ♦ Naples, FL

10:25 am – 10:40 am	Non-operative Treatment of Knee Osteoarthritis <i>K. Donald Shelbourne, MD, Shelbourne Knee Center, Indianapolis, IN</i>	12:05 pm – 12:15 pm	Periprosthetic Femur Fractures <i>Langdon A. Hartsock, MD, Medical University of South Carolina, Charleston, SC</i>
10:40 am – 10:50 am	Joint Preservation Surgery for Knee Arthritis <i>Annunziato (Ned) Amendola, MD, Duke University Medical Center, Durham, NC</i>	12:15 pm – 12:25 pm	Tibial Plateau Fractures <i>Robert D. Zura, MD, Duke University Medical Center, Durham, NC</i>
10:50 am – 11:00 am	Discussion	12:25 pm – 12:35 pm	Ankle Fractures and Syndesmotomic Injuries <i>Eric S. Moghadamian, MD, University of Kentucky Medical Center, Lexington, KY</i>
11:00 am – 11:10 am	Refreshment Break	12:35 pm – 12:45 pm	Discussion
<b>GENERAL SESSION 12: TOPIC TBD</b>		12:45 pm – 1:00 pm	Second Business Meeting
11:10 am – 11:55 am	Abstracts & Discussion	1:00 pm – 2:00 pm	Multimedia Education Session
<b>SYMPOSIUM 6: LOWER EXTREMITY TRAUMA</b> Moderator: <i>Langdon A. Hartsock, MD, Medical University of South Carolina, Charleston, SC</i>			
11:55 am – 12:05 pm	Total Hip Arthroplasty After Hip Fracture <i>Robert T. Trousdale, MD, Mayo Clinic, Rochester, MN</i>		

**The complete Scientific Program and Poster Presentation information is available at [www.soaassn.org](http://www.soaassn.org)**





# Annual Meeting Registration Form

## Southern Orthopaedic Association's 33rd Annual Meeting

July 27-30, 2016 ♦ Naples Grande Beach Resort ♦ Naples, FL  
[www.soaassn.org](http://www.soaassn.org) ♦ Phone: 866-762-0730 ♦ Fax: 410-494-0515

Name	Degree	Sub-Specialty
Company/Institution		Department
Address	City	State ZIP
Office Phone	Email Address	

**Physician/Allied Health Registration Fee Includes:** Scientific Sessions, Scientific Poster Sessions, Multimedia Education Sessions, Symposia, Continental Breakfasts, Workshops, Breaks, Welcome Reception, Exhibitor Reception, Gala Dinner.

**Guest Registration Fee Includes:** Guest/Child Hospitality, Welcome Reception, Breakfast with Nancy, Exhibitor Reception, and Gala Dinner.

**Child Registration Fee Includes:** Guest/Child Hospitality, Welcome Reception, Breakfast with Nancy, and Kids' Movie Nights on Friday and Saturday.

#	REGISTRANT CATEGORY	EARLY BIRD FEE (through 5/15/16)	REGULAR FEE
	New 2016 SOA Member	\$395	\$395
	SOA Member Physician	\$595	\$695
	Moderator/Presenter	\$595	\$595
	Non Member Physician	\$895	\$995
	Emeritus Member	\$350	\$400
	Active Military	\$150	\$200
	Allied Health Professional	\$300	\$350
	Award/Grant Recipient	No Charge	No Charge
	Resident/Fellow	\$100	\$150
	Medical Student	\$100	\$150

#	GUEST CATEGORY	EARLY BIRD FEE (through 5/15/16)	REGULAR FEE
	Spouse/Guest (18+)	\$200	\$225
	Child(ren) 5-17 years	\$35	\$35
	Child(ren) under 5 years	No Charge	No Charge

Please provide the information below for each of your adult guests so we can include their name badges in your registration packet. Registered children (5-17) will receive a wristband.

Spouse/Guest Name	City	State
Guest Name	City	State
Guest Name	City	State

Spouse/Guest Email Address for Meeting Updates

**CANCELLATION POLICY:** Full refund (less \$35.00 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting, or anytime thereafter.

♦ **SPECIAL NEEDS:** If you have hearing, vision or mobility impairment and need appropriate accommodations in order to participate fully in this activity, please check here and notify us by June 15, 2016. You will be contacted by the SOA Management Company, DTMS, to discuss your needs.

ONLY  
registered  
physicians

#	ARTHREX LAB
	Arthroscopy Lab - Thurs 7/28 3:00 pm - 6:00 pm (Free)

#	TOURS/ACTIVITIES	FEE
	Dolphin Explorer - Thurs 7/28 (\$120)	
	Kayaking - Thurs 7/28 (\$150)	
	Off-Shore Fishing - Fri 7/29 (\$225)	
	Pontoon Eco Tour - Fri 7/29 (\$140)	
	Golf Tournament - Fri 7/29 (\$149)	
	Everglades Tour - Sat 7/30 (\$168)	
	Tennis Round Robin - Sat 7/30 (\$20)	

ONLY  
unregistered  
spouses, guests,  
and children who  
wish to attend  
events should fill  
out this form.

These events are  
included for  
registered  
spouses, guests  
and children.

#	UNREGISTERED GUEST EVENTS	FEE
	Guest/Child Hospitality - Adult (\$40)	
	Guest/Child Hospitality - Child 5-17 (\$20)	
	Welcome Reception - Adult (\$100)	
	Welcome Reception - Child 5-17 (\$25)	
	Breakfast with Nancy - Adult (\$40)	
	Breakfast with Nancy - Child 5-17 (\$20)	
	Exhibitor Reception - Adult (\$75)	
	Kids' Movie Night on Friday (\$25)	
	Gala Dinner - Adult (\$150)	
	Kids' Movie Night on Saturday (\$25)	
	Child Surcharge - Gala Dinner (\$75)	

Physician/Allied Health Registration Fee \$ \_\_\_\_\_  
 Guest Registration Fees \$ \_\_\_\_\_  
 Tours/Activities Fees \$ \_\_\_\_\_  
 Unregistered Guest Event Fees \$ \_\_\_\_\_  
**TOTAL \$ \_\_\_\_\_**

♦ Check Enclosed (payable to Southern Orthopaedic Association)

♦ Charge my: ♦ Visa ♦ MasterCard ♦ American Express

Credit Card Number	Expiration Date	CVV
Name on Card		
Billing Address	City	State ZIP



Southern  
Orthopaedic  
Association

110 West Rd, Suite 227  
Towson, MD 21204



See you in Naples